

# Dowsers Society of NSW Inc.

## Newsletter

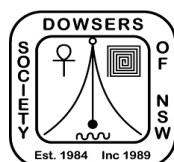
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Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.



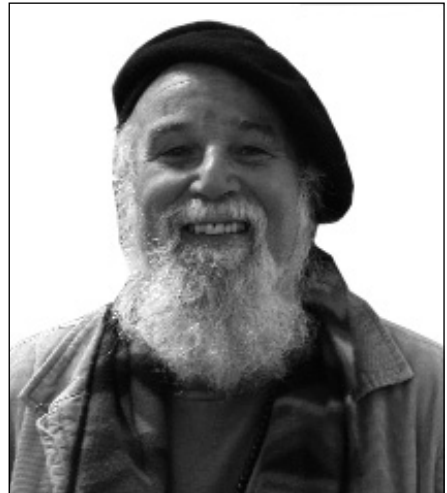
# Speaker for November 20th, 2011

-Dr Ben-Zion Weiss -

## Symposium: Changing the Dream, Awakening the Dreamer

Dr Ben-Zion Weiss is a community educator in social ecology, meditation, yoga, drama, ESOL, cross-cultural conflict and non-violence training.

He lectures and tutors at University of Western Sydney, consults for Multicultural Programs in Cooling Conflicts and inter-cultural programs.



The purpose of the Symposium is to bring forth an environmentally sustainable, spiritually fulfilling, socially-just human presence on this planet.

It aims to wake participants up from the trance we are living in, to identify the unexamined assumptions that create and maintain the trance, and begin to appreciate the extraordinary possibilities emerging at this time in history.

Through participation in this program, people are encouraged to find their unique and powerful role as agents of change in creating a new future.

Since its launch in San Francisco in March 2005, the Symposium has spread rapidly, reaching hundreds of thousands of people in 50 countries on six continents.

# From the Secretary

I was cleaning an old drawer when I found this piece of paper I wrote on many years ago, at a period when things were a bit rough in my life. At the time I took this piece of paper, I drew a vertical line in the middle, titled the left column 'BAD' the right column "GOOD". The idea was to list all the complaints I could find in my life.

I started with the GOOD column, "I am alive today", the only one positive thing I could think of right then. Then I must have thought of another good thing, then another one...Looking at that page today, the right column is full and the left column is nearly empty.

This got me thinking about the power of gratitude. Out of curiosity, I Googled the word 'Gratitude' on the internet.

The first page that came up had such a nice article, that I have asked for permission to reproduce it in this newsletter, which you will find it on page 13.

What does gratitude have to do with Dowsing? you may ask. We are trained to ask for permission, "*May I? Should I? Can I?*" before dowsing, and it is a good thing. After all, it is appropriate to know in advance if the answer will be beneficial for you, to the other parties involved that you know of, and to the other parties involved that you are not aware of, or know about.

"*May I?*" meaning can I have permission to dowse. "*Can I?*" meaning am I actually in a proper physical, mental or spiritual condition to dowse appropriately, and "*Should I?*" meaning is there anything that I do not know, which should preclude me from dowsing now.

In doing so, a connection is created between us and what Walt Woods called the 'Dowsing System'. A convenient expression, which indicates

that we really have no idea what it is, but that it works for us anyway. A bit like your mechanic saying your car's 'couple converter' needs replacing. You have no idea what a 'couple converter' is, but you know that the car will not work without it, and your mechanic knows how to fix it for you.

So what will you say to your mechanic when he replaces this part in your car? "*Thank you!*" Why? Because you are grateful to have your car back in working condition. Do you see what I mean? Similarly, the 'Dowsing System' is there for you. Expressing your gratitude is important. It is such an important step that we teach our children from a young age to do it, "*Say Thank you, Jimmy.*"

Chandrika Gibson, a yoga teacher and naturopath recently said:

*"Gratitude can be applied to many areas of life, amplifying the positive aspects of our experience and creating a snowball effect that increases subjective wellbeing. Subjective wellbeing is that intangible experience of feeling well within yourself. It is a useful measure of holistic health because it can co-exist with diagnosed conditions and at any age and stage of life."*

Gratitude works! Learn to see all the things to be grateful for around you, they are just waiting to be discovered, and it will fill you with joy.

With spring in full swing, many people are planting garden vegetables now. My wife and I have plastic boxes filled with soil and planted with fragrant herbs, lettuces, wild rocket and so on. I thought you might be interested in the benefits of some of the easy growing vegetables, like the humble cucumber, see on page 17.



They will keep you young and healthy, and if they do not, you can always try our recipe to stay young on page 22.

Until next time,

*François*

# Dowsing Simple Connection

*by Greg Storozuk, reprinted in part from  
The American Dowsing Quarterly Digest Fall 2009*

I would like to speak to you about what are primarily dowsing basics, specifically the intangible dowsing basics. When we're dowsing for something for water, for oil, for gas, for health, for whatever; we're talking about a target structure; but right now I would much prefer to delve into the intangible nature of things.

## **The Dowser's Attitude**

The first thing I want to look at is the dowser's attitude. If a dowser has a problem, there's no sense in trying to dowse. Why? Because you're focusing on the problem, not on your dowsing.

There are two ways you can get rid of a problem. The first way is very simple: get a new problem! This is called the displacement theory. Another simpler way, and also part of the displacement theory, is to make something OK. This is easier said than done; but if you make something OK, it takes the sting out of it. You don't have the problem anymore. A good example of this is having a flat tyre. You can have two kinds of flat tyre: a hundred percenter or an OK flat tyre.

A 100% flat tyre is when you have a flat and everything seems to go wrong. You break the key off in the trunk and have to pry it open with a ballpoint pen. You drop the jack on your toe, you cuss and swear, it starts to rain, your clothes get dirty, and you're late to work. Your entire day and all the events in it become colored by the flat tyre, even the potentially nice things.

What happens if you make it an OK flat tyre? You can go through the same things, the same exact problems; but if you make it OK every single step of the way, there's no problem at all. It just dissolves. The sting is taken out of it, and your whole experience changes. Do you see the dif-

ference here? You can either have a hundred percent, or you can make everything OK.

All of this is part of a dowser's attitude. If you make an error or you feel you made a mistake (and personally I don't believe in mistakes, accidents, coincidence, luck, or chance), just make it OK in your mind and move on. That's all. It's very simple.

### **The Seven Stages of Learning**

There are seven stages that we go through when we're learning something new. These are perception, examination, reflection, knowledge, understanding, wisdom, and truth. Also, in between each of these stages is experience. Think of experience like the padding between each of our vertebrae; experience provides a cushion to absorb each stage before moving on to the next. So the first stage is perception, then you experience, and so on through the seven stages. Let's look at these in the context of dowsing.

**Stage One: Perception.** How do you perceive dowsing? Or what were your first perceptions of dowsing? I'll tell you what my perception was: the biggest pack of bull I'd ever heard in my life! If anyone told me then that I'd be dowsing for a living today. I wouldn't have believed them. Here's what happened.

I went to visit my cousin in NY state. We had to bring water with us, because he didn't have any up there. Sitting in his trailer with him and his dad, I said, "*Billy, why don't you drill a well?*"

"*Yeah, I'm gonna do that,*" he said.

"*Where?*" I asked. "*You've got thirty something acres of property here.*"

He pointed and said, "*I dowsed a spot over there.*"

Well, I knew better. I was just out of college, after all. I proceeded to give him a good dressing down. I told him why it wouldn't work, that it was





a bunch of bull, scientifically it made no sense whatsoever, and that it was impossible and couldn't be done. He just took the rods, turned them around, handed them to me, and said, "*Here, you try'em.*"

"*What do I do?*" I asked him.

"*Try to picture in your mind what a stream of water looks like underground, and then walk*".

I said, "*OK, then what?*"

He said, "*Oh, something will happen*" And he walked away.

My first instructions lasted thirty seconds! So I did what he told me. I grabbed the rods and started to walk without a direction, focusing on that underground stream in my mind. All of a sudden the rods opened. I thought, "*Whoa, what was that! I didn't do that!*" So I backed up about ten feet or so, and I started forward again. This time I walked right through it. Wondering what I had done differently, I realized that I had forgotten to focus on the underground stream.

So I went back, regained my focus, repeated my steps, and again the rods opened. I thought, "*This is impossible! It can't be done. It makes absolutely no sense. It violates all laws of physics*" But it happened. See, this was my experience. First was the perception, then I went to the experience.

**Stage Two: Examination.** I played with the spot for about five or ten minutes then I went and got my cousin. "*Billy, something happened to me around here*".

He said, "*Yeah, that's pretty much where I'm gonna be drilling my well*".

Still the skeptic, of course, I challenged him. "*Well, you're telling me that, but how do I know?*"

He explained. "*I took a stake and spray painted it red and pounded it into the ground*".

I looked down and didn't see any wooden stake. "*Aha!*" I thought, know-

ing I had him.

He said, *“I was doing a little bit of raking in the area.”* So we looked around and kicked some dirt, and the next thing I knew, there was a wooden stake in the ground, spray painted red, right in between my boot prints. I thought to myself, *“They didn’t teach me this in college! This is impossible; it can’t be done. It violates all laws of physics”*.

He was kind of smug, and he left me alone to walk around the property. After the way I’d treated him, he deserved to be smug! After making four or five other locations, I went inside and found him. I asked him if he’d ever taken a look over by one particular area of rocks. He said, *“Yeah. But I think that one’s a little too deep, and besides it’s too far away.”*

I said, “Well, what about .....

*“The one over there by the double tree?”* he said, finishing the question for me. *“No, I don’t think that water is any good”*

*“What about the one...”* I continued.

*“Oh, you mean the one over in the back there?”* he finished my thought again.

*“Yeah!”*

And he said, *“No, that one’s too far away, and I don’t think the water’s any good there, either.”*

**Stage Three: Reflection.** How did he know all of this? How could he tell that the water wasn’t any good? And how did he know the spots where my rods had crossed before I told him? Going home, I thought about all of this. And this is the next stage: perception, experience, examination, experience, reflection. The stage of reflection is also the stage where you make a decision. Do you want to move ahead, or do you want to stop? It’s your choice. So I thought about it. I chose to move ahead.

**Stage Four: Knowledge.** At this stage, you want to learn more. All I



could do was go to the library, so I went to the library and read every single book they had about dowsing. Both of them!

I decided to attend a dowsing class in New Mexico that I read about in a metal-detecting magazine. It was 45 degrees C down there, so we worked indoors. Of all things, they had us dowsing maps! Maps? One of the students there told me about the American Society of Dowsers, so I decided to check it out. I called and asked if I could sign up for the annual convention. I told the person I wasn't much of a dowser.



She said, “*Sure, come on, you're welcome. Fresh meat..*,” she chuckled. She added, “*Oh, there's one thing you have to do*”.

“*What's that?*” I asked.

She said, “*Bring a raincoat. It's gonna rain*”.

“*Are you sure?*”

“*Absolutely. It rains every dowsing convention. No matter what they predict, it rains*”. She was right; it did.

Throughout the years, I've found that at this stage, knowledge, is where a good 90% of dowsers stay. If there's a bell curve at all, the curve would peak at this stage. Perception, examination, reflection, knowledge. And there's absolutely nothing wrong with that; it's good to get the education, but there are also three more stages after this, and don't forget about experience.

**Stage Five: Understanding.** After receiving a lot of information, you move into this next stage where you connect with the knowledge. There are no shortcuts to understanding. None. You have to go through the experience in order to gain understanding. Understanding is like the “*A-ha*” stage when everything kind of congeals and it all makes sense,

and boom! now you understand it, now you've got it.

**Stage Six: Wisdom.** Wisdom, simply, is the intelligent use of knowledge through your experience and understanding.

**Stage Seven: Truth.** Then you come to the final stage of truth, if in fact it is a final stage. You have to understand that truth to you is different than truth to me. Truth to your neighbour is different than truth to you. What am I saying here? I'm saying that all truth is a perception. So what have we done? Perception, examination, reflection, knowledge, understanding, wisdom, and truth.

Did we go in a circle? No, no we didn't. We went on a spiral. Starting down here at perception, you went through all the stages until you returned to the same point up here. But you've gained in wisdom. You can start all over again, brand new, and you're at a whole different level, a completely different level.



## Quotes

- When I was 5 years old, my mother always told me that happiness was the key to life. When I went to school, they asked me what I wanted to be when I grew up. I wrote down 'happy.' They told me I didn't understand the assignment, and I told them they didn't understand life.

*John Lennon*

- Wake at dawn with a winged heart and give thanks for another day of loving.

- Not only is there a right to be happy, there is a duty to be happy. So much sadness exists in the world that we are all under obligation to contribute as much joy as lies within our powers.

# Dowsing With Mind / Body

*Contributed by John Richardson*

Many years ago my job was a policeman 'working the beat', alone on foot. The beat is worked in a pattern predetermined for that particular time.

One night as I stood on the footpath outside the police station, gloved hands plunged deep in overcoat pockets, my scarf covering ears and face against the biting cold, I decided to try something different; dowsing using my mind/body to determine direction and criminal intent as my target.

No one was around as I walked in an untidy circle on the footpath doing my 'bee dance' when I felt a 'directional thing'. I followed the 'feeling' and arrested a person who had broken into a shop.

Over time I developed a feel for the distance I was away from the criminal. What a tremendous advantage I enjoyed in pitch black, possibly dangerous circumstances.

Another development was an awareness of danger. (My arms and scalp get 'goose flesh', and the hairs stand up.) When this happened I would locate the danger, move myself to safety, and take appropriate action.

For example, a male person had broken into a store and upon our arrival at the scene positioned himself below a window, waiting for me to put my head inside, when he intended to stab me in the throat with his weapon. Due to the 'danger awareness' this did not eventuate.



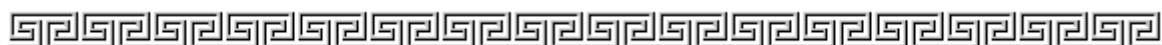
Finding adults and children lost in the bush, and watching their reunion with their parents and loved ones was deeply rewarding. Those poor souls that did not realise their circumstances when found, were returned to care and safety... a great result.

*“Did I share this information with my workmate colleagues?”*

No in those days they were not ready then to accept such ideas, and I certainly copped a lot of ribbing from them about my arrest rate in criminal cases.

Perseverance and practice is the key to success. Do not be afraid of failure. Trust yourself, reach out and feel, you will be amazed.

*John Richardson lives in Northern NSW and is a regular contributor to this newsletter. He is a keen dowser and can be contacted on (02) 6643 3813*



## What's Happening This Month

‘Discovering the Spirit of Place’ & ‘Divining Earth Spirit’. Two seminars with Alanna Moore in Port Macquarie on Friday 18th of November. Call Maggie Adkins for bookings 02-6559-4564 or check on [www.geomantica.com](http://www.geomantica.com)

Grail Haven in Mount Tambourine, QLD have several events:

- November 20th: Grail Haven Flower Essences
- November 26th: Unique Empowerment Workshop
- December 3rd: Matrix Energetics
- December 4th: Crystal Workshop
- December 10th: The Divine Name

Check their website at <http://www.grailhaven.com>  
or call 0755450414

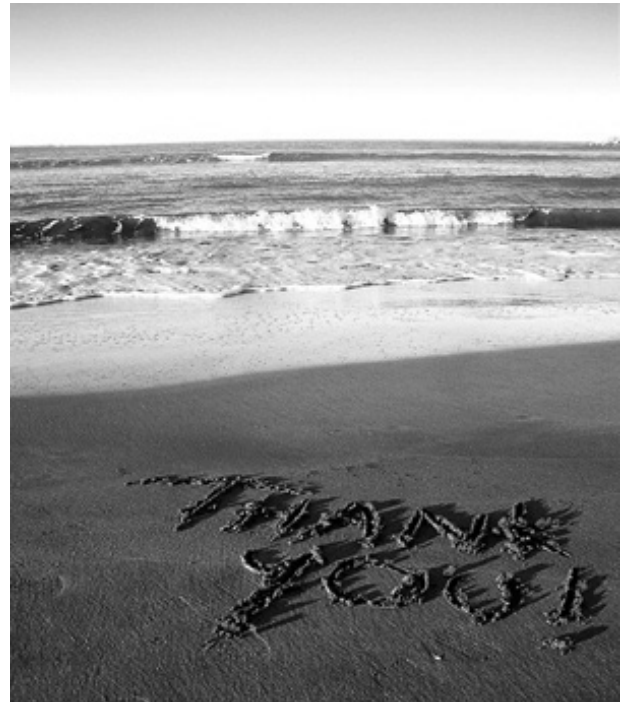
# How Gratitude Can Change Your life

*Written By Marelisa Fabrega*

*Reprinted with permission from the ChangeBlog, by Peter Clement*

If the only prayer you say in your life is “*thank you*”, that would suffice.  
– Meister Eckhart

Gratitude means thankfulness, counting your blessings, noticing simple pleasures, and acknowledging everything that you receive. It means learning to live your life as if everything were a miracle, and being aware on a continuous basis of how much you’ve been given. Gratitude shifts your focus from what your life lacks to the abundance that is already present. In addition, behavioral and psychological research has shown the surprising life improvements that can stem from the practice of gratitude. Giving thanks makes people happier and more resilient, it strengthens relationships, it improves health, and it reduces stress.



## **Research Shows Gratitude Heightens Quality of Life**

Two psychologists, Michael McCollough of Southern Methodist University in Dallas, Texas, and Robert Emmons of the University of California at Davis, wrote an article about an experiment they conducted on gratitude and its impact on well-being. The study split several hundred people into three different groups and all of the participants were asked to keep daily diaries. The first group kept a diary of the events that occurred during the day without being told specifically to write about either good or bad things; the second group was told to record their unpleasant experi-



ences; and the last group was instructed to make a daily list of things for which they were grateful.

The results of the study indicated that daily gratitude exercises resulted in higher reported levels of alertness, enthusiasm, determination, optimism, and energy. In addition, those in the gratitude group experienced less depression and stress, were more likely to help others, exercised more regularly, and made greater progress toward achieving personal goals.

Dr. Emmons – who has been studying gratitude for almost ten years and is considered by many to be the world’s leading authority on gratitude – is author of the book, ‘*Thanks!: How the New Science of Gratitude Can Make You Happier*’. The information in this book is based on research involving thousands of people conducted by a number of different researchers around the world.

One of the things these studies show is that practicing gratitude can increase happiness levels by around 25%. This is significant, among other things, because just as there’s a certain weight that feels natural to your body and which your body strives to maintain, your basic level of happiness is set at a predetermined point.

If something bad happens to you during the day, your happiness can drop momentarily, but then it returns to its natural set-point. Likewise, if something positive happens to you, your level of happiness rises, and then it returns once again to your ‘happiness set-point’. A practice of gratitude raises your ‘happiness set-point’ so you can remain at a higher level of happiness regardless of outside circumstances.

In addition, Dr. Emmons’ research shows that those who practice gratitude tend to be more creative, bounce back more quickly from adversity, have a stronger immune system, and have stronger social relationships than those who don’t practice gratitude. He further points out that “*To say we feel grateful is not to say that everything in our lives is necessarily great. It just means we are aware of our blessings.*”



## **Notice and Appreciate Each Day's Gifts**

People tend to take for granted the good that is already present in their lives. There's a gratitude exercise that instructs that you should imagine losing some of the things that you take for granted, such as your home, your ability to see or hear, your ability to walk, or anything that currently gives you comfort. Then imagine getting each of these things back, one by one, and consider how grateful you would be for each and every one. In addition, you need to start finding joy in the small things, instead of holding out for big achievements—such as getting the promotion, having a comfortable nest egg saved up, getting married, having the baby, and so on—before allowing yourself to feel gratitude and joy.



Another way to use 'giving thanks' to appreciate life more fully, is to use gratitude to help you put things in their proper perspective. When things don't go your way, remember that every difficulty carries within it the seeds of an equal or greater benefit. In the face of adversity ask yourself: "*What's good about this?*", "*What can I learn from this?*", and "*How can I benefit from this?*"

## **There are Many Ways to Practice Gratitude**

A common method to develop the practice of gratitude is to keep a gratitude journal, a concept that was made famous by Sarah Ban Breathnach's book, '*Simple Abundance Journal of Gratitude*'. This exercise basically consists of writing down every day a list of three to ten things for which you are grateful; you can do this first thing in the morning or before going to bed at night. Another exercise you can try is to write a gratitude letter to a person who has exerted a positive influence in your life but whom you

have not properly thanked. Some experts suggest that you set up a meeting with this person and read the letter to them face to face.

Last year millions of people took the challenge proposed by Will Bowen, a Kansas City minister, to go 21 days without complaining, criticizing, or gossiping. To help condition the participants to stop complaining, they each wore a purple 'No-Complaint' wristband. Several authors in the self-improvement genre have suggested that people do something similar to help condition themselves to be constantly aware of the things in life that they're grateful for.

A variation of the wristband concept is to create a gratitude charm bracelet, with either one meaningful charm or different charms representing the things you're most grateful for. For example, you could have a charm shaped like a heart to symbolize your significant other, figurines to represent different family members, an apple to represent health, a dollar sign to symbolize abundance, a charm that represents your current profession or a future career, and maybe a charm that makes you laugh to represent humor and joy.

## **Conclusion**

Once you become oriented toward looking for things to be grateful for, you will find that you begin to appreciate simple pleasures and things that you previously took for granted. Gratitude should not be just a reaction to getting what you want, but an all-the-time gratitude, the kind where you notice the little things and where you constantly look for the good even in unpleasant situations.

Today, start bringing gratitude to your experiences, instead of waiting for a positive experience in order to feel grateful; in this way, you'll be on your way toward becoming a master of gratitude.

*Peter's blog can be found at: <http://www.thechangeblog.com>*

*His site is made of a collection of inspiring and insightful articles. We will reprint some of them from time to time with his permission.*

# Cucumber Wonders

Cucumbers contain most of the vitamins you need every day. Just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.

## Feeling tired in the afternoon

Put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B Vitamins and carbohydrates that can provide that quick pick-me-up that can last for hours.



## Tired of your bathroom mirror fogging up after a shower?

Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.

## Are grubs and slugs ruining your planting beds?

Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.

## Looking for a fast and easy way to remove cellulite?

Try rubbing a slice or two of cucumber along your problem area for a few minutes, the phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!

## Want to avoid a hangover or terrible headache?

Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!!

Looking to fight off that afternoon or evening snacking binge?

Cucumbers have been used for centuries and often used by European trappers, traders and explores for quick meals to thwart off starvation.

You realize that you don't have enough time to polish your shoes?

Rub a freshly cut cucumber over the shoe, its chemicals will provide a quick and durable shine that not only looks great but also repels water.

Out of WD 40 and need to fix a squeaky hinge?

Take a cucumber slice and rub it along the problematic hinge, and voila, the squeak is gone!

Stressed out and don't have time for a massage, facial or visit to the spa?

Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown to reduce stress in new mothers and college students during final exams.

Just finished a business lunch and realize you don't have gum or mints?

Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phytochemicals will kill the bacteria in your mouth responsible for causing bad breath.

Looking for a 'green' way to clean your faucets, sinks or stainless steel?

Take a slice of cucumber and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but it won't leave streaks and won't harm your fingers or fingernails while you clean.

Using a pen and made a mistake?

Take the outside of the cucumber and slowly use it to erase the pen writing, also works great on crayons and markers that the kids have used to decorate the walls!!

*Author unknown*

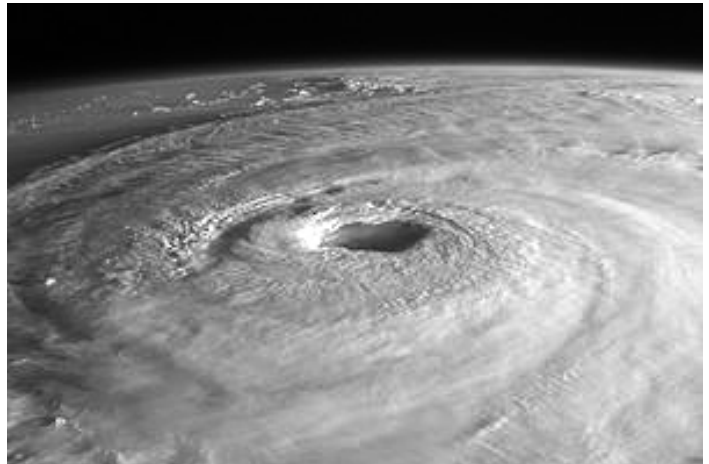
# Eliminating Disaster with Dowsing

*by Frank W. Breslin,*

*Re-printed from the American Society of Dowsers*

*Fall/Winter 2009-2010*

I believe that within our midst, we have dowsers with enough God-given ability to avert earthquakes, hurricanes, tornadoes, floods, etc. It is our obligation to assume the immense responsibility to do all we can to avert these catastrophes. Be aware that with that responsibility goes an obligation to not alarm the residents of city, state, or country in order to avoid riots or mass movements of people. It would be wiser to do our work, with God's help, quietly. If we are successful, thank God for our ability. If not, at least we gave it our best shot.



Edgar Cayce and others, both ancient and current, have brought attention to these matters. There are many ways of dowsing, first to locate, then to eliminate or reduce large natural disasters.

Here are a few thoughts.

How about dowsing in your own location to find out where an earthquake might occur? It's not hard to do. Find a map of the area you would like to investigate. Start at the lower left corner of the map, move to the right with your pendulum, keeping a straight edge ruler handy. Follow the line pointed out and lay the straight edge on that line. Draw the line.

Repeat this, starting in the top left corner and move down. Where lines cross, you have your spot. Now ask your questions. When will it occur? Year? Month? Date? Hour? Degree of severity? Visualize a pyramid over the spot where your two lines crossed.



Do you ever wonder why the ancient pyramids are still standing? My thought is that they signify protection and preservation. So why not visualize a pyramid over your beloved city, town or hamlet? We already do it to get better gas mileage from our cars or better produce from our gardens. I'll bet that there are more visualized pyramids in the U.S. than anyone can count!

We can also visualize the movement of water veins into the voids of fault areas. I have read that a branch of the Army did this, using water as a lubricant to let both sides slip by each other with minor damage. Is there any reason why we can't do the same? Ask if filling any voids with water veins in the locality you've dowsed will cancel the earthquake or reduce the effects or modify the damage. Use the information that you acquire with care.



Concerning hurricanes, cyclones, typhoons, and tornadoes, I've read that there is very low barometric pressure in the eye of the hurricane, and also that if an oil slick could be placed on the water of the eye, the hurricane would break up and fall apart. Once again, why can't we as a group visualize dropping a large pyramid onto the water at the base of the eye with oil dripping from the base of the pyramid?

Because clouds and winds follow a path from high pressure to low, areas of very low pressure are particularly vulnerable to these big weather events. When you see those low black clouds developing, place a pyramid in the way and ask for a rise in pressure.

*Ed. Note: Like so many aspects of dowsing, we will never know how bad a disaster might have been. Or whether it would have happened at all.*



# An Old Newspaper Article

*Someone sent me an article from the 1990's,  
published in the South Down Times*

Still being used to look for water with a bit of divining inspiration  
*By Thea Williams*

By order of the emperor, it was an offence punishable by death in ancient Rome for water diviners to reveal where they found water. Try getting information about water divining in late 1990s South Australia, and you might think that veil of silence was still in force.

But water diviners exist, and they say they're in business. Stephen Jewett, from Underdale Drillers, says finding water for bore drilling is booming. Unfortunately the water diviner he uses doesn't want publicity.

The diviner's mentor, who is in his 90s and lives in Victor Harbour, also shies away from publicity and the skeptics. One big skeptic is the Department of Mines and Energy, who declined to be in an article alongside water diviners.

The Department of the Environment and Natural Resources was a little more forthcoming. Water Resources Manager for the South Vales Region, Martin Stokes, says he's a bit unsure of the "wobbly sticks", but he could imagine why farmers, orchardists and grape growers would want to get every bit of help they can in the search for water.

Richard Hamilton Wines, Wirra Wirra Vineyards, Fox Creek Winery and Pirramimma Wines have all used water diviners at least once.

One diviner who would speak out was Bob Raggatt, of Victor Harbour, who takes his divining rods wherever he goes.

His tools of trade are either a pair of copper rods, a strip of wire from the old Alice Springs telegraph line, or a length of industrial wire.

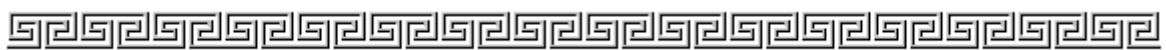
And because of the unseasonal dry spell Bob says he is busier than he ever expected to be at this time of the year.

Charges start from around \$200- for a small backyard acreage – upward depending on coverage.

And unlike his forebears in ancient Rome, Bob is prepared to reveal some of his latest finds, which include water for a Mount Compass dairy farmer and a Strathalbyn farmer.

*“I use a little geology with my divining which is the best of both worlds,”* he said.

*“Water divining doesn’t work to water, it works to a field created by water – an ionized field that is electrical.”*



## How To Stay Young

*We all need to read this over and over  
until it becomes part of who we are!*

- Try everything 2x. On Madams tombstone (of Whelan’s and Madam) she said she wanted this epitaph: ‘Tried everything twice... loved it both times!’
- Keep only cheerful friends, grouches pull you down. Keep this in mind if you are one of those grouches.
- Keep learning: Learn more about the computer, crafts, gardening, whatever. Never let the brain get idle. ‘An idle mind is the devil’s workshop.’ And the devil’s name is Alzheimer’s!
- Enjoy the simple things.

- Laugh often, long and loud. Laugh till you gasp for breath. And if you have a friend who makes you laugh, spend lots and lots of time with HIM/HER.



- Tears happen: Endure, grieve, and move on. The only person who is with us our entire life is ourselves. LIVE while you are alive.
- Surround yourself with what you love: family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
- Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.
- Don't take guilt trips. Take a trip to the mall, even to the next county, to a foreign country, but NOT to where the guilt is.
- Tell the people you love that you love them at every opportunity. I love you, my special friend.
- Forgive now those who made you cry. You might not get a second time.
- And if you don't send this to at least 4 people - who cares? But do share this with someone.
- Lost time can never be found again.
- Be kinder than necessary, for everyone you meet is fighting some kind of battle.
- Give more than is expected of you.

# Paid in Full With a Glass of Milk

One day, a poor boy, who was selling goods from door to door to pay his way through school, found he had only one thin dime left, and he was hungry. He decided he would ask for a meal at the next house. However, he lost his nerve when a lovely young woman opened the door. Instead of a meal he asked for a drink of water. She thought he looked hungry so she brought him a large glass of milk. He drank it slowly, and then asked, "*How much do I owe you?*" "*You don't owe me anything,*" she replied. "*Mother has taught us never to accept payment for a kindness.*" He said... "*Then I thank you from my heart.*"

As Howard Kelly left that house, he not only felt stronger physically, but his faith in man was stronger also. He had been ready to give up.

Many years later that same young woman became critically ill. The local doctors were baffled. They finally sent her to the big city, where they called in specialists to study her rare disease.

Dr. Howard Kelly was called in for the consultation. When he heard the name of the town she came from, a strange light filled his eyes. Immediately he rose and went down the hall of the hospital to her room. Dressed in his doctor's gown he went in to see her. He recognized her at once.

He went back to the consultation room determined to do his best to save her life. From that day he gave special attention to her case. After a long struggle, the battle was won.

Dr. Kelly requested the business office pass the final bill to him for approval. He looked at it, then wrote something on the edge and the bill was sent to her room. She feared to open it, for she was sure it would take the rest of her life to pay for it all. Finally she looked, and something caught her attention on the side of the bill. She read these words.....

*"Paid in full with one glass of milk."* -- Signed -- Dr. Howard Kelly.

# Speakers for December 11th, 2011

## The Alchemical Journey to Transformation

- Richard De Welles

& Geraldine Taylor-Wood -

Alchemical knowledge was rich in Europe and the East in ancient times. The work of the psychologist Carl Jung framed this work as the evolutionary journey of the soul to enlightenment.



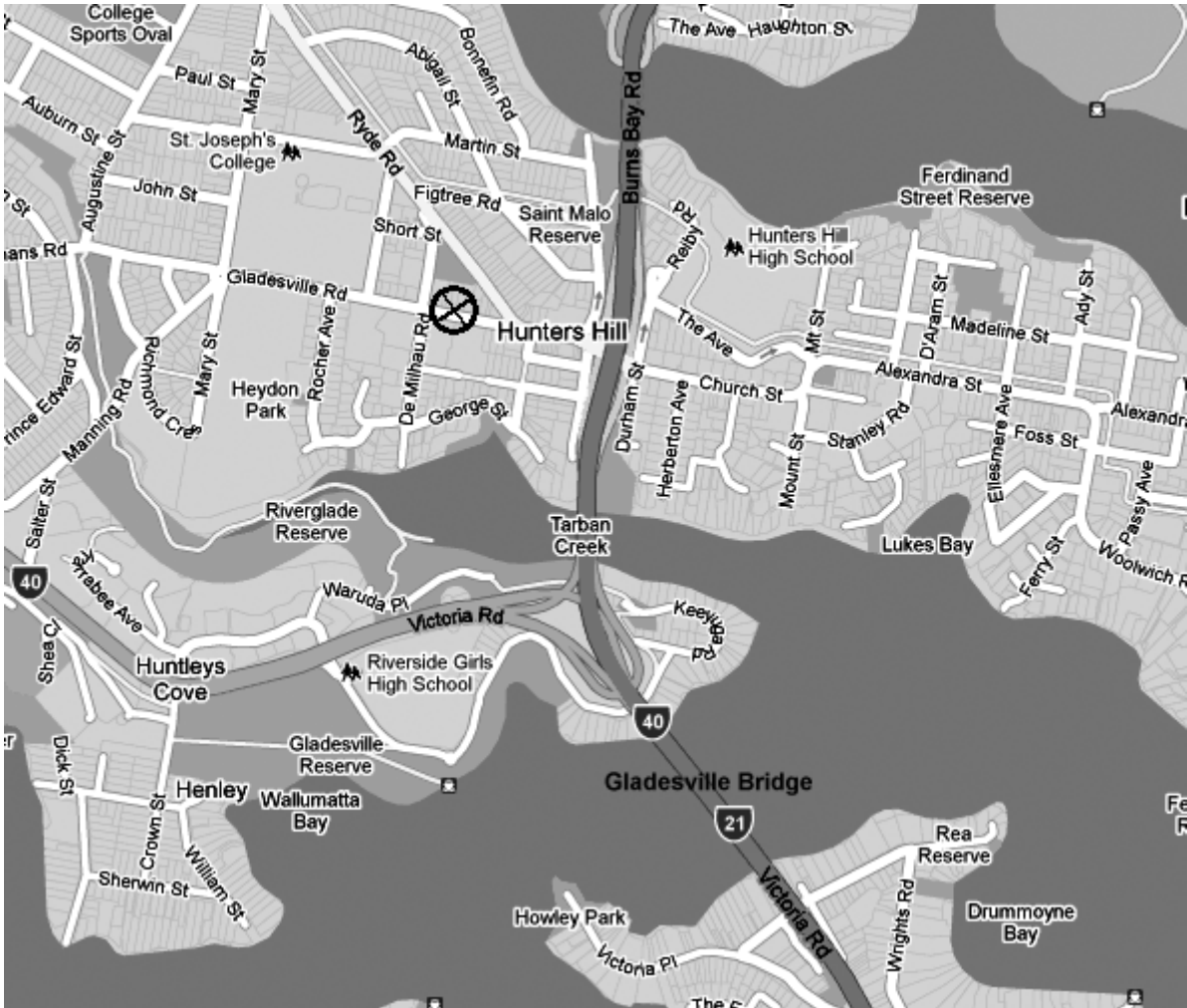
Through Geraldine's background in astrology she will use the planets as representing the alchemical journey from Saturn to the Sun.

Richard's background in crystal healing helps him work with the concept of transmutation of Lead to Gold.

They have just returned from three months in France and together they will share their knowledge of this dynamic teaching of the ancient alchemists. This will include many photos to illustrate the stages of the alchemical path as shown in the Cathedral's of Chartres and Notre Dame in Paris.

They provide an environment for meditation and talks in Queensland called Grail Haven, and organise spiritually oriented tours of Europe. Their website is <http://www.grailhaven.com>





### **Date of Meetings**

Third Sunday of every month, except December (2nd Sunday)

Time: 2:00pm to 5:00 pm

### **Venue for Meetings**

Community Hall, 44 Gladesville Road, Hunters Hill

### **Bus Services:**

Transport Enquiries: 131 500

*From City, Central : Bus # 501 from Central to Rozelle  
then Bus # 506 to Hunters Hill*

*From City, Circular Quay : Bus # 506*

*From Chatswood : Bus # 536*

Please arrive at the meeting early so as not to disturb  
and be seated by 2:00 pm