

Dowsers Society of NSW Inc.

Newsletter

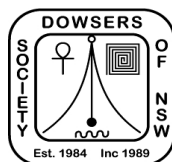
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Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.



Speaker for September 20th, 2020

Zoom Meeting with Anick Patry

Manifesting in Isolation, The 7 Steps - 7 Chakras

Living with a speech impediment, anxiety and PTSD, Anick Patry always had the dream of speaking in public and to inspire people to be happy and live their dreams, but she was not believing in herself.



In 2017, Anick had a near death experience in Bali which deepened her spiritual awakening and her healing gift.

As an empowerment coach and TEDX Speaker with over 15 years experience teaching globally, Anick has enabled 100's of men and women to create lives beyond their wildest dreams. She helps highly sensitive leaders to build deeply loving relationships, experience pure joy and be accepted for who they truly are, so that they can manifest their deepest desires with ease.

During this period of Covid19, life has changed, restrictions are imposed. You might be feeling frustrated, trapped and scared at times.

What if you can use this time of global change to tap into your creative energy, your heart's wisdom and your body intelligence and discover how to manifest what you truly desire?

You can contact Anick Patry:

<https://www.facebook.com/Anick-Patry-263915301682>

Or join her FB group of highly sensitive empowered leaders:

<https://www.facebook.com/groups/580272672869751/>

Follow her Youtube Channel: www.youtube.com/anickspirale

From the Editor

Last month's remote meeting via Zoom was a success, and Julie Armstrong gave a riveting presentation. Twenty-three members attended remotely, including some members from interstate and remote NSW areas. Due to the current Covid-19 situation we will conduct our September and October meetings again via Zoom, with the hope that we can again meet in person in November.

For those of you who are not familiar with remote meetings let me introduce Zoom. Zoom is one of many remote meeting softwares. Another one you may be more familiar with is Skype. There are others but Zoom is a good choice for a large number of attendees.

Basically you can download Zoom on your computer (Windows or Mac) from <https://zoom.us/support/download>. This is free for our members. The Society now has a paid account which will allow us extended time and a large number of participants. You will receive an email before the meeting with the login details and password.

Always check your email before the session in case the login changes after the initial email, due to technical reasons.

There are a couple of things to bear in mind when joining a Zoom meeting and the suggested etiquette is as follows:

- After the initial meeting starts, mute your mike, so that no one hears dogs barking, noisy neighbours, lawn mowers etc. But make sure to unmute it for the Q&A time.

- Turn your camera ON initially to see everyone's face, but turn it OFF after a while to improve speed, and save embarrassing moments if you forget it is ON, and do something you would rather keep private. Turn it back ON for the Q&A session. I look forward to seeing you on Zoom.

Until next time,

François

A Challenging Proposal

By Jim Kuebelbeck

American Society of Dowsers, November 2006

Locating underground water by dowsing has long been a subject of controversy within the well drilling industry.

Without going into my own theoretical explanations as to how or why certain individuals are able to locate groundwater sources by this (as yet) unexplainable method, I will simply say that my wife and I have located over 4,000 (documented) satisfactory drilling sites during the past thirty plus years.



That being said, I would like to share a personal experience.

In the early 1980's the Minneapolis Star and the St. Paul Pioneer Press (Minnesota) newspapers ran articles about our successful water locating in areas where all previous drilling efforts had proven unproductive. Some weeks later, our little local monthly village newspaper also published an article about our work, titled '*Water Dowsers Gaining Credibility.*'

Unfortunately, the articles somehow came to the attention of one of the directors of a national well drilling association, who promptly wrote an editorial in our little hometown newspaper, titled '*Water Dowsing Editorial Return to the Dark Ages.*' I never would have guessed that one relatively unknown water dowser from a small town in Minnesota could strike such fear into the heart of a director representing an association of professional well drillers!

After his editorial appeared, I received calls from a number of local well drillers who regularly worked with us, assuring me that despite the ab-

surd comments in the editorial, they would continue working with me.

As they put it, “*He may be a knowledgeable geologist, but when it comes to water dowsing, he doesn’t know what he’s talking about.*” I decided not to pay much attention to the negative editorial, because I felt I had already established my own credibility as a water dowser with many of the Minnesota well drillers.

Some weeks later, however, my area of central Minnesota was flooded with hundreds of little pamphlets titled, “*Before You Hire a Water Witch.*” They were everywhere, in restaurants, in banks, in coffee shops, in service stations, in grocery stores and anywhere the public could read them. The pamphlet portrays water dowsers as ignorant, illiterate ‘*country folk*’ who know nothing about the natural occurrence of underground water, and is intended to discourage the general public from hiring water dowsers.

Many of the ridiculous statements contained within its pages were written in the late 1880’s by individuals bent upon discrediting dowsing, simply because the practice could not be ‘*scientifically*’ explained!

I didn’t know at the time who was distributing the pamphlets, but it certainly appeared that a concerted effort was being made to attempt to discredit dowsing in the eyes of the general public.

Word travels fast in the small Minnesota town near where I live, however, and it didn’t take long for word to get back to me about who might be responsible for the distribution of the pamphlets.

A local well driller (who hated ‘*water witches*’) was overheard bragging to his friends in a local café, about “*how Kuebelbeck was going to find out he’s a puppy trying to play with the big dogs now! We took care of that.*”

People couldn’t wait to tell me . . .

“*So that’s what happened*”, I thought. “*That’s how the NWWA (National Water Well Assoc. U.S.) found out about my water dowsing*” . . .It didn’t

take long to fit the pieces of the puzzle together.

There had been an article about my successful water locating in one of the local newspapers some weeks before.



The rather large headline had read, ‘*Water Dowzers Gaining Credibility*’. This well driller had apparently sent the article to the director of the NWWA!

I had already established somewhat of a reputation as a credible dowser, so I wasn’t particularly worried about my personal reputation, but I never anticipated the organized effort being made to discredit dowsing in general (and me in particular). Thinking that those efforts would ultimately backfire on the perpetrator, I decided to try to ignore what was happening.

Things did quiet down a bit for a few weeks . . .until our little hometown bi-weekly newspaper received, and published a letter to the editor, from no other than the director of the National Water Well Association!

(I later discovered that the pamphlets were printed and distributed by the National Water Well Association. The descriptive catalogue listing of this particular pamphlet states in part, “*Especially helpful to drillers in areas where witching is prevalent.*”)

When I discovered that the pamphlets were specially made available for widespread distribution in central Minnesota by the executive director of the organisation he represented, I wrote to him personally, and politely suggested that despite our obvious differences of opinion regarding the value of water dowsing, we should at least be ‘*civil*’ to each other.

Some weeks later I received a scathing letter in which he wrote, “*There is*

not a single shred of evidence to support any of the claims made by 'water witchers' (dowsers) anywhere on the face of the Earth! I have determined that the concept, therefore, has no basis in fact and that the ability to locate water by dowsing, is no better than chance alone would allow".

He also wrote, that because of what he had read in the media about my supposedly successful water dowsing, he would like to arrange a test of my 'supposed' ability 'under controlled conditions' in the laboratory! From what I understood, his idea of a 'test' was nothing short of ridiculous, and had no correlation whatsoever with what I was doing on a daily basis in the field.

His idea of a test? I would be put into a closed laboratory room with a number of PVC pipes running through it at different angles and directions. Then I would be required to make judgment about which pipes had water in them and which did not. Additionally, I would be required to indicate when water was (or was not) flowing through the plastic pipes. I had never in my life claimed such an ability, nor did I see any possible benefit to humanity by successfully 'passing' such an irrelevant test!

When I finished laughing, I wrote back and told him I wasn't about to dignify such foolishness by playing some little parlour games with him in a laboratory somewhere, because my laboratory was out in the field locating underground water 'in its natural state beneath the surface.' Instead, I suggested that if he was 'truly' interested in determining the credibility of water dowsing, I had a better idea: He could accompany me to a number of sites where only dry holes had been drilled previously, and where well drillers and professional geologists had been unable to locate satisfactory water supplies.

Then, if I selected sites by dowsing, where I felt groundwater supplies could be encountered beneath the surface, subsequent drilling would easily confirm (or discredit) my dowsing ability. (What could be a better test than that?) I listed one condition, however, and it was "that I myself be allowed to choose the well driller who would be doing the drilling." I was

not about to be ‘*intentionally*’ discredited by a well driller of his choosing,) whose only goal would be to publicly discredit water dowsing by any means possible).

Evidently he was not willing to accept my ‘*unreasonable*’ stipulation!

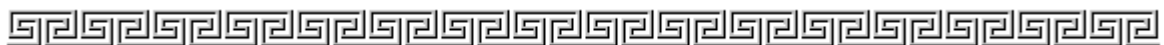
Some days later I received another letter in which he accused me of writing to him ‘*under false pretences*’ because, “*your letters being extremely well-written, indicated some formal scientific training.*”

I wrote back one more time and suggested that despite our differences, we should at least try to be civil to each other, because quite possibly I would still be locating underground water by dowsing long after he had left the scene!

Little could I have realised how prophetic my words would prove to be. Some months later his own credibility came into question, and he fell into disfavour not only amongst his colleagues and the association he represented, but with the reputable water well drillers across the nation as well.

I am still on the scene, however, doing daily ‘*what can’t be done!*’

- Jim Kuebelbeck



Quotation

No problem can be solved
from the same level of consciousness
that created it.

- Albert Einstein

Find Out What Your Animal Friends Want

By Susan Rose

American Society of Dowsers, November 2006

While attending my first ASD conference a few years ago, I learned from a new dowsing friend how she could intuitively understand the intimate thoughts of horses she knew and loved. She told me a lovely story about a horse who confided his craving for a particular orange squash that he was fond of and hadn't eaten recently. I was simply in awe.



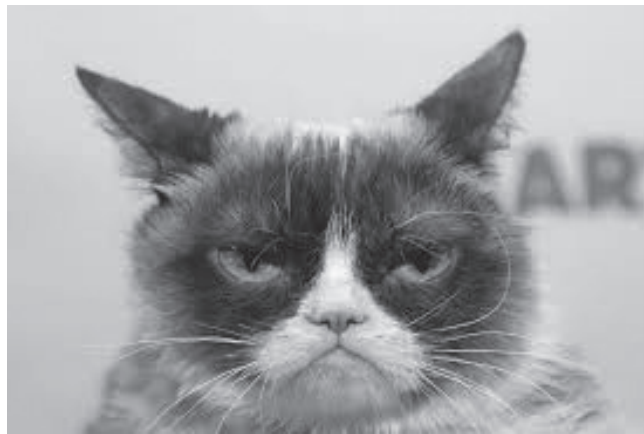
The idea of communicating with animals seemed to me a wonderful talent reserved for a select and very special few. Surely only certain people would have the gift of truly understanding what an animal wanted. On my return home, I vowed to redouble my attempts to use my intuition to communicate with my cats in a more dedicated and directed way than before.

I used to be a dog person, you see, but now I have cats. Dogs rejoice in communicating with us, whereas cats, I feel, delight in confusing us. Most dogs are good communicators. They love you. They want to play. They want to eat. Again. *“No, I haven't had my supper, honest.”* Cats, on the other hand, are less direct. Cats put up with you, but are disdainful of letting you know what they want, especially but not limited to the food department. I know these are clichés, but I find them true.

As I open the door to let the cats in, I imagine a smug smile. *“Look, here she comes – I bet she expects me to come in.”* Since I have never been fond of obtuse communication, I needed a system of knowing what my cats wanted.

Around two years ago, one of my cats was seriously injured. (He had bolted out the door in our new neighbourhood just when we had no time to coax him back in.) His loss would have been unbearable, and I needed him to get well. The accident focused my attention on the need to communicate.

I intuited that I needed to communicate with this small hurt cat. I needed to communicate from the heart how much he was loved; how it was within his power to get well from this trauma; how I would do my very best to see that he did get well.



I use several modalities of vibrational healing arts, so while he was at the vets under intense supervision those first critical days, I dowsed to determine what would help and used a surrogate to treat him at a distance with my tuning forks, healing the trauma in the pelvis and the long bones.

He was making miraculous progress under the eyes of the veterinary staff. When we brought him home, I treated him with flower essences for his fear and pain, and looked after him, keeping him beside me for the weeks of his recovery. The smallest things that he was able to do as he recovered - creeping over to the soft cushion, climbing up the four inches to rest contentedly - were reported and rejoiced over. I used the tuning forks several times a day. The bones healed, the little heart healed, and after four weeks he was '*out of the woods*'. He got well. The vets were amazed. I became very confident with my dowsing and healing gifts after that.

My experimentation with a pendulum took off after that. While being naturally attuned to knowing what an animal is feeling and thinking may not be readily available to all of us, using a pendulum to know what

our pet wants or is thinking - or why certain behaviours occur - is not reserved for the few. Almost anyone can learn. We can tune into that innate ability to commune with all living things, into that connection that we feel so strongly with our horses, dogs and cats.

If we understand, on a profound level, that we can communicate freely with them through the use of kinesiology or an intuitive tool, their world is at our fingertips.

What worked for me was adding a list of the things I wanted to know, or the factors that might be affecting their behaviour, to the pendulum session. The lists are limited only by our imagination.

What might make our animal companion's life easier? What might be causing the behaviour? All is known, all is connected. Our pet's wishes and preferences are easily accessible. So are some surprising things too – the lineage, for example. Do not be surprised – of course we can know this – we simply have to ask! The next time your beloved dog cuddles up to you, ask if he or she would mind if you dowse about Ma and Pa Puppy. “*So, Sam, our lovely great shaggy foundling – are you truly half collie and half shepherd?*” If we have the ‘*answer categories*’ we can find out. The truth, as we all know, is out there for the asking.

“*Excuse me for a moment here, Brandy is just bugging me as I write this.*” What is he needing? What are the options? Let's see. The label on his premium food says that a Persian cat is docile, never aggressive, and very affectionate. So, little Brandy, are you just wanting attention? To sit on my lap or the crook of my knees – and cannot while I am at the computer? Are you wanting some different food, fresh water, or have you lost your toys? Are you wanting to play? Your aluminium foil ball, your mouse toy, or some catnip? Oka-ay, let's see: “*other*”.

Hmm. None of those things, So, let's try a different tack to see what the “*other*” might be. Are you hungry, thirsty, irritated, or bored? ‘*Bored.*’ “*Okay, so what do you want? Me to go to the kitchen, me to move things from*

the soft chair, me to do something else?” “Me to go to the kitchen.” Alright, off we go. Since he was small, this cat always gets me to come with him to the kitchen or to the litter. He just likes me to go along. Sigh. Must be his version of loving me . . .

Brandy is using his ‘*chirping*’ meow. It usually does mean play or do something fun, and does not denote a serious problem or pain. If I suspected, for example, that he was in pain, I could use my charts and dowse the origin of the pain (kidney, liver, stomach, intestines) and the degree of severity (transitory, treat with homeopathy, take to the vet). Once you get the idea, anything is possible.

I suggest that a very good use of this information is to dowse the daily routines and state of health, starting with, for example, the food you feed your animals.

You can dowse three things: **one**, the preferences, the ones your animal friend wants to eat (for a cat, read ‘*wants to eat today*’); **two**, the ones that are the best for the health of your companion (not always the same, unfortunately, just like human companions); and **three**, the abandonment goals of foods that may be contributing to ill health.

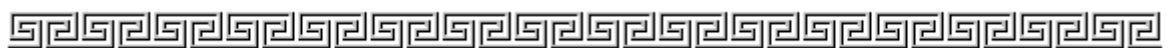
In addition to the food, you can of course dowse the state of health – you can uncover reasons you may need to visit the vet or the reasons behind what you see as symptoms. A teeth problem? A stomach issue? Some endocrine imbalance? Again, this will give you and the vet more insight into what can be done to help. (You may want to consider not telling the vet how you suspect the problem, while wondering all the same if there could be a problem with his teeth? her digestion?)

We are dowers. The world of information that comes to us - through our fingertips, through the hair on our arms, or the nape of our neck - this invisible world is, through our pendulums and charts, so readily accessible. We are all constantly expanding our range of questions, and then filling in the answer for questions we never thought we could ask.

What your pet wants is clearly ‘*out there*’ for the dowsing. If you also create the lists through using your intuition in addition to the items ‘inside the box’ you may have a fine range of options for the happiness and health of your not-so-verbal companions. We have found that you can also modify behaviours through finding the root causes that in my personal experience also include the concept of releasing traumas from past lives. As we know, the truth is often stranger than fiction, for who could make this up? Certainly not me!

Your feedback is welcome! Incidentally, does anyone else have a cat out there with a meow that sounds more like a chirp (brrrip) than a mew? And does it too signal, ‘*I am bored?*’

Susan Rose is a Master Dowser, writer, speaker, workshop facilitator and holistic consultant. You can reach her at susan_rose@videotron.ca



Lakota Unci Woksape

By John Two-Hawks

Reprinted from the Journal of Ozark Research Institute, Summer 2020

As human beings around the world have had to stay home during this pandemic, amazing things are happening on the planet.

The air is cleaner in some places than it has been in over a century, animals are coming out en-mass, jellyfish are coming into the canals in Italy, and the waters are clearing around the world.



We have much to learn from this time. Many years ago, a Lakota grand-

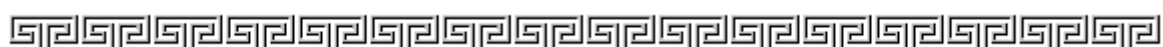
mother shared with me this wisdom. I want to share it with you all now....

‘*Unci maka*’, grandmother earth, is the sustainer and nurturer of a sacred circle of interdependent life, and we are the most dependent of all. If you take the plant people off the earth, in a short time everything else dies. If you remove the insects from mother earth, it is not long before everything else perishes. If you take the swimming people and remove them from the waters around the world, in a short time everything on earth dies.

If you remove the winged peoples from the skies, it won't be long before everything else on the planet perishes. If you take our four-legged relatives from the earth, in a short time everything dies. But if you take the two-legged, human beings, and remove us from the planet, everything else lives and flourishes.

We, human beings, are the most dependent of all. We need all living things on this planet. They do not need us. Don't forget that. Stay humble, and wisdom will be yours.

John is a Grammy and Emmy nominated Recording Artist, Speaker, Author and Activist. John Two-Hawks has spent his life looking quietly into the deep ways of Spirit, wisdom, healing and connection.



Quotation

Although no one can go back
and make a brand new start,
but anyone can start from now
and make a brand new ending.

- Carl Bard

Can You Strike It Rich?

*Abstracted from 'Buried Treasure',
By Robin Yokum, Capitol Magazine July 1987*

Shorty Robbins has been trying for most of his 75 years to find the lost French gold his father Elson Robbins used to tell about.



The story is that in the 1750's, French soldiers, hotly pursued by a British army column through the hills of north-eastern Ohio, buried their treasure of Louis XV gold on the Robbins' family farm near the village of Minerva, 15 miles southeast of Canton, shortly before being attacked & almost wiped out. The two survivors fled.

A nephew of one of the two French soldiers who survived the British attack in the 1700's appeared in a Minerva, Ohio, tavern in 1829 with a letter supposedly written by his uncle, describing the burying of the gold under orders of their officer shortly before the British column attacked. The gold, it said, was buried in the centre of a square of land formed by four springs.

About one mile to the west, a rock was jammed into the fork of a tree as a marker; 600 steps to the north the shovels were concealed; and a mile to the east, the letter-writer himself carved a deer into a tree. But he was never able to return for the buried treasure. His nephew Leur searched fruitlessly on the Robbins farm for a while, then gave up and moved on.

The treasure site was easily identified from the Frenchman's letter – the four springs are in a pasture on the Robbins' homestead; the shovels were found on a hillside north of the springs, along with human skeletons; and in the mid-1800's on the Whitacre farm to the west, a rock was found embedded in the fork of a tree when it was felled in a land clearing

and split up. Shorty's father later found the deer carving on a tree in Stoney Hollow, a mile east of the springs.

People have been coming to look for the gold since the early 1800's. Shorty himself searched with a 'fob' (pendulum) made of string and the tip of a deer antler; the antler tip is supposed to swing in the direction of the gold. But no-one has found the gold.

"I should have found it. I've farmed all that land," said Shorty. *"Never did, though."* But the legend is not a total loss. The village of Minerva has turned it into tourist gold. Since 1984 they've been running 'The Lost French Gold Festival' every June.

Says Shorty Robbins, *"That's all swampy down there. If the gold's still there I'll bet it's sunk a hundred feet down by now. You'd have to bring in a big shovel like they use to mine coal."*

Does anyone ever strike it rich? Well, a story is told in the southern Ohio village of Proctorville about a boy who found \$42,000 worth of English gold sovereigns in 1914.

The treasure, known as Letcher's Gold, was supposedly buried in the early 1700's by a band of English pioneers led by Letcher, in anticipation of an attack by some nearby Shawnee Indians. There were no survivors of that attack, but records were later found.

The Proctorville boy found a few gold coins while playing in a newly dug sewer-line trench. That night he and his father are said to have dug up the rest of the gold, and moved the family to California the next day.

On and off, newspaper articles about the gold find have appeared, and local people talked about it, but the family's name was never given away. Betty Burcham of Proctorville says her dad told her about the gold when she was a child, but wouldn't tell her the name of the boy who had found it.

Dowser's Corner

By T. E. Ross II

American Society of Dowsers, November 1986

Northern Venezuela, where I was recently occupied in locating various sites for drilling for water, is bi-sected by the Orinoco and its tributaries, which flow from west to east into the Atlantic, creating in the process a vast savannah of great ecological interest.



It was the home of the jaguar and the crocodile, and is still the home of the alligator, the fresh-water dolphin, the piranha, a seemingly limitless number and variety of birds, insects, the vampire bat, the anaconda, rattler, coral snake and deadly manabi, tiny lizards like the chameleon and large ones like the iguana, and last but not least the gentle aquatic and herb-eating carpincho, furry as a beaver and as much a hostage to the sun as a hippo. One has only to watch a circling flock of scarlet ibis or trace the iridescent flight of one of the giant butterflies to sense the miracle that each dry brings to this tropical Eden.

The ley-hunter, once he travels south from the coastal ranges surrounding Caracas, will be hard put to find evidence of his favourite target. As the terrain levels off to the south, its surface is covered with a coarse grass and gravel. There are few large stones. It was a surprise, therefore, when concentrating on drilling sites for a residence on the bank of the Taguay River, to find a crossing of energy lines a few meters on the other side of a barbed wire fence, almost on the grounds of a small hacienda.

I pointed this out to the dueno and his manager, suggesting that its presence on the crest of the rise, with a 360 degree view of the surrounding

country, conformed to a worldwide pattern.

I stood on one of the lines to get its direction and bearing with my outstretched arms. The two men exchanged glances. “*I’ll show you,*” my host said. Minutes later, on our way to locate a distant site for a windmill, he ordered the driver of the 4 x 4 to stop beside a modern concrete shrine, similar in every way to the occasional memorial one sees by Latin highways, often filled with flowers, fresh or plastic, and inscribed with prayers or dated records.

It stood exactly on the centre of the line just demonstrated from a higher elevation, where it had been screened by a growth of trees, and turned out to be the re-construction of a very old predecessor with an original foundation, pyramidal in shape, of closely fitted stones. Years ago, the story went, a local priest had led his flock in the destruction of this own pagan monument, and had died within a week thereafter! A devout woman, famous as a healer, had revived interest in the site, and had come often to pray.

She was instrumental, perhaps, in the ongoing observance of the place. It was my host who had seen to its restoration. Careful dowsing revealed all the familiar reactions to a menhir or dolmen, with unmistakable signs of a water dome or ‘*ojo de agua*’ beneath the shrine, together with a ‘*special crystal*’, a helical standing wave, and of course, the perfectly aligned energy flow of the ley.

Days later, in a department far to the west, I was working in the granite country of a very old estancia. The full-length veranda at the back of the house provided a view, framed by giant mango trees, of a magnificent valley, grass-bottomed with mountainous walls on each side. Parrots chattered in the mangos and insects wailed in the May heat, as yet unbroken by the coming rains.

One eye was drawn to the mountains that marked the end of the valley, gaunt and rugged in the shimmering light, their fractured surfaces a mile

and a half to two miles distant. Almost at once the conviction arose of a power centre present somewhere in that hazy tumble of rock – an ancient site of major significance. It was somewhere beyond the visible peaks, in a distinct and separate place.

The resident manager and agronomist were quick to respond. Yes, they said, it could be. A team of archaeologists had researched the area and only recently departed after a fruitless dig. Perhaps they had not known exactly where to concentrate? We drew on a map spread out on the sideboard marking the supposed centre with an 'x', and projecting the six energy lines that seemed to emanate from it. They would make dowsing rods and investigate.

They would look for a dwelling site near the centre, probably close to a spring or stream. They would hope for the tell tale outline of a midden heap, and ask for a reaction to artifacts.

When the Cessna lifted off in the afternoon sunlight, it would take us to Valencia and our final days of work near the big cities. As Miguel, the pilot, held the plane in a steady climb, we passed directly over the ranch house, the mango trees, and the valley, and I realised we were going too fast over the 'X' of the map.

As we passed over the range we'd seen from the verandah, there appeared below us a huge pyramidal hill. From the air it seemed perfectly conical, oddly different in texture and colour, and reminiscent of Silbury Hill.



From Caracas, the day before our return to the States, I sent a note to Ramon with a sketch of what we had seen, and suggested that his expedition with Guillermo was bound to be a success.

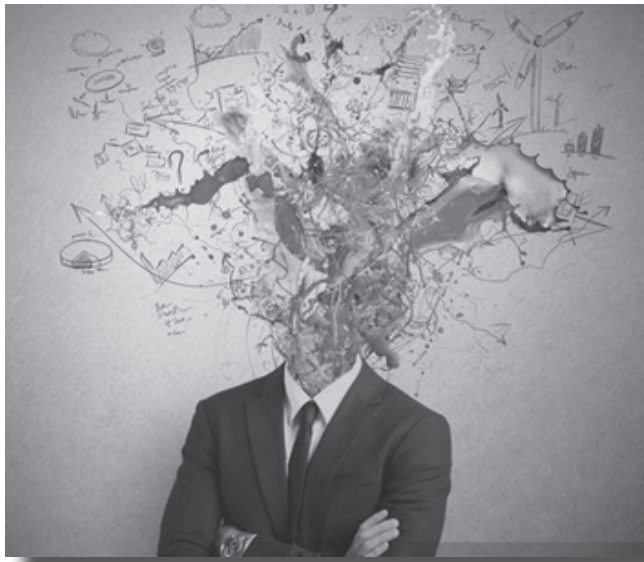
The World is Your Canvas

By Paul Lenda

Reprinted from <https://www.shiftfrequency.com>, August 2020

The world is but an empty canvas for the mind to cast into form. Life itself is a canvas waiting for you to create your own masterpiece.

Since all thought is creative energy, you have an extraordinary opportunity to create a world for yourself that is ideal for your journey, in this life, and at this time.



We are not as powerless as we may fool ourselves into believing sometimes. Sure, there are massive constructs that exist within society, but those only exist because people have collectively agreed to them and have co-created them in some way. What you have is the total freedom to change the way you think and perceive your personal experience of the world. That experience is created by you, from moment to moment, by your thoughts. It can only be changed by you, by changing your thinking.

Focused Intention Creates Structure

Vibrations. Everything is vibrating, all the time. There is perpetual movement. Nothing is static. Also, nothing 'is' until you add structure to it. When you have a focused intention, such as visualizing a scenario as if it already exists, you create and shape your world. This reinforces it and gives it structure. Each one of us has the ability to engage with the world's canvas in whatever way we wish. We can paint whatever kind of scene we want onto the fabric of the universe. What do you want your canvas to look like?

You can help create a culture of creativity right now by tapping into the creative imaginariium, becoming a shining light to humanity. Drop the limitations concerning what you believe is possible. You hold the Paintbrush of Creation, so why not use it in an unbridled way? After all, you are the one guiding its movements.

The world right now is desperately asking for something new. The old reality that was co-created and reinforced by people for generations is buckling. It's not that it ever truly served peoples' best interests, but human consciousness has evolved to a point where that paradigm and matrix has become so discordant and out of balance that it is naturally imploding. This provides us with a new opportunity to focus our intentions on designing a new template for the reality we experience.

Do you want to live in an upgraded reality? Do you want to experience the most extraordinary and joyous life for yourself? Do you want to see your suffering replaced with peace? These are all reality shifts you have power over bringing into your experiential existence. But, you need to believe you have that power within you.

It can be easy to fall into victim/perpetrator dynamics when seemingly horrible things happen to us and others. However, we will stop feeling like victims, or getting into situations that seem like we are being taken advantage of, when we tap into the innate power within us. That power comes from the Source spark within us...the most powerful source of power within Reality. Feel like you truly embody that infinite energy within you. When you do, you gain access to the fuel that can drive any thought-form out of the imaginal realm and into the world your physical vessel is interfacing with.

The world is your canvas. You can paint whatever picture you want. When you are aligned and tapped into the Source consciousness, you gain the clarity of insight into what is the best picture to paint for your continued evolution. So, go on and paint something beautiful.

The Value of Breathing Consciously

By Fiona Reilly

Reprinted from <http://www.fionareilly.co.uk/articles>, April 2016

Every minute of every day we breathe, what a joy to feel our breath, to feel our aliveness and vitality. It is the manna or life source that enables us to exist and is essential for our survival. Conscious breathing is said to be one of the best antidotes to stress, anxiety and depression.

For many years I have given much consideration to the food and drink that I consume, yet paid little attention to my breath. We can survive for days without food and even water, though only minutes without oxygen. Our breath is vital to our physical existence, the oxygen we inhale helps to build our very cells. It is a process that continually happens often without our conscious awareness.

Due to the wonderful nature of breathing, it's no surprise that many healing and esoteric practises emphasize focussing on the breath as part of a path to wellbeing. While most of us never give breathing a second thought, the way we draw breath can affect our physical and mental wellbeing. It has an impact on our energy levels and functioning.

Breathing properly can reduce stress levels, improve workouts and boost your immunity to infections and illnesses. Poor breathing can contribute to panic attacks and even conditions like insomnia and depression. Conscious breathing is a great form of meditation that can be easily practised anywhere, anytime! It could be in the office, waiting for a bus, in a busy restaurant or wherever you happen to be. Simply pause and become aware of the inhale and exhale, the rise and fall of the chest as you breathe. Allow the breaths rhythm to centre, ground and calm you.

Fiona is an Openhand Facilitator and house manager at Avalon Rising (Openhand's Retreat Centre in Glastonbury). She is also a reflexologist and experienced doula.

More and More Uses for Dowzers

By Dr. Reginald J. Alden,

Reprinted from the American Society of Dowzers - May 1977

Water? Yes! Minerals, oil, missing treasures or persons? Sure! But that's not all.

Helping doctors to diagnose illness in the human body or a veterinarian's use in treating animals, the determining of the proper functioning of an automobile motor, the obtaining of some basic information in a pending malpractice suit, or even helping the police to detect and follow the transportation of narcotics, plus many other new uses of divining instruments are at hand.



Even in a new field of thought transmission wherein an Alden Super Sensitive Diviner was used, it gave the correct answers to five out of six questions without a spoken word. The sixth answer to an unspoken thought was a *'probable'* that could not be answered. In the test the only words spoken were, *"Give me a number."*

The author's pendulum said "42". The hidden written question was, 'What year was the League of Nations founded, 19..?' The pendulum had transmitted the correct answer.

The location of fish in lakes has been practiced and is known to be effective. Here, L rods give directions to *"where the fish are now biting"* and the pendulum helps in judging their depth. One hunter has reported that the rods gave him correct compass directions to find his way out of dense woods.

Take the case of Ray Willey, an ASD Trustee and Editor of our Quarterly. He never starts a long automobile trip without using a pendulum to check the car.

“Twice,” he says, “car dowsing has proven itself to prevent road trouble. Once it was for a weak battery and another time it showed that the alternator was not functioning properly.”

To further quote Ray Willey, he says,

“The pendulum has proven correct when my personal judgment would be wrong if I had followed my intuitive directions.”

A woman telephoned the author that she had an Alden Super Sensitive Diviner and that three times it gave her an answer that she didn't like or want. Then she asked the diviner three times if she was getting the right answer. “Yes,” it said. It concerned her husband who was in the hospital. The pendulum proved to be right.

These are but a few of the many applications in which scientifically designed and sensitive instruments can prove their benefits to those who have the ‘*God Given Gift*’ of dowsing.

The skill of dowsing is now gradually beginning to be accepted by sceptics. And the newer scientifically designed instruments are now beginning to be accepted as the parametric amplifiers of some unknown paranormal wave length.

People are now beginning to realize that it isn't the sails that move the ship. It's the invisible wind that does it. It is equally true that it is some invisible power that helps members of the American Society of Dowsers in their efforts, be they hobbies or in their professional interests.

~ Dr. Reginald J. Alden



Library News

Book review:

The Body is the Barometer of the Soul, So Be Your Own Doctor

By Annette Noontil

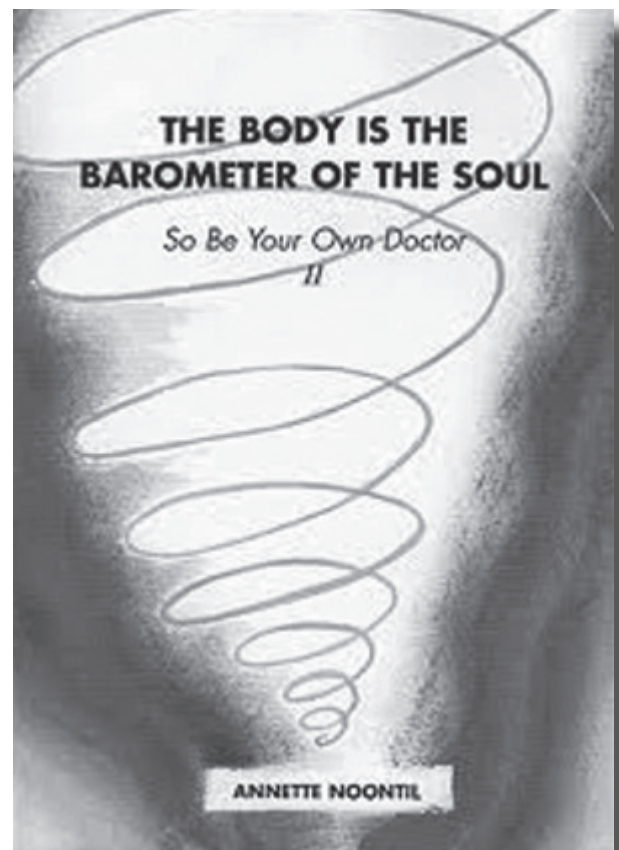
Amazon review:

This is a small book, but one that takes time & dedication to comprehend.

It would be interesting for energy workers in particular because it uses the chakras and physical anatomy to discover underlying causes and potential healing for specific body ailments, based on a mind-body-spirit connection.

In this way it is similar to Louise Hay's work but, far more complex.

In addition, although the author uses the 7 major chakras, they are not the most commonly held arrangement of these energy centres and all the "*diagnosis*" is based on the author's alignment of the chakras. The material is worth contemplating.



- Helen

Speakers for October 18th, 2020

Zoom Meeting - Energy Hygiene

-Practical Tools for keeping your space strong & clear-
with MaryAnn & Steve Orsary

Have you ever found your dowsing to be inaccurate or uncertain? We sometimes pick up and retain energy that is not ours, and it interferes with our effectiveness and health. Thinking may become muddled, our emotional state stirred up, our energy levels drop.

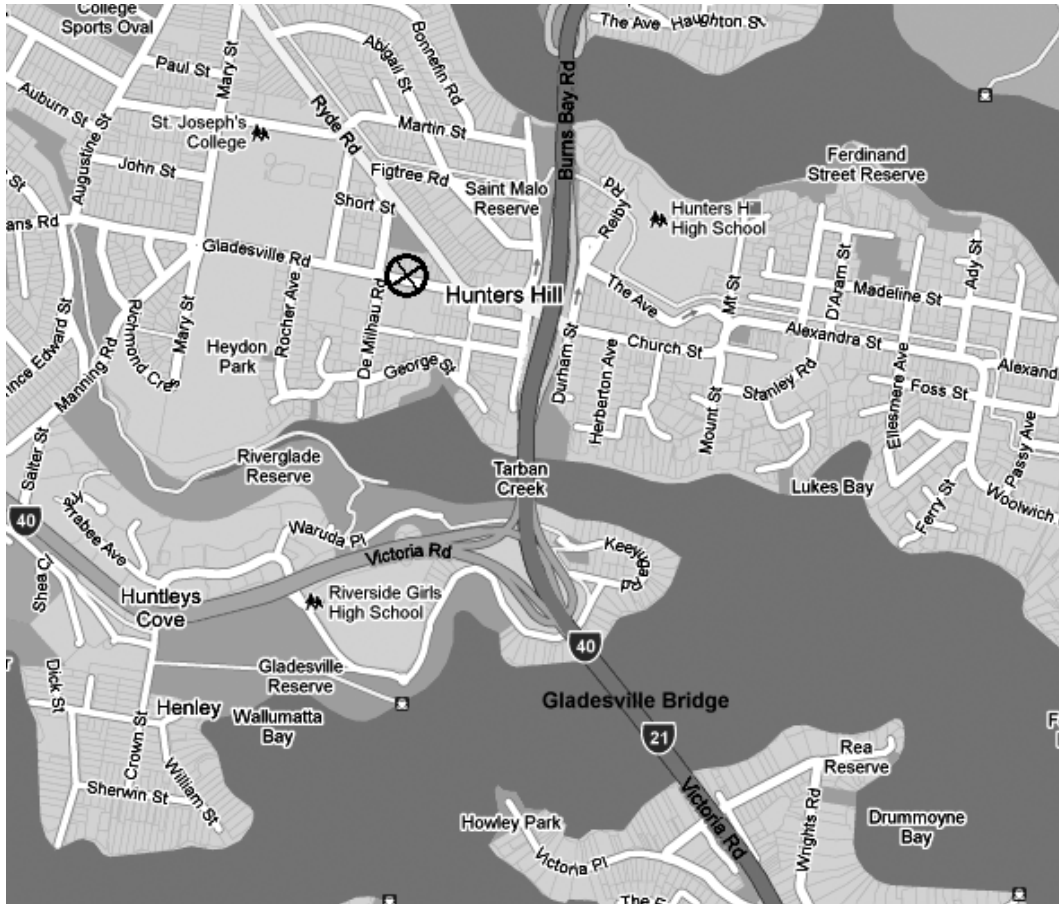


We will show you practical, hands-on ways to keep your space clear and to remove non-beneficial energies. No experience required; for beginners up to healing practitioners. You will be given a clearing process for ongoing protection and clarity.

We can excel, create our vision and have fun doing it! Steve is a shamanic practitioner and healer who uses dowsing in his healing work. He has a strong connection to the spirits of nature, communes with the presence of Mount Tamalpais and leads hikes to power places there, in order to provide deeper care for clients,

Steve and MaryAnn have combined male and female representations of profound care, and have been dowsing in their healing practice, for over 35 years. Contact Steve and MaryAnn at www.bioenergy-balancing.com.

Note: more information about this talk and the presenters is available on our website at: www.dowsingaustralia.com/M_oct20.htm



Date of Meetings

Third Sunday of every month, except December (2nd Sunday)

Time: 2:00pm to 5:00 pm

Venue for Meetings

Community Hall, 44 Gladesville Road, Hunters Hill

Bus Services: Transport Enquiries: 131 500

- 1. from City Town Hall, Bus # 506 goes from Town Hall House, Druiitt St, Stand L, to Gladesville Rd, cnr of Pitt St, Hunters Hill;*
- 2. from Circular Quay, Bus # 506 to Gladesville, corner of Ryde Road, Hunters Hill;*
- 3. from City Station, Central to Rozelle, Bus # 501, then # 506 to Hunters Hill;*
- 4. from Chatswood, Bus # 536 goes to Hunters Hill .*

Please arrive at the meeting early so as not to disturb
and be seated by 2:00 pm

Website address: www.dowsingaustralia.com