

# Dowsers Society of NSW Inc.

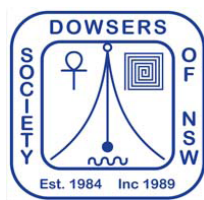
## Newsletter

May 2022

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Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.

# Speaker for May 15th, 2022

Kelly Mercieca

## - Animal Communication -

We apologise as Simone Lee was not able to attend as planned, so Kelly will speak instead. She is the founder of Kelly's Animal Communication. She talks to living and '*passed over*' animals telepathically and does healing for them.



Animals are our biggest mirror for how we're managing our own emotions and feelings. So, when Pet Parents ask Kelly to check in on their animals, she is checking in on the parents too.

Coming to an agreement and getting all parties to follow through is where Kelly specialises and am known for globally. After all, having a clear understanding between you and your animals is what makes or breaks a happy home right?

Have you ever wondered if your pet truly understands all that you say to them? Or perhaps you kind of get what they're trying to tell you but never sure if you're making it up in your head?

Animal Communication starts with understanding our own energy! It's always happening between you and your pet already but what if we took it one step further, you're able to get a YES / NO answer from your animal - would that change everything in yours and your pet's world?

Then join Kelly as she shares with us a really simple way of connecting with your pet and deepening that beautiful relationship you already have!

# From the Editor

This month we have a few stories about finding water. I know, we recently have had plenty of it falling from the heavens, and perhaps even invading our properties, but one day or another we may find ourselves needing water that is no longer so easy to find. So a few inspirational stories are in order, as well as some information on how to ask questions (page 12) and how to use a Y-rod (page 14) in order to find it.

I know Y-rods are a challenge initially, but they have a specific use for finding water. It is all a matter of experimenting and practicing.

When you need help there is no shame asking for it. So this month I have included The Great Invocation (page 23), just as a reminder that there is a higher purpose to the terrible situations we see around the world today.

Perhaps we can take an active part in it by asking the '*Great-Dowser-In-The-Sky*' for a little bit of help.

I was reminded of that recently when I re-read a book I read many years ago, by Tom Brown, Jr. called '*Grandfather*'. Grandfather is an old and wise American Indian Shaman who refers to '*the-spirit-that-moves-through-all-things*', as he travels from the cold of Alaska to the heat of the Nevada Death Valley.

In the book Tom talks about Grandfather's respect for '*Spirit*', in all its manifestations, air, water, earth, fire and wood. This respect is matched by the support that the elements guided by '*the-spirit-that-moves-through-all-things*' provided. His survival in the very harsh conditions he faced on that journey depended on it. A fascinating book to read.

It is a shame that today we take it all for granted. We pollute the rivers, the air, the soil. A Native American shaman said:

*"When the last tree has been cut, the last fish caught, the last river poisoned, only then will we realise that one cannot eat money."*

Until next time,

*François*

# Rebuttal to an ‘Expert’

*By Jim Kuebelbeck  
American Society of Dowsers Spring 2022*

The July 17, 2021 issue of the New York Times included an article about water dowsing.

Albeck-Ripka, L. (2021 July 17). Two Rods and a ‘Sixth Sense’: In Drought, Water Witches Are Swamped. The New York Times.

Although quite well-written, it included a statement from Mr. Ben Frech, a spokesman for the National Ground Water Association, who said water dowsing was a waste of time and money.



The following letter was my response to Mr. Frech:

Dear Mr. Frech,

I recently read an article in the New York Times in which you were quoted as saying that water dowsing was just a waste of time and money. As a young boy, my late father once said to me, *“Jim, you can’t fault a person for not knowing something. People can only base their beliefs on what they have learned or personally experienced.”*

Those words were forever burned into my memory. Since 1970, I have located many hundreds of (documented) satisfactory groundwater sources throughout Minnesota and the Midwest by my dowsing methods.

Many of these wells were located on sites where many dry holes had been drilled previously, and where geologists and water-well drillers had determined that satisfactory groundwater supplies could not be acquired.

In many of these areas, the groundwater sources I have somehow been

able to locate, appear to lie within well-defined paths (or flows). If, as you state, water dowsing is just a waste of time and money, I have a list of many hundreds of knowledgeable people who would vehemently disagree with such a statement.

This list includes the names of the many professional well drillers who now regularly avail themselves of my dowsing expertise in areas where satisfactory groundwater supplies are difficult to locate. If you were to interview these professional water-well drillers personally, I believe your stated quote about the value of competent water dowsing would change considerably.

Growing up on a dairy farm in the early 1940s, dug wells were the norm on most rural farms, and my initial interest in the practice of water dowsing stemmed from the often repeated '*unbelievable*' stories I had heard about claims that certain individuals were supposedly able to sense underground water sources from the surface.

My thinking at the time was that only a fool could believe such ridiculous nonsense, and I embarked on a personal attempt to debunk and discredit all such claims. Over time, however, this '*sly fox*' was ultimately eaten by the chickens!

Should you be interested to learn more about my work as a water dowser, you can access my website, Underground Water Locating.

<https://undergroundwaterlocating.com>, and click on the various links.

Despite your understandable stated scepticism regarding the practice of water dowsing, I do wish you well on your future journey through life, because as my late father said to me, "*Jim, you can't fault someone for not knowing something.*"

# Water Exerts a Pull that Witches Can't Ignore

*By Linda Stelp, Kingman Daily Miner  
American Society of Dowsers, Fall 2000*

**G**ushing wells in dry regions proof of talent.

Kingman resident Carol Beecher is a witcher. Ranchers and other property owners who don't have access to city water often avail themselves of Beecher's ability to locate underground water sources.

Armed with only a Y-shaped willow branch, she searches for one commodity man cannot survive without - water. When she finds a source, the branch will do its thing, twisting uncontrollably down toward the water.

*"When I am witching, I look for a good strong pull. A stronger pull means more water, although a lesser pull could mean the water is deeper,"* Beecher said. Witching, as it is called in this part of the country, is also known as divining or dowsing.

**Developing intuitive skills:** Recognized by some as a means of finding water and minerals with L- or Y-shaped rods, it is a method for anyone to develop intuitive skills and can be used to measure the energy field of a person, according to the American Society of Dowsers.

Beecher comes highly recommended and has built a reputation as a good 'witcher,' someone who can locate an underground water source, said Matthew Capalby, Mohave County Economic Development Authority assistant director. When Capalby's aunt was looking to buy property in Parks, a small community east of Williams, they called on Beecher to locate hidden wells.

**Maps confirm findings:** *"I was extremely skeptical until I saw her in action,"* he said.



Beecher said she became interested in water witching years ago after watching her grandfather do it back East. But she didn't try it until 1965, after moving to a ranch in the Hualapai Mountains. *"I hit good water then. I knew it worked for sure,"* she said.

Through word of mouth, other ranchers and property owners looking to drill a well began calling on her services as a witcher. She said she is accurate in her predictions more than 90 percent of the time, but makes no guarantees.

*"Some people have a higher magnetic field than others. I think that's why it might work. I don't know,"* she said.

She uses a freshly cut willow branch, with smoothed ends. *"When the branch twists in my hand it can really hurt if it isn't smooth. It takes a dive no matter how hard I hold it,"* she said.

Beecher said she only witches for water, although she did try an experiment once with some gold rings to see if her witching abilities would work with metal. *"It worked, but the gold in the hills is flake gold, so there wouldn't be a strong pull,"* she said.

Bob Duey is also a water witcher. But instead of a willow branch, Duey uses a metal instrument with a bobber. *"It goes to doing a dance when I come across water,"* he said.

Duey has been witching for more than 30 years. He moved to Kingman in 1942 from the Big Sandy, and has always lived on ranches where water was scarce.

*"I had a good friend, Bill Logsdon who was a water witcher at Getz Ranch for years. I watched him do it and I became interested,"* he said.

Not everyone can witch, in fact most people can't do it, he added. In the past Duey used tree branches, but has the best luck with the metal witching instrument he now uses.

# Not So Simple Dowsing

By Jeanne Gehringer  
Ozark Research Institute, Spring 2019

**M**y applications of dowsing have focused around health & healing in many dimensions - physical, mental, emotional, and spiritual. Transmuting non-beneficial energies and removing non-beneficial disincarnates are a big part of what I do. My knowledge of water dowsing, the gold standard in our business, has been sorely lacking.

Water Dowsing was my dad Tony's forte, and I left him to it, as not to give him another opportunity to tell me what to do, and how to do it! Those of you who knew him have just chuckled.

My Dad and I had a great student in the dowsing chapter here in Las Cruces named Frank Geisel, who became an excellent water well dowser. Frank taught an excellent basic dowsing class at our Farm and Ranch Museum, and took over making dowsing instruments after my Dad couldn't.

Frank and I coordinated our dowsing requests, me sending his way anything to do with water, and he sending my way, other applications. A few years ago it occurred to me that I needed to reacquaint myself with the techniques of water well dowsing, and I asked Frank to let me ride along on one of his trips.

So it followed that I accompanied him and his wife /assistant Hattie in 2013 to a well project in the mountain town of Cloudcroft, NM. Great! A beautiful day in the mountains, a trip to a quaint mountain town, and most importantly all I had to do was watch and learn. I wasn't in a teaching or doing position. Yeah!! A simple water well. Fun.

I brought a friend who wanted to learn more about water dowsing, and we met the client in the nearby town of Alamogordo. He told us that this



was his second attempt to drill a viable well. The first had been sited by geologists and it produced a dry hole. He was willing to give dowsing a try. He had hired a drilling rig, which would be in place that day.

A considerable amount of money had already been spent as this was mountain country and the water was several hundred feet down. His wife was with him, and in the background, a quiet frightened looking young woman with her arms crossed over her chest in a defensive posture, later identified as their daughter. What's this about, I thought. Maybe dowsing scares her or is against her religion.

We drove to Cloudcroft and went to lunch at a really great old-fashioned hamburger cafe. Spirit told me to make sure I sat next to the young woman, who was even more distressed, so I did. (Note to All: *'always listen to Spirit'*) I tried gently to make conversation, but was getting nowhere. So I directly asked her thoughts on dowsing. She was a massage therapist and was very familiar and positive towards dowsing this well.

“OK,” I said, “*then why are you shaking and holding back tears?*” “*No one can help me*”, she said. “*Tune in to your Spirit Guides, I implored. Do they say I can help you?*” She downloaded.

She, not her father, was the owner of the property. It was part of a once larger property that she had received as a divorce settlement from her ex-husband a year ago. In order for her to sell her part of the property it had to have a working well of its own to supply an average household.

Her ‘ex’ was mentally, emotionally, and physically abusive. He was also into black magic.

She believed that he had contracted with black magic practitioners to put a hex on her side of the property, to include preventing a successful well being drilled,



making her sick whenever she visited the property, and preventing the property from being sold. She had been laid low by psychic attacks from him. At this point she was scared that he would know she was there, and the attacks would begin. I quietly dowsed to see how much of this was true. It was.

*‘Not so simple’* water well anymore. There was no way we were going to site a successful well under these conditions. I told her *“there is no evil that there is not a brighter divine light to penetrate and disperse it.”*

Then I went to work. First, I set a wall of shielding around her so that her energy signature was invisible to any person or thing wishing her harm.



Then I did the same for our entire group, our vehicles, and the drilling rig and the people associated with it.

Then I removed the hex from the property, removed all non-beneficial energies from the property, removed some non-beneficial dis-incarnates who had been put in place there as watchdogs; asked that the property be returned to its divine form with the beneficial elementals and spirits returned.

After removing all non-beneficial energies, divine light was brought in to heal and balance all. All of this was done by the time we left for the well site. Feeling safe and protected, she went with us to the site. I asked her to intuitively find a place and make an altar of natural objects honouring the spirits of place and welcoming their return, which she was happy to do.

Frank fine-tuned his map dowsing of the well sites by walking the area

with L-rods, and dowsed 2-3 options, which he marked. As often happens, the drill rig couldn't get into the best site, so the second best was chosen. The rig started digging a good foot or more from where Frank had marked the spot. This is also common, and the cause for more than one failure for a well to fill with water.

Frank and I dowsed that that was going to make a difference in gallons per minute, and we quietly diverted water from adjoining underground streams (the Carl Bracy method), to the stream we were drilling into. It was a very deep well site and we had a few hours to wait.

I continued clearing the young woman by removing non-beneficial discarnates from her and her children, removing non-beneficial psychic chords between she and her ex and between her children and her as well, cleared past life non-beneficial energies, repaired her aura, chakras, and meridians. I taught her some useful protections. She left to recalibrate and let the changes sink in.

I appraised Frank of what I had done. Frank and I rested side by side on the tailgate of Frank's truck, talking, our pendulums making slow circles as the drill bit worked slowly downward. At the same time our pendulums stopped and went into "Yes" mode, indicating that water had been reached, right on the nose of the foot depth that Frank had dowsed. A not so simple water well, after all.

My dear friend Frank Geisel suddenly transitioned in 2017, enhancing the ranks of 'Sky Dowzers', but leaving me bereft of my earthbound dowsing buddy. I miss him.

*Jeanne Gehringer has been fortunate to learn from dowsing mentors and is also blessed with her own healing intuition. Jeanne is a frequent presenter at Dowsing Conferences, is also the Southwest Regional Vice President of ASD, and Chairperson for the 2017 Southwest Dowsing and Metaphysical Conference.*

# How to Ask the Right Question Correctly

*By Jeanne Gehringer  
Ozark Research Institute – Fall 2021*

The five steps to asking a good question correctly:

## **1. Formulate the question; write the question down.**

- Be specific-the ‘*spirit dowsing team*’ is literal in its interpretation.
- The question must be a definite request for information (not for an opinion).
- One question at a time only!!!!

Keep your mind quiet of other questions.

## **2. Review your question.**

- Look for assumptions in your question.
- Is the meaning of your words clear and easily understandable?

## **3. Using Dowsing, test your question.**

- In percentage points how accurate is the question according to source consciousness?
- In percentage points how complete is the question according to source consciousness?
- In percentage points, how well is the question understood by your spirit dowsing team?

## **4. Rework the question by substituting, omitting or adding words.**

Example: Does my car need gas? (air is also a gas needed)

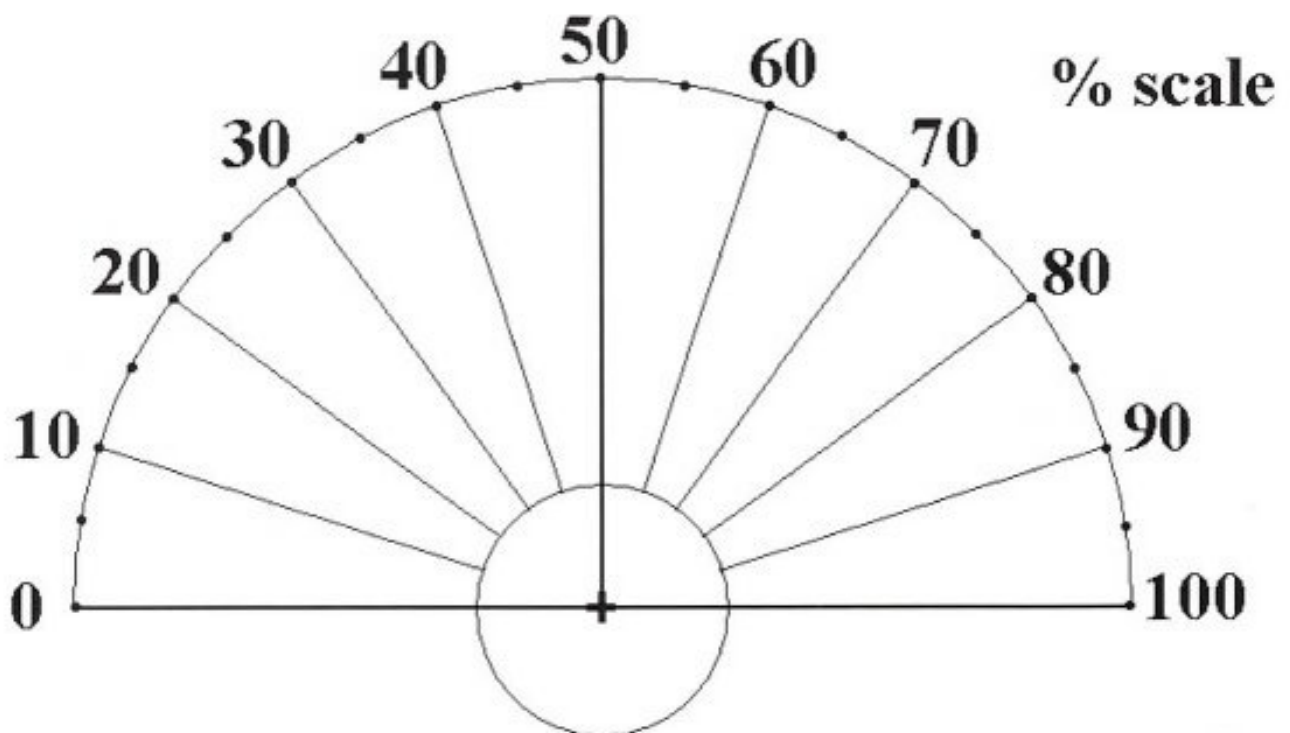
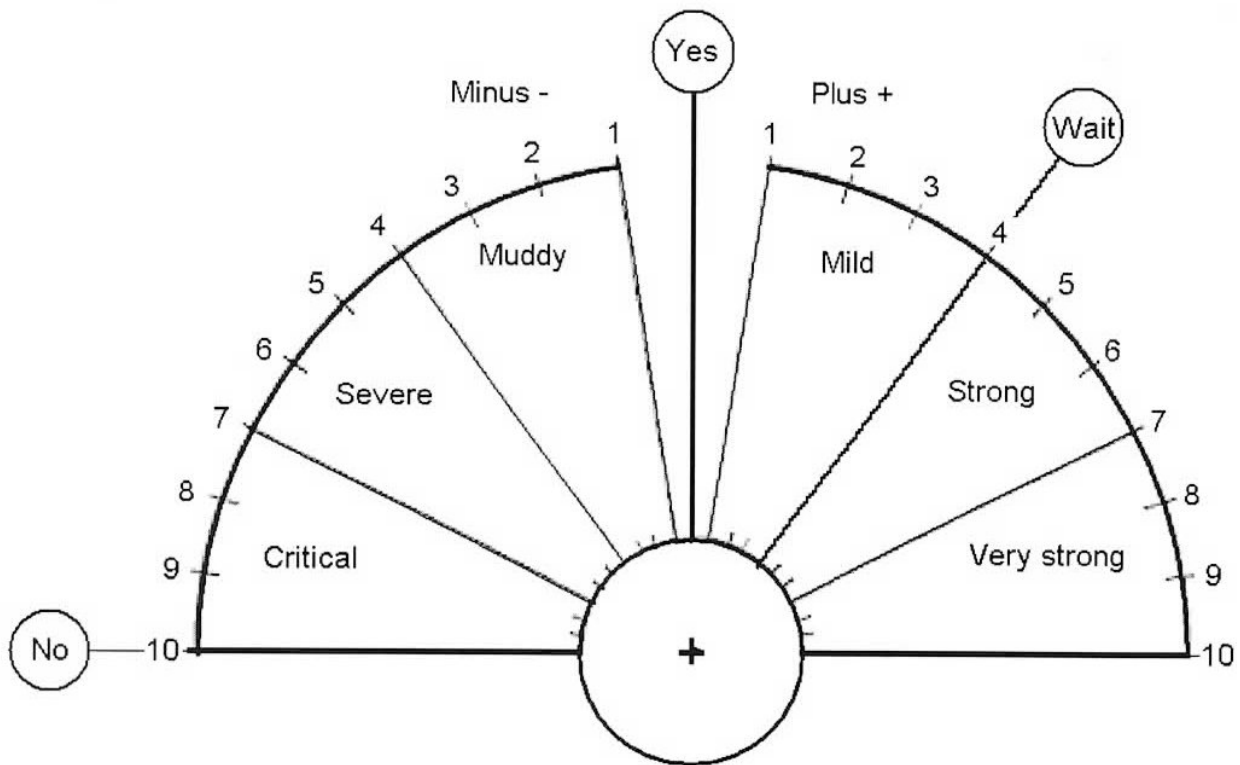
Rework to : Does my car need **petrol**, then add **now**.

## **5. Know when your pendulum is indicating that you rephrase.**

Overall great dowsing question:

On a scale of -10 to +10 how much is it in (my) best interest & appropriate to \_\_\_\_?(fill in the blank with the remainder of your question)

Use one of the charts below to get your answer.





# Dowsing with a Y-Rod

By Sig Lonegren

Reprinted from <http://geomancy.org>, (Mid-Atlantic Geomancy)

The Y-rod is the traditional tool of the water dowser, and is still favoured by many water dowsers both professional and amateur.



The time-honored Y-rod is a forked stick of apple or hazel wood, although nowadays many dowsers have switched over to Y rods of plastic construction. I was proudly shown a Y-rod fashioned from an air hose salvaged from a diesel engine and some strong tape by one dowser, which goes to show that anything you truly need is already near at hand...

Y-rods can be of any size and are typically one to two feet in length. Wooden Y-rods are generally best when freshly or recently cut so that they are still somewhat springy, although some dowsers have favourites that they keep using over a great length of time.

## Getting Dowsing Responses From the Y-rod

Hold the two '*legs*' of the Y-rod one in each hand, palms upward and thumbs pointing outward. The single leg of the Y should be pointing away from you, held at or somewhat above the horizontal, with the arms a comfortable distance out from the body somewhere between waist height and chest height.

It is necessary to hold the rod in such a way that there is some degree of



tension in the Y-rod, so that a dowsing response can quickly develop over the target of search, or in response to a question.

The Y-rod has only two responses - a swing of the single leg upwards or an equivalent swing downwards (gentlemen beware).

You can quickly establish your “*Yes*” and “*No*” responses by asking for them as you position the Y-rod towards the dominant and non-dominant sides of your body, and once known in which way the Y-rod reacts for “*Yes*” and “*No*”, you can use it for simple question answering similarly to the pendulum and other dowsing tools.

### **Using the Y rod for Target-finding**

The classic use of the Y-rod is in finding linear features such as water veins or points along them, such as the best place to dig or drill a well.

Direction finding with the Y-rod is achieved by first posing a clear question - "where is the best place to site a well for my new home ?" while holding the Y-rod out in its search position, and then slowly rotating your body until the Y-rod dips or rises strongly.

The direction in which the single leg of the Y-rod is pointing when the dowsing response occurs, is the direction in which you should walk to find your target, or you may choose to repeat the procedure from a second point and get two indicated lines for triangulation - where the lines cross "X marks the spot".

Once you have a direction to proceed towards your target, again hold the Y-rod out in search position as you walk steadily forwards.

You will feel the Y-rod begin to either dip downwards or pull upwards as you approach your target, and it will typically fix into a vertical position over the exact location that you seek.

Sometimes your Y-rod will make a complete and enthusiastic 360° rota-

tion in your hands when you reach your target (gentlemen beware).

## **Information Gathering**

Once you have found your target you can get more information about what you have found by asking “Yes” / “No” questions using your previously established “Yes” and “No” responses. “*Is this a vein of potable (drinkable) water ?*” “*Is this the drain leading to my septic system?*”

If necessary you can follow the feature that you have located by swinging the rod repeatedly over the vein or line as you walk along it, and tracking the point at which the dowsing response occurs.

Remember that features such as water veins and energy lines have a centre, two edges and sometimes a dowseable ‘*aura*’ out beyond their anatomical edges.

Many dowsers find Y-rods clumsy and awkward to use, preferring a combination of pendulum and L-rod; however the Y-rod retains its popularity and great loyalty is displayed towards it by a great number of dowsers, particularly amongst the water dowsing community.

It is certainly a tool that deserves a respectful acquaintanceship, and if you choose it as your preferred dowsing helpmate, you will be following in a grand tradition stretching back at least as far as the recorded history of dowsing itself.

*Sig Lonegren MA is the author of: ‘Memoires of a Geomancer’, ‘Spiritual Dowsing’, ‘Labyrinths: Ancient Myths and Modern Uses’ and many articles in magazines. He guest-authored in among others the book of Dr. Emoto.*

*Sig is a geomancer, labyrinth worker, Tarot reader, spiritual councillor, has given workshops trainings on labyrinths, dowsing, geomancy and sacred geometry.*

# Fred's Holy Well Revisited

by Alanna Moore

1st published in Geomantica magazine, October 2015.

## Recent Update:

**F**red Gill was a dearly loved neighbour friend of ours who recently passed away aged 87. Fred has been a great inspiration. His death was a shock to all, as he had been relatively healthy, having successfully fought off prostate cancer a few years previous. After Fred had his covid jabs he started to go downhill and was then in and out of hospital with blood platelet problems. Due to the pandemic he had limited visitors to his hospital bed and he suddenly died there alone, of a heart attack on December 26th, far away from his loving family.

Covid has been cruel in taking away so many elders of society. We have lost much wisdom with their passing. Fortunately Fred's grandchildren have an interest in the holy well and the ponies that he loved.

May he rest in eternal peace and love.



October 2015: My neighbour Fred Gill in County Leitrim often visits us, dropping in spontaneously at any hour. He tells us he'll soon be 81

and that he has lived all his life on a hilltop farm with beautiful views, surrounded by sheep, his ponies and the odd donkey.

With my interest in local history and sacred sites, Fred is a valuable mine of information. When he mentioned a Holy Well that's near to his home, I was intrigued. Would he take me there? I asked on two occasions. The third time, I just turned up at his home on an impulse and waited for him to get back from town.

It was a bright sunny autumn day and it felt like the right time to go. Yes, it turned out to be perfect! Fred had not visited the well for many months, as he'd had a health problem and was not so robust now. But he was keen to reacquaint himself with the sacred place.

We headed off to the mystery site via a slow walk through farm fields edged by deep drains, a drained river meadow, carrying buckets of clanking mini wine bottles to be filled with the well's healing waters.

Trying to find out more, I asked " *Would you be the guardian of this well then Fred?*" " *I suppose I am,*" he said, as we crisscrossed boggy meadows, then edged our way tentatively across a wobbly plank spanning a deep drain of a river, Indiana Jones like. (Fred had previously told us that he had had to do similar to regularly bring water from a well to his mates at Lisduff school, a punishing chore perhaps, for his minor schoolboy ' *devilments*'.)

Eventually we made it to a small fenced off area on neighbour's land. Completely nondescript from even close up, the site had been protected from cattle and a ring of trees planted tightly around it, thanks to funding for environmental works on farms. We navigated over the barbed wire fence, squeezed past the young trees and found ourselves in a green grove, another world, all cool and shady with dappled light.

Two old Hawthorn trees stood guard beside a muddy hole in the ground – the ' *well*'. " *Those trees have been there all my life...and this place has al-*



*ways been the same, going back to my grandmother's days,"* Fred told me proudly.

With many bottles to fill, I stood in the hole and dipped them into a bigger void unseen, off to the side of the hole, where the water body lay. Not wanting too much weight to carry back, I only half filled them, to Fred's slight annoyance later on!

*"Would you drink the water for a cure then Fred?"* I asked him. *"Oh no, you generally just bless yourself with it, or just take sips of it when you're sick"* he explained. *"If it doesn't cure you, it won't harm you!"* he said, hedging his bets. Apparently lots of local people will seek the water when they are ill. Yes – even young people, he told me. *"They'll try anything when they can't get better!"* Fred can rattle off many a tale of healing attributed to the taking of these waters. He calls it *'St Brigit's Well'*.

The curious thing is that this well is not marked on any map, and mapping started in the 1830s in Ireland, so it's officially unrecorded.

The most mysterious object at the site was the carved stone that rose out of the mud in the well, looking like an ancient cross from a cemetery. Yet there was no church or ruins of such in the adjacent area. Fred had no idea where it came from. *"It's always been there... I once dug it up and put it on the surface, but flood waters washed it back down into the hole,"* he told me.

Perhaps the carved stone indicates that it might have been used as a site for clandestine Catholic rites, in times when such were outlawed? Perhaps the locals were suspicious of the Ordinance Survey crews and didn't want their sacred site known, so they kept it a secret. The original purpose of the early British mapping was to know the lay of the land and any resources on it, that had been stolen from the native landowners, after all! Australian Aboriginal people have often done the same thing, knowing it best to keep important sacred places secret and hidden from untrustworthy outsiders.

# Call Off the Dogs!

*By Alan Handelsman  
Ozark Research Institute – Fall 2021*

**S**tressed? Feeling a bit out of control?  
**S**Overwhelmed? Feeling that the harder you work, the more you are falling behind?

Welcome to the human race on planet Earth! (And you didn't think you belonged!)



You may be able to make it a little easier on yourself. Just take about three minutes, and daydream. (Yes, daydream. That's what I said.)

I suggest using this daydream about a dog walker. You may find in the days after this simple, three-minute daydream that you are calmer, more of the time. Things that caused you stress before, might seem less important now.

Don't believe me? Why should you?

On the other hand, what have you got to lose? So, if you choose, follow these simple, easy instructions.

## **Simple, Easy Instructions:**

Sit comfortably, and close your eyes.

Imagine that you are a professional dog walker, tightly holding 10-15 leashes in each hand. Holding on takes so much effort, that your knuckles may be turning white, and fatigue is moving from your fingers to your hands and all the way up your arms to your shoulders.



Each dog is pulling you in a different direction. Some want to run, some want to sit, to eat, to sniff. They cannot all do what they want to all the time. Every time you pull one into the "right" direction, a few others get pulled in the wrong direction. It's like constantly starting over.

As you try to control each one of them, it may occur to you that you are the least free to do what you want to do. You have a job to do, don't you? You made promises to all the owners, and you feel a lot of responsibility. This only adds to the fatigue, mental, physical, and emotional.

### **The Best Part**

Now, slowly open your hands, and allow yourself to let go of the leashes. All of them. They may have been wrapped so tightly that it takes you a few seconds to get all of them off. You might start to feel the blood starting to flow back into your hands and fingers.

You may be curious as to what will happen next. Maybe the dogs will all run away. It is scary to think about the trouble you'll be in if that happens.

### **Even with the fear, you open your hands.**

Once you let go, it's like magic happens. All the dogs run right into the waiting, loving arms of their owners. Each owner looks at you with gratitude. Their eyes seem to say, "*Thank you for taking such good care of them.*"

And now, you notice that you are free. You are no longer holding on to anything at all. You can walk, or run, in any direction. You can go home, or to a friend, or do anything. You can sit, you can eat, you can sleep. You can even breathe more easily. You are free, and whatever you do feels like a relief.

(Are any of these dogs yours? If so, then when you let go of their leashes, they fall right in line and follow you wherever you go. They never seemed

to have behaved so well until they were taken off the leash.)

It interests you to recall that all the while you were trying to control those dogs, they were controlling you. Even the times when you were able to get them to go where you wanted them to go, you had to take them where they needed to go, not where you wanted to go. The only way to have true control – plus freedom - was to ... Let Go!

Even though it was scary, and you didn't know what might happen, you were strong enough and curious enough to let go. Open your eyes.

## **Conclusion**

Is there anything left to do now that you have let go of the dogs in the daydream? Yes. Forget about it. Just go and live your life.

After some time passes, however, you may notice there are fewer stressors in your life, and they seem less important. You may have also recognized these stressors earlier, and you can open your hands, and let your inner mind remind you how good it feels when you can let go.

## **Still Don't Have the Time?**

You don't have time to spend three minutes to daydream to reduce stress? Here is the three second version. You can do this whenever you think about it, whether or not you are stressed.

1. Clench your fists.
2. Open your hands.
3. Enjoy!

Alan Handelsman is the author of such best-selling books as: '127 Things To Do Every Day To Simplify Your Life', and 'You Are Perfect The Way You Are: A Guide For Change', and 'Unconditional Love: Don't Screw It Up'.

## The Great Invocation

**F**rom the point of Light within the Mind of God  
Let light stream forth into the minds of men.  
Let Light descend on Earth.

From the point of Love within the Heart of God  
Let love stream forth into the hearts of men.  
May Christ return to Earth.

From the centre where the Will of God is known  
Let purpose guide the little wills of men —  
The purpose which the Masters know and serve.

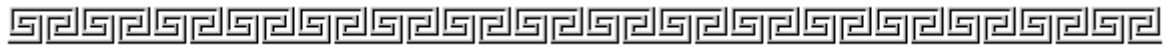
From the centre which we call the race of men  
Let the Plan of Love and Light work out.  
And may it seal the door where evil dwells.

Let Light and Love and Power  
Restore the Plan on Earth.

*As taught by Tibetan master Djwhal Khul through Alice Baily.*

# Society News

Our May meeting will be at the Hunters Hill hall since the Covid restrictions have been relaxed. Our planned speaker, Simone Lee, is not available but she has offered her graduate Kelly Mercieca to present to our May meeting. It promises to be a very interesting presentation, see page 2.



## Blue Mountains Dowsers News



The next meeting of the Blue Mountains Dowsers is scheduled for Sunday 5th of June, 2022, 2:00 pm at the Lawson Mid Mountains Neighbourhood Centre, 9 New Street, Lawson.



A Dowsing Free-for-All Afternoon  
- With Maggie Lowe & Dawn & Rai Krumm-Heller -

Come and spend an afternoon sharing your interest in Dowsing, hear success stories, troubleshooting dowsing difficulties e.g. inconsistent answers, and ask questions. Practical dowsing sessions for everyone to join in and enjoy.

Maggie, Dawn and Rai have been members of the Dowsing Society of NSW Inc for many years. Maggie has run many courses at the Society as well as at Nature Care College.



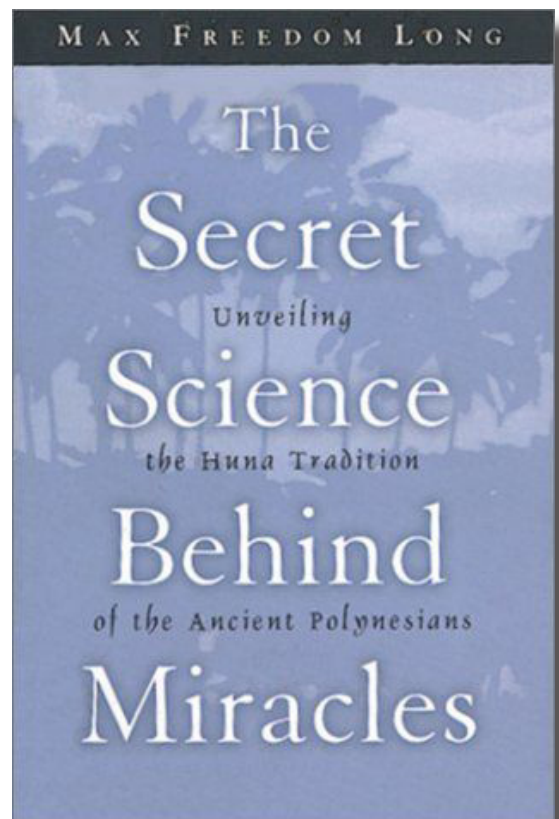
## Library News

**Book review:** This book was written in 1948, and explores the author's experience of magic and religion in Hawaii.

**The Secret Science Behind Miracles:** Unveiling the Huna Tradition of the Ancient Polynesians, by Max F. Long.

The book joins together a number of different religions/viewpoints to provide a big picture overview. It has a number of interesting practical ideas that you can try for yourself.

The author begins by telling the reader that; *"I arrived in Hawaii in 1917 and took a job teaching because the position would place me near the volcano, Kilau-  
ea..."*, and proceeds to methodically re-  
lay his adventures on the islands to the  
reader with the skill of both a good story teller and a scientist.



*'Fire walking', 'laying on of hands', 'the simplistic rituals of the Kahunas',* all give the reader an insider's look at this fascinating and wonderful system of healing and divining.

Remember, our catalogue is available online for browsing at your convenience at: <https://cloud.collectorz.com/271940/books>

You will need to type this into your browser the first time, then bookmark it for future use.

*- Helen*

# Subject for June 19th, 2022

## ~ Dowsing Forum ~

After many lock-downs, and delays we expect this year to bring new energy into the Society with a live and interactive afternoon of creativity.



The June meeting will be at Hunters Hill Community Centre. Starting at 2:00pm as usual. The meeting will be followed by our regular afternoon tea and '*chit chat*'.

It will be a chance for everyone to bring their questions, their stories of success and failure to share with everyone.

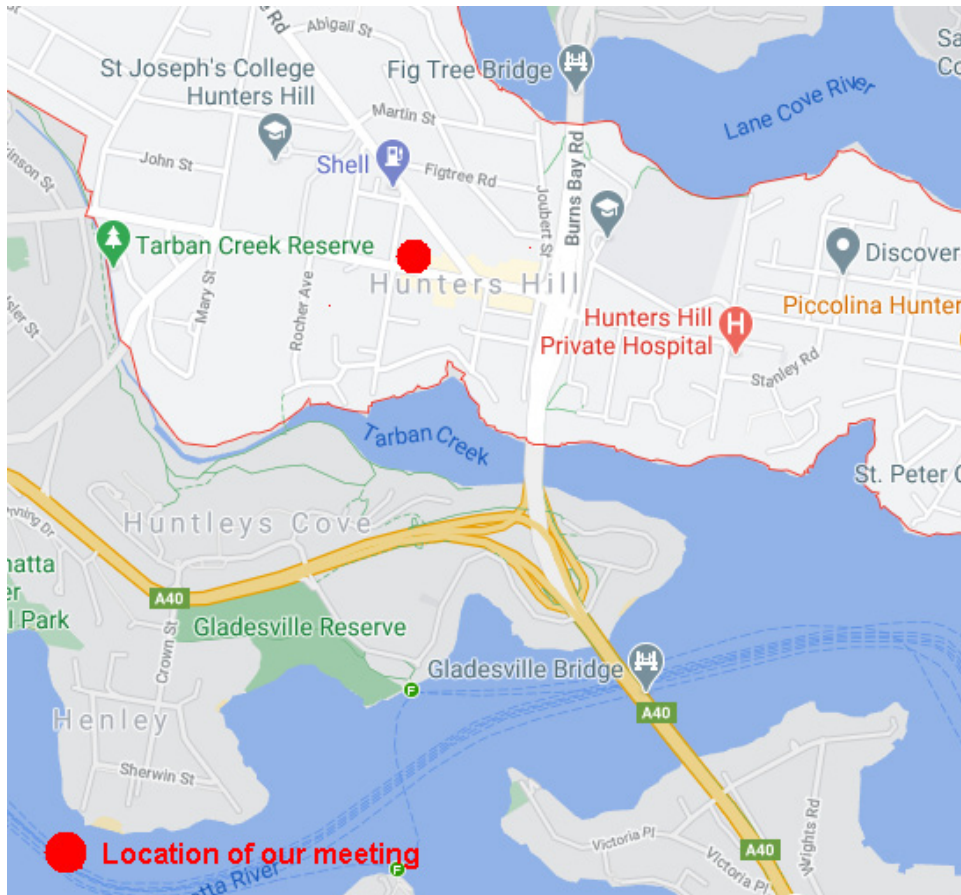
This will be an opportunity to learn and make your dowsing more accurate and more effective, basically a chance to share and learn.

This is for everyone: new dowzers, hesitant dowzers and proficient dowzers, to share and discover solutions to any dowsing problems, and hear some great dowsing stories.

Bring your pendulum and a big smile!

In any case, you will leave enriched.





## Date of Meetings

Third Sunday of every month, except December (2nd Sunday)

Time: 2:00pm to 5:00 pm

## Venue for Meetings

Community Hall, 44 Gladesville Road, Hunters Hill

**Bus Services:** Transport Enquiries: 131 500

- 1. from City Town Hall, Bus # 506 goes from Town Hall House, Drutt St, Stand L, to Gladesville Rd, cnr of Pitt St, Hunters Hill;*
- 2. from Circular Quay, Bus # 506 to Gladesville, corner of Ryde Road, Hunters Hill;*
- 3. from City Station, Central to Rozelle, Bus # 501, then # 506 to Hunters Hill;*
- 4. from Chatswood, Bus # 536 goes to Hunters Hill .*

Please arrive at the meeting early so as not to disturb  
and be seated by 2:00 pm

**Website address:** [www.dowsingaustralia.com](http://www.dowsingaustralia.com)