

Dowsers Society of NSW Inc.

Newsletter

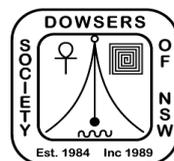
January 2017

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Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.



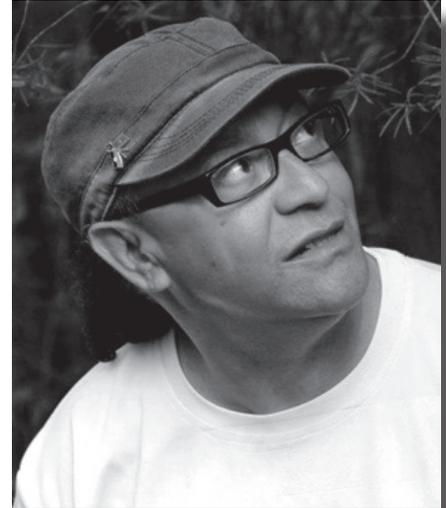
Speaker for January 15th, 2017

Kevin Duncan

- Aboriginal Spirituality -

Kevin is a member of the Darkinjung Local Aboriginal Land Council.

He has gained a great deal of knowledge of aboriginal cultural heritage from his Elders from Gomilaroi Country, and through working in the area as an Aboriginal Cultural Heritage Officer. He is also an Aboriginal Artist with many of his works sold and collected by various Art Galleries.



Aboriginal spirituality is defined as at the core of Aboriginal being, their very identity. It gives meaning to all aspects of life including relationships with one another and the environment. Everything is interconnected, people, plants and animals, landforms and celestial bodies are all part of a larger reality. In this world, nothing is inanimate, everything is alive; animals, plants, and natural forces, all are energised by a spirit.

As such, humans are on an equal footing with nature; are part of nature and are morally obligated to treat animals, plants and landforms with respect. In this world, the invisible and the visible pulse with the same life, and the sacred is not separated from the secular, they are interconnected and interactive.

But also in this world, the unseen spiritual forces are stronger and hold sway over all nature. A healthy respect for the power of spirit forces is learned from early childhood.

From the Editor

The year 2017 is upon us. The speedy passing of time is a reminder that we should enjoy and be grateful for the time we are given. Every breath we take is like a page turned that we cannot revisit. So I want to wish everyone a happy, healthy and prosperous year 2017.

From time to time it is good to be reminded of our Mission Statement and of the Code of Ethical Conduct of our Society. You will find both below.

Until next time...

François

Mission Statement

The Dowsers Society of NSW Inc. aims to provide a forum for dowsers to meet and exchange ideas and experiences; to support and promote effective and responsible dowsing; and to provide education, training and information about dowsing and allied subjects.

Code of Ethical Conduct

The Dowsers Society of NSW Inc. supports, encourages and promotes dowsing in a manner consistent with the highest standards of personal integrity and behaviour.

We believe that dowsing activities should be practised with modesty and discretion when dealing with others; speak your truth quietly and clearly, but feel superior to none.

Dowse for the good of all, with honesty, truthfulness and respect, especially to those who may not share your beliefs. Keep an open mind and a willingness to learn. We are all beginners.

My Dowsing Experiences

By Joan Eastman-Bennett

Reprinted from *The American Dowser*, Spring 2016

First Encounter

In 1987, at a parapsychology society meeting, one of the programs was on the unfamiliar subject of dowsing, given by a woman, said to be a long-time dowser. However, her five-minute ‘*talk*’ gave no evidence of that claim, and her hand holding a pendulum, the only device she remembered to bring, moved in wide circles. After a few minutes, most of the audience left with a poor opinion of dowsing.

Fortunately, at a conference several months later, there was a knowledgeable, well-prepared speaker on dowsing, who also spoke about ASD’s conferences and schools. As a result, I realized that dowsing could probably solve a major challenge that my landscape contractor and I, a landscape architect, had been increasingly encountering on both our commercial and residential properties - abandoned underground oil or septic tanks. These obstacles were often discovered after the detailed plans had been completed and the landscape contractor had equipment and materials on site, a costly problem for all.

I telephoned ASD to request information: when it arrived, it included instructions on how to use a pendulum. I tried repeatedly without success, probably adversely influenced by the moving hand of ‘*that woman.*’ I then started saying, “*I may not be able to use the pendulum, but I will do very well with the L-rods.*”

Unique Learning Experience

Everything about my first Vermont Convention experience was unique, even before the opening lecture. The owner of the place where I was staying had an agreement with a nearby farmer to allow her guests to use his farm lane as a shortcut to Danville. It was on this narrow, dirt lane that I encountered a cow happily trotting toward me. I had to get out of my car

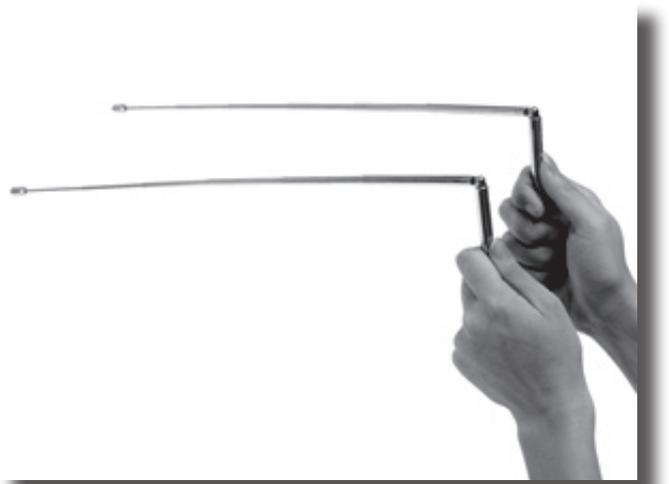
to explain to her about the hazards of the highway towards which she was headed, then to physically push her around into a reverse position. She walked back very slowly as I followed closely in my car.

There were two fascinating days of Beginner Dowsing School and I stayed for two of the four days of the conference. When I made the reservations, I thought that half the conference would certainly be enough: I was wrong. With each lecture, I became increasingly fascinated by the history of dowsing, as well as the outlying subjects of Nature Spirits and Feng Shui, both of which I had been unknowingly working with for years.

The Dowsing Devices

When learning to use the pendulum, I was the only one for whom it did not work. To everyone's amazement, there was nary a twinge from my pendulum. Repeatedly, I was told, "*But it always works for everyone else!*"

It was a relief to discover that the L-rods worked well for me. As my fellow students and I stood on the front property sideline at a house on Danville's Square, L-rods in hand, we were told to find the location, depth and type of the water pipe from the street to the house.



Long after the others, who knew nothing about such subjects, had found the pipe and the answers, I was still standing on the property line with L-rods in the ready position, saying to myself, "*The frost line in much of New Jersey is 2 1/2 feet, but it gets much colder here, however, there are many underground boulders here so ... ?*"

The instructor asked why I was still standing there. I explained that as a landscape architect this was automatic logic thinking that I always did. I was told firmly, "*Don't think: ask the questions.*" After I got 'me' out of the way, the pipe was found and the questions answered.

Using L-rods in place of a pendulum in a crowded situation is challenging. Sitting closely with other students, I was not popular with adjacent people as outward swinging L-rods invaded their space and occasionally became entangled with the chains of their pendulums. I explored meeting place storage closets for a folding chair so that I could sit at the back of the room. This location also greatly reduced the number of people who demanded to know why I was not using a pendulum.

An Unusual Response

When learning to use the Y-rod, I received a quick, strong response, but in the wrong direction, as it kept whacking my nose. While in Danville's Dowser's Hall's upstairs room, Master Dowser Terry Ross told me, "*I hear that you are getting an unusual response with your Y-rod. I'll put my right hand over your left hand as you hold the Y-rod and we can walk across the room. There is a water vein under the building: my dowsing skill will override yours, thus getting you on the right track.*" Before we started, he asked why I had turned my head sideways and tilted back slightly. After I explained, he replied, "*You don't need to do that.*" When we got over the water vein, however, the Y-rod came up quickly and hit my nose. He and the on-lookers were amazed.

Then another long-time professional dowser put his left hand on my right hand, saying firmly as he did, "*Now, there is no chance that the Y-rod will go in the wrong direction.*" I felt confident that he was correct. I made the request again, hoping that I had somehow miss-worded it previously, but they both approved of the wording. The three of us strode confidently across the room. Again the Y-rod reacted quickly and hit my nose. The men and the onlookers were greatly surprised. Though everyone wanted us to do a repeat, my nose was beginning to swell and hurt. So avidly was the phenomenon being discussed that no one noticed as I hurried out the door to get to the airport.

Several years later, when I was re-reading a past issue of The American Dowser in the '*Letters to the Editor*' section, a reader wrote that after his Y-rod repeatedly came up and hit his face, he had done extensive research

and discovered that this reaction tended to happen to people of British heritage. I am the third generation to have the Eastman-Bennett name, both English names: an enterprising Bennett relative in the pre-computer age had traced our Bennett family back to the mid-fifteen hundreds. Finally I had an explanation for my mysterious Y-rod reactions!

The Bobber proved to be a first cousin to the Y-rod in its erratic actions, but in this case, fast, constant movement. Eventually, however, my bobber became quite well-behaved.

After Dowsing School

When I returned home, I was eager to show my new skills to my friends and especially to my office staff. The latter were concerned that if anyone learned that I had attended ASD events, all of my varied businesses could be jeopardized.

I handed my secretary a pencil with green lead, asking her to hide it someplace in the office while I went out to my car. Later, when I returned, they were amazed when, after I asked the correct questions correctly, both L-rods swung around to point directly to the pencil. Someone suggested that they all go back to the detailed work they had been doing, so that their unconscious thoughts could not give me any clues. Again the pencil was hidden and, of course, easily found, with guidance from Higher Power.

The Missing Ring

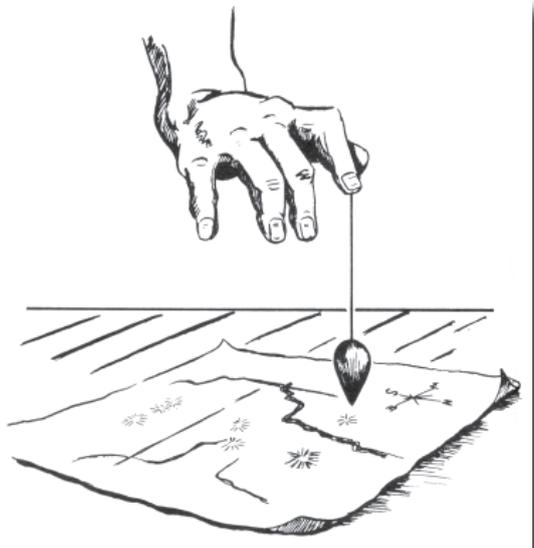
Several days later, I was taken aback to discover that Shirley, my chief draftsman for several years, thought that dowsing was a form of witchcraft and hence ‘*of the devil.*’ Therefore, I was surprised one late afternoon when returning to my office, to find Shirley waiting for me after everyone else had left for the day.

“*I have been debating with myself,*” she said tentatively, “*about asking you, and it is probably impossible, since she lives in Florida*” With urging, Shirley explained that her mother had lost her engagement ring.

Ordinarily, I would have said that I was new at dowsing, but considering her attitude, I took the challenge. I asked Universal Knowledge, via the L-rods, if the ring could be easily found by Shirley's mother. "Yes." I told Shirley to get one of our old plans, tape it face down on a drafting table, draw on it where she thought the house, driveway, walks etc. were located, and evenly 'grid' the property. Then I asked a series of detailed logical questions. I received a negative response to them all.

As a discouraged Shirley was heading for her coat, I asked if the ring was in the section along the right property line near street. When I received a prompt "Yes," Shirley came back.

After a few more questions, I narrowed the search down to the square that bordered the right side lot line and the sidewalk. I told Shirley to assign measurements to the square, then to divide it off like a clock face. Through dowsing, I determined that the ring was along the four o'clock line, 2 feet, 4 inches in from the lot line corner.



"I will telephone Mother tonight," Shirley said. "She is going think this is weird and may not want anything to do with it."

"Telephone her now, while it is still light," I told her, "just do not tell her that it is weird." Shirley telephoned her mother and told her I took a dowsing course and she asked me to dowse for the missing engagement ring. She then gave the dowsed measurements.

"Wonderful! Hold on: I'll get the yard stick and be right back," her mother replied. In about five minutes, she returned to telephone. *"Got it! I just put my fingers down in the ground cover plants I have there and touched it. I was weeding there last week. Thank Joan for me."* Shirley was as much surprised by her mother's calm acceptance of dowsing as she was about actually finding the ring. And I was inwardly jubilant!

Pendulum Problem Solved

A few days later, I belatedly realized that what I had repeatedly said about pendulums prior to dowsing school had actually been an affirmation. Affirmations become reality. I realized that I needed to apologize to Universal Knowledge/ Higher Power/God for doubting, for putting a limit on anything. After that, there was no problem with a pendulum of any kind.

Spreading the Knowledge, History and Use of Dowsing

The more I learned about dowsing and used it, the more I wanted to share this intriguing information with others. I prepared a one session, 3 1/2 hour adult education course to add to my other courses that I had been teaching for eight years in widely-located towns. It was surprising that several of the directors, who had been enthusiastic about all of my other courses, now refused this course.

A typical response was: *“I think from what you say and show me, that this would be interesting, but I know that our Board of Directors would think that it could damage the reputation of the school.”* Most fortunately, several of the adult schools accepted the course, which was repeatedly offered successfully. As a result, a newspaper reporter from one of New Jersey’s largest newspapers telephone-interviewed me, then sent a photographer to photograph my L-rods and me. She wrote a good article.

A month later, a New York Times free-lance reporter telephoned me, requesting an interview. When I suggested that she allow 3 1/2 hours one afternoon so that I could teach her my course, she accepted enthusiastically. She was a good student and did well with all of the devices. I gave her to use at home the same type of pendulum that I gave to all my students - a simple fifty cent-size metal washer with common white string attached.

Several weeks later, the reporter telephoned to say that her editor insisted that she also interview a college professor on dowsing. We both knew what that meant! Her article appeared prominently at the top left on the first page of an inside section of the Sunday edition. A reader of the re-

porter's well-written article would have easily sensed her enthusiasm for dowsing. Then came the professor's disqualifying remarks: "*It's folklore ... not to be believed ... anyone who did was of unsound mind.*"

All was not lost, however. In a boxed, shaded sidebar, the reporter indicated that recently, when she had been writing an article, she suddenly realized that it was past time to get her young child from school. She hurried to get her purse and her keys that she had left separately near the door, but the keys were no longer there. Frantically, she searched for them, then remembered that she knew how to dowse. She found the keys where she would never have thought to look; the culprit - her mischievous dog. The reporter provided proof that it was the professor who "*was not to be believed.*"

Soon I was asked to lecture on dowsing to various clubs and organizations. In my first dowsing lecture, I decided, while there, to show the real power of dowsing by asking someone who had a pain that was not obvious to come to the front of the room. A young woman responded. Using my wood acorn pendulum, to make it more visible to the audience, I asked the correct questions, then starting at her head, proceeded slowly down her body.

As I got lower and lower, with no response from the pendulum, I began to worry. I had seen this done, but had never done it myself.

There were whispered doubting comments among audience members, until suddenly, at her ankle level, the pendulum exhibited a strong positive reaction, swinging out almost level.

There was an immediate response from the people seated in the front rows, with other people coming forward to observe this phenomenon. The young woman explained that the day before she had gone by public



transportation into New York City to a special semi-formal event and for the first time in over a year, she had worn high-heeled shoes for seven hours. Now her feet and ankles were extremely painful.

Despite the continued warnings of my office staff, I took every possible opportunity to mention dowsing. My new business cards listed dowsing with my main areas of expertise.

I knew dowsing would be seen to have greater validity if a state certified landscape architect listed it on her business card. Doing this caused many people to ask about dowsing. In interviews for a goodly number of articles concerning my design work in various publications, including a Japanese newspaper, I always mentioned dowsing.

Also, I included a paragraph about dowsing in my publicity releases that were sent to program chairmen prior to my lectures. I eventually lectured in eleven states and Newfoundland, and, when possible, I gave mini-dowsing demonstrations in parking lots afterwards.

Dowsing in Retirement

Although unable now to continue with my design business due to a physical challenge, I continue to dowse, often many times a day. I do so boldly and publicly in a supermarket to determine the ripeness of fruits and vegetables, as well as any hidden ingredients in a product to which I might be allergic. Even in the preparation of this article, I dowsed which was the better way of, wording a sentence and where hyphens were needed.

Recently, while holding a pendulum, I thought to ask a never-before-asked question: “*Does God know how thankful I am that I know how to dowse?*” WOW! What a response!!! The pendulum whirled so fast in the “Yes” position that it became a level blur!

Joan Eastman-Bennett, an ASD Life Member, lives in New Jersey. She can be contacted at joaneastben@mail.com.

Why Fry?

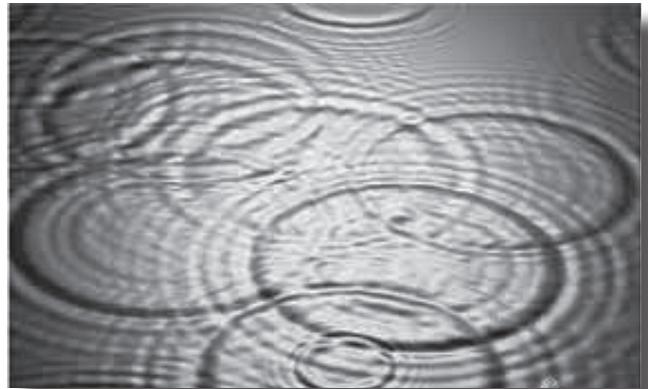
By François Capmeil

A friend of mine jokingly calls Wi Fi “*Why Fry?*” She has taken simple steps to reduce her exposure to Electromagnetic Radiation (EMR). If you Google Wi Fi today you will find an array of Pros and Cons. Some say it is harmful, some say maybe not, or not at all.

The problem is that it is very difficult to verify the impact of radiation on the body, as it is cumulative and may take years to reveal itself. Further, to positively state that it is detrimental or not, you would have to define precise criteria, then study the body’s response to these criteria over time.

In real life the conditions are so variable that it is very hard to define the criteria. For example in my house, I get 4 separate signals of various strength. If you live in a set of flats, it is most likely that you will receive more signals, perhaps as many as 10 or more from your neighbours.

Now imaging a still pond, take 10 little pebbles and throw them in the pond and watch the rings intersect, creating hills and valleys as they cross over each other.



With Wi Fi, these rings will be standing in place, and depending where you sit, at your work desk for example, you may experience either very little disturbance, or at worst, the combination of in this case, 10 hills piled up upon each others. Both hills and valleys are areas of higher exposure.

How then can someone say Wi Fi is safe or not, unless they have studied your location carefully. It may be safe in one place, and dangerously high in radiation in another place, and may fluctuate during the day as well.

Many have raised doubts concerning the safety of these unseen forces

permeating everything around us. Since the introduction of Wi Fi in 1997, researchers have performed dozens of studies to explore the subject. The results are clear and shocking — Wi Fi can negatively affect overall health and brain health, especially in children.

Perhaps most shocking is that this information is not new or even that controversial. In fact, in 2008 the well-renowned publication *Scientific American* ran a piece called “*Mind Control by Cell Phone*” which explained the danger Wi Fi has on the human brain. Here are some of the possible side effects discovered:

- Contributes to the Development of Insomnia
- Damaging to Childhood Development
- Affects Cell Growth
- Derails Brain Function
- Reduces Brain Activity in Females
- Neutralizes Sperm
- May Impact Fertility
- Provokes Cardiac Stress
- Linked to Cancer?

You Can Protect Yourself

Totally blocking exposure is difficult but there are a few small steps you can take to limit it, like using your phone on speaker (the exposure decreases with the square of the distance), keeping your phone away from you at night. If it's not being used, turn it off (your wireless router too). You can switch to a wired network rather than using Wi Fi in your home. If you have to use Wi Fi then turn it off during the night. Actually most modems have settings to turn Wi Fi off and on at fixed times.

There are also a number of devices available to minimise the electromagnetic exposure from mobile phones, for example the Air Tube headset (<http://www.reducingemf.com.au>), which block the EMF away from the body while allowing sound to reach the ears. There are many others listed on the internet. Just do a Google search.

François

Dowsing Tissue Salts

Extract from a talk by Mrs. Alice Howard in 1978

This article was submitted by Gordon Willison in Sept 2003

In 1832 Dr W H Schuessler, a German doctor, worked out a number of substances which are essential to maintain health and overcome disease. All these substances are components of the human system. Nature has a self-curative system which can maintain its efficiency provided it has its normal supply of body builders. If they are missing a disturbance of the molecular structure takes place. Many imperfections of body and mind disappear when the missing elements are restored to the system.

Through artificial fertilisation of the land there is a great lack of natural mineral salts in our food these days, so the body is deprived of essentials. Nutrition is the physical basis of life and when the blood is pure it can form healthy cells. If there is an imbalance in the cells the body becomes diseased and naturally the mind suffers as well. Nowadays many people fill themselves with vitamins without making sure that they have the right mineral basis to assimilate them.

The tissue salts are a very good standby as preventive medicine and for the alleviation of minor illnesses. They are also good tonics or pick-me-ups. But a word of warning: They do not replace the doctor in the case of illness. Please do not take risks. In case of doubt it is safest to consult the doctor.

Dr Schuessler started his method in 1832 and since those days biochemistry has changed and scientists have added about thirty more substances. They are called “trace elements” and all of them were found in the human organism when it was studied very carefully. However, we will not go into these. We will just keep to the twelve tissue salts which were selected and used by Dr Schuessler in his therapeutics. They are as under:

Calcarea Fluorica, which is an elastic tissue builder. It helps to restore

prolapsed organs, varicose veins, haemorrhoids, vascular tumours, hard swellings and bone derangements. It is seldom used on its own but mostly in combination with other remedies. When bleeding parts are treated Ferrum Phos should be added.

Calcareo Phosphorica is a tissue builder and a wonderful tonic to the entire system. Children develop much better when they have an adequate supply of it. It tones the entire body after an exhausting illness. Children also benefit from Calc Phos when difficult dentition troubles them, but they benefit even more when Ferrum Phos is added. In anaemia this salt is invaluable. Painful and difficult periods, as well as troubles of the aged, ask for Calc Phos.

Calcareo Sulphurica is a blood purifier. It is a wonderful healing agent; it acts on the connective tissues. It is used to clear discharges, abscesses, boils, ulcers, blood disorders, rheumatism, etc. Very often it is used in combination with Silica, but here I would like to mention that Silica should only be given where there is no tuberculosis present.

Ferrum Phosphoricum is an oxygen carrier. It helps sluggish circulation, eliminates pain, fevers, inflammations, gets rid of colds in the early stage, helps to ease pleurisy, bronchitis and pneumonia, 'flu', diphtheria, haemorrhages, rheumatism and nose bleed. In treating catarrh one adds Kali Muriaticum. Sometimes Ferrum Phos helps children who are nervous and wet the bed.

Kali Muriaticum is a blood conditioner. It helps some skin diseases, colitis and dysentery. It is a very good remedy for ailments which show infiltrations and swellings, and is also used in rheumatic troubles.

Kali Phosphoricum is a nerve nutriment. It is given for brain fatigue, neurasthenia, insomnia, lack of confidence, irritability, hysteria, melancholia, gloominess and tearfulness (but in tearfulness add Natrum Muriaticum). It is good for nervous headaches, pains in the limbs and so on. It is also a heart tonic.

Kali Sulphuricum is an oxygen carrier. Coated tongues ask for this salt. In the last stages of a cold it is very useful, and also for the elimination of catarrhal conditions and yellow discharges. One often gives it in combination with Ferrum Phos in anaemia. People who need this remedy are worse in heated, warm places and also towards evening.

Magnesia Phosphorica is a nerve stabiliser, working on all spasmodic conditions like cramp, sharp stabbing pains, abdominal tension, mental tension, flatulence, colic, St Vitus dance, toothache (mostly of the kind which is relieved by warmth) and writer's cramp. It is a helpful remedy for stomach pains in babies. It helps more when dissolved in warm water and sipped slowly.

Natrum Muriaticum is a water distributor. It will help to cure all ailments caused by the intake of ordinary domestic salt and will eliminate skin disorders caused by much intake of salt; watery catarrhs and debility are helped too.

Natrum Phosphoricum is an acid neutraliser. It is useful in acid dyspepsia, diarrhoea, rheumatic disorders, nervous troubles, worms and coated tongue. When children eat too many sweets and cakes this salt will prove remedial.

Natrum Sulphuricum is an excess water eliminator. It is a great liver and kidney remedy. People who feel worse in damp weather need this salt. It is good for bilious attacks, sick headaches, migraine, bitter taste in the mouth, diarrhoea, influenza, intermittent fevers, poor kidney function, gravel and dropsy.

Silica is a cleanser and eliminator. It is good for getting rid of pus formation, for abscesses and boils which will not draw out. It works on the nervous system and on some forms of paralysis, on spasms, and rheumatic pains in the limbs. Silica gives strength to the body and mind, it helps to get rid of inferiority complexes and gives courage. As mentioned before, Silica should not be given to patients suffering from tuberculosis.

Prevention of illness is perhaps of more importance than we are aware. These days all health food shops and homoeopathic chemists sell tissue salts. I have given you a more or less detailed explanation of each tissue salt, but very often one can just consult the pendulum and you will see that you will get the right answer,

Perhaps I should mention that in health food shops very good combination tablets are sold.

Elasto

This contains Calc Fluor 6x, Calc Phos 6x, Ferr Phos 6x, and Mag Phos 6x. Elasto has a very big and loyal following of people who use it for troublesome conditions of the legs. In particular, Elasto may be used for tired and aching legs and varicose veins. It derives its name from its benefits to the elastic tissues in the body.

Nervone

This contains Calc Phos 6x, Kali Mur 6x, Kali Phos 6x, Mag Phos 6x, and Nat Phos 6x. The formulation may be used for nerve pains and nervous disability. Nervone is a safe and reliable remedy for a whole range of ‘*nerve troubles*’ and allied ailments.

Zief

This contains Ferr Phos 6x, Nat Phos 6x, Nat Sulph 6x, and Silica 6x. Zief is an effective remedy for the treatment of rheumatic conditions.

For the benefit of those members who believe in astrology I would like to mention the respective tissue salts which go with each Zodiac sign:

| | | | | |
|-------------|-----------|--|-----------|------------|
| Aries | Kali Phos | | Taurus | Nat Sulph |
| Gemini | Kali Mur | | Cancer | Calc Fluor |
| Leo | Mag Phos | | Virgo | Kali Sulph |
| Libra | Nat Phos | | Scorpio | Calc Sulph |
| Sagittarius | Silica | | Capricorn | Calc Phos |
| Aquarius | Nat Mur | | Pisces | Ferr Phos |

Combination A - Neuralgia, neuritis, sciatica and allied conditions

| | | | |
|-----------|-----------|----------|--|
| Ferr Phos | Kali Phos | Mag Phos | |
|-----------|-----------|----------|--|

Combination B - General debility, nervous exhaustion and convalescence

| | | | |
|-----------|-----------|-----------|--|
| Calc Phos | Kali Phos | Ferr Phos | |
|-----------|-----------|-----------|--|

Combination C - Acidity, heartburn, dyspepsia and allied conditions

| | | | |
|----------|----------|-----------|--------|
| Mag Phos | Nat Phos | Nat Sulph | Silica |
|----------|----------|-----------|--------|

Combination D - Minor skin ailments and allied conditions

| | | | |
|----------|------------|------------|--------|
| Kali Mur | Kali Sulph | Calc Sulph | Silica |
|----------|------------|------------|--------|

Combination E - Flatulence, colic, indigestion and allied conditions

| | | | |
|-----------|----------|----------|-----------|
| Calc Phos | Mag Phos | Nat Phos | Nat Sulph |
|-----------|----------|----------|-----------|

Combination F - Migraine, nervous headache and allied conditions

| | | | |
|-----------|----------|---------|--------|
| Kali Phos | Mag Phos | Nat Mur | Silica |
|-----------|----------|---------|--------|

Combination G - Backache, lumbago, piles and allied conditions

| | | | |
|------------|-----------|-----------|---------|
| Calc Fluor | Calc Phos | Kali Phos | Nat Mur |
|------------|-----------|-----------|---------|

Combination H - Hay fever and allied conditions

| | | | |
|----------|---------|--------|--|
| Mag Phos | Nat Mur | Silica | |
|----------|---------|--------|--|

Combination I - Fibrositis, muscular pain and allied conditions

| | | | |
|-----------|------------|----------|--|
| Ferr Phos | Kali Sulph | Mag Phos | |
|-----------|------------|----------|--|

Combination J - Coughs, colds, chestiness and allied conditions

| | | | |
|-----------|----------|---------|--|
| Ferr Phos | Kali Mur | Nat Mur | |
|-----------|----------|---------|--|

Combination K - Brittle nails, falling hair and allied conditions

| | | | |
|------------|---------|--------|--|
| Kali Sulph | Nat Mur | Silica | |
|------------|---------|--------|--|

Combination L - Poor circulation and allied conditions

| | | | |
|------------|-----------|---------|--|
| Calc Fluor | Ferr Phos | Nat Mur | |
|------------|-----------|---------|--|

Combination M - Rheumatism and allied conditions

| | | | |
|----------|-----------|----------|-----------|
| Nat Phos | Nat Sulph | Kali Mur | Calc Phos |
|----------|-----------|----------|-----------|

Combination N - Period pain and allied conditions

| | | | |
|-----------|----------|-----------|----------|
| Calc Phos | Kali Mur | Kali Phos | Mag Phos |
|-----------|----------|-----------|----------|

Combination P - Aching feet and legs, chilblains and allied conditions

| | | | |
|------------|-----------|-----------|----------|
| Calc Fluor | Calc Phos | Kali Phos | Mag Phos |
|------------|-----------|-----------|----------|

Combination Q - Catarrh, sinus disorders

| | | | |
|-----------|----------|------------|---------|
| Ferr Phos | Kali Mur | Kali Sulph | Nat Mur |
|-----------|----------|------------|---------|

Combination R - Infants' teething pains and to aid dentition

| | | | | |
|------------|-----------|-----------|----------|--------|
| Calc Fluor | Calc Phos | Ferr Phos | Mag Phos | Silica |
|------------|-----------|-----------|----------|--------|

Combination S - Stomach upsets, biliousness, sick headaches

| | | | |
|----------|----------|-----------|--|
| Kali Mur | Nat Phos | Nat Sulph | |
|----------|----------|-----------|--|

Dr George Washington Carey in America wrote a book entitled "*The Zodiac and the Salts of Salvation.*" He is of the opinion that each person uses up continually his or her tissue salts, which makes one either weak or prone to pick up illnesses, and he suggests that in one's birth month one should replenish four tissue salts which represent fire, water, earth and air.



Howdy Folks,

Thought I would do something in this newsletter that could be used to help you get through the Holidays with less stress.

No, I'm not going to do it for you, but give you some ideas of what you can do for yourself. All suggestions offered here may not fit your needs, No problem... don't use them. If they do fit, then use them.

Over the years have heard many complaints about the Holidays, by whatever name and religious belief. Have concluded that Holidays are supposed to be more fun than they are for most folks.

Let's see if we can stack the deck in your favour this year, by using your dowsing and some common sense. Remember, all things, including emotions, events and opinions are forms of energy and we have the ability to change energy.

This information is for those who have been in class with me, watched the webinar or my DVDs. For all others, this may sound very strange.

For any meeting, party, church service, celebration or anywhere people are gathered, here is what you can do. Use your dowsing to determine if anyone is possessed or has bad spirit guides. If so, remove the negative entities and bad spirit guides.

Maybe there is someone who will be there who isn't a bad person but you just don't get along with them.

Determine the compatibility of the people with yourself and each other and make the appropriate corrections. This could be because your spirit

guides don't like each other. You can usually change that.

Check to see if anyone has excessive ego, jealousy or just likes to cause trouble and confusion. I have written on this subject before and it is still affecting people, neutralize the negative effect of the surrounding area on the event and those in attendance.

Transform all negative emotions into Love. Invite in the Spirits of Love and Happiness. If you are travelling, be sure to check for and eliminate any danger. Program yourself to be at the right place at the right time and to do and say the right thing at the right time.

Program yourself to repel all people and events that are harmful to you. If you are flying, clean up the airports and all security people. Then send them the Spirit of Kindness. Have had really good success with this.

See folks, this isn't rocket science, its just a matter of learning how to dowse and using your mind to make conditions better.

Wishing you HAPPY HOLIDAYS

Raymon

PS. A lot of folks write and ask for advice with dowsing. Examples: Why doesn't my pendulum move? Why did I get the wrong answer? How do I ask the question properly~~~and the list goes on.

I simply don't have time to answer all these questions, but you still need help. A friend is starting a service to answer questions like this. What is needed from you is a short list of some of your questions and send them to this address dowsing101@gmail.com.

And from Faye... Raymon has agreed at the request of friends to offer a wonderful weekly energy session family package and see how it goes... this is being offered by the Raymon Grace Foundation and you can read all the details at www.RaymonGraceFoundation.org/energysession.html

Society News

The December meeting was a great example of spontaneity and learning. The hall had been double booked somehow, so we set-up chairs outside in the park under a beautiful eucalyptus tree which provided shade, and a sweet feeling of peace. Everyone enjoyed the relaxed atmosphere.

Martine did an outstanding presentation on the subject of her book. You will find a review below. If Martine's presentation is any indication, then this book is a must-read if you want to contribute to your health in a very positive way (the book is available on Amazon). There was a lot of very interesting questions and comments which Martine answered brilliantly.

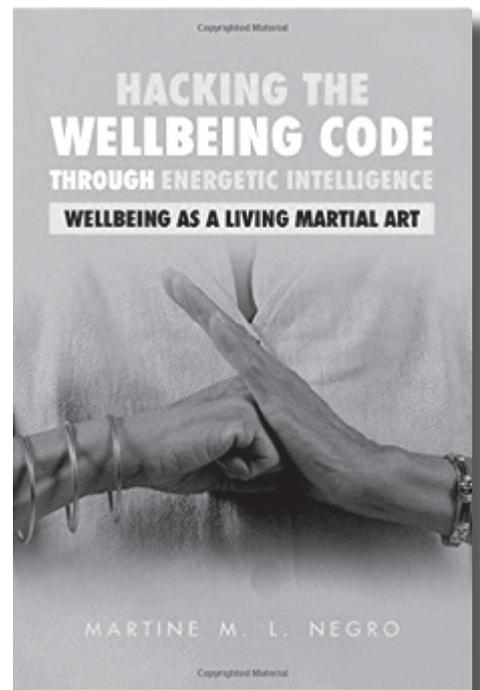
Hacking the Wellbeing Code through Energetic Intelligence

Neglecting your emotional and physical health results in easily foreseen problems: Usually, you become sick and end up being a burden to your family and community.

You can avoid this by bolstering your energetic intelligence and management. You still may need to work with practitioners, but they'll be more effective in helping you as you'll also have called on '*the doctor within*'.

Martine M. L. Negro guides you to actively craft your wellbeing and gives practical, simple, and easily applicable approaches to return to wellness through energetic intelligence. Learn how to:

- Make decisions that benefit mind, body, and spirit;
- Master three essential keys to promote excellent health;
- Take charge of your life and reclaim lost energy; and
- Build resilience and age gracefully.



Your Membership Renewal is now due.

We have started the year 2017 at a time when serious challenges to our environment, ourselves and our own survival as a species await us. How do you hold onto your own peace, how to reflect it so it also affects your environment and how do you evolve as a person?

Dowsing offers some personal solutions, and the Dowsers Society of NSW Inc. endeavours to provide training, and relevant information, via monthly presentations and newsletter articles.

You can stay tuned to Dowsing, participate in learning, as well as support the Society, by renewing your membership, either in person at the meeting, or by mail.

You can tear off and send the Membership Renewal Form, located on the other side of this page, with a cheque or money order made out to Dowsers Society of NSW Inc. However, our preferred method of payment is by bank deposits. Just make sure to mention your name on the deposit, so we know who has renewed.

Details of our account are as follows:

| | |
|---|-----------------------------|
| Account name: | Dowsers Society of NSW Inc |
| BSB: | 032 298 |
| Account number: | 173532 |
| Bank: | Westpac Banking Corporation |
| <i>Important: make sure to put your name as a reference</i> | |

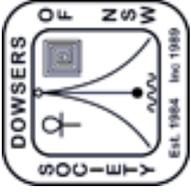
Enrol a Friend

Looking for a nice and meaningful gift for a friend?

Look no further, offer them a yearly membership to the Society. Your gift will endure as they receive 12 information packed newsletters, and will be able to attend our monthly meetings as a member.

Dowers Society of NSW Inc

Membership Renewal Form



Title: _____ First name: _____ Surname: _____

Address line 1: _____

Address line 2: _____

Suburb: _____ State: _____ Postcode: _____

Telephone: _____ Mobile: _____

Email: _____

Send form with Cheque or Money order

(do not send cash) to:

Dowers Society of NSW Inc

C/- Robyn Lee, 50 Gerard Street

Alexandria NSW 2015

- \$40.00 Renew, ordinary member
- \$35.00 Renew concession member
- \$5.00 Additional family member
- \$45.00 Enrol a friend as a gift

- See overleaf for direct Deposit option

Tear off here and mail with your payment



Library News

Book Review:

Dowsing For Health by Dr Patrick MacManaway 2001

Edited version of an Amazon review:

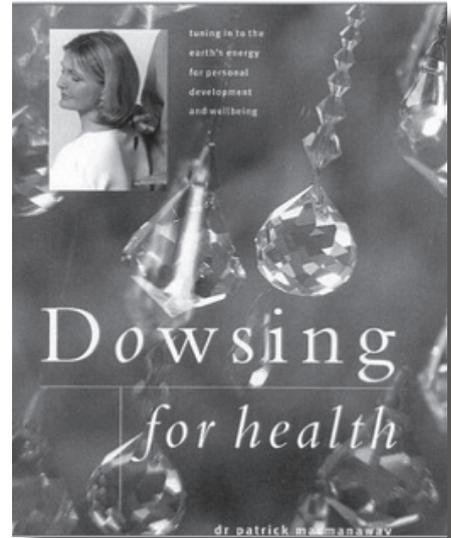
This book is for you if you are interested in dowsing especially for health issues. You will find a good base of information on how to start to dowse with a pendulum, and some sections will explain how to work with dowsing rods, especially helpful in searching for energy lines.

Included in the book are some charts, and also an explanation on how to do blind dowsing (which can be really helpful in health related topics).

The book covers a wide range of information about dowsing, but also information about the state of mind of the individual, the diet, vitamins and minerals, allergies, aromatherapy, flower essences, the life path, channelling healing energy, the subtle body and the chakras, the role of the spine, hands and feet, absent healing, earth energies and the spirit of place, and the power centres, to name a few interesting topics covered in this book.

Another reviewer noted this book taught him how to de-sensitise himself against allergens, saving him a trip to a doctor for medication. We have this book in the library, this is a large format book kept under the shelves, just ask us and we'll show it to you.

Happy New Year Everyone!



Helen

Speaker for February 19th, 2017

Jane Ruehmkorff

- Demystifying Radionics -

Since the early 1970s Jane has been on the alternative path, following her mother, who was a herbalist, dowser and healer. From Transcendental Meditation, Reiki, Crystal Healing, Colour Therapy, Reflexology, Feng Shui and years of teachings from the Rosicrucian Order, it is only a small step to Radionics and Dowsing.

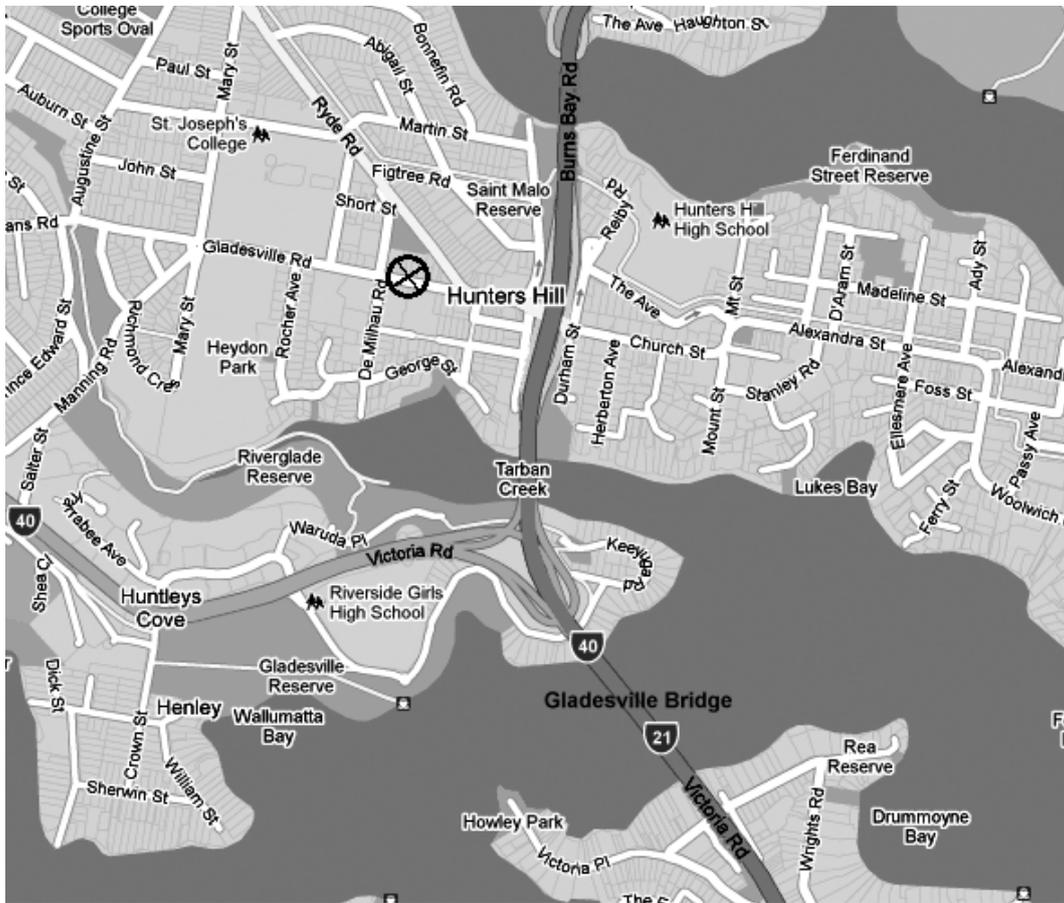


Many of our older members will remember Jane's late husband, Peter Ruehmkorff, one of our founding members and past President. Peter designed and manufactured radionic equipment for over 20 years.

Jane used to assist Peter at Dowsing and Radionics seminars all over the country, absorbing enough information about Radionics that she has been able to help two people start making Peter's radionics boxes, which are now back on the market. These boxes are used by homeopaths, naturopaths and biodynamic farmers to copy remedies at any potency, as well as to project remedies where needed.

Radionics and dowsing go very much hand in hand and Jane will be able to demonstrate how these two modalities together can be used very effectively.

Jane is committed to continuing Peter's work by assisting people to understand Radionics, and use it to promote their own and their familie's wellbeing.



Date of Meetings

Third Sunday of every month, except December (2nd Sunday)
Time: 2:00pm to 5:00 pm

Venue for Meetings

Community Hall, 44 Gladesville Road, Hunters Hill

Bus Services:

Transport Enquiries: 131 500

*From City, Central : Bus # 501 from Central to Rozelle
then Bus # 506 to Hunters Hill*

*From City, 506 bus goes from Town Hall House, Druitt St, Stand L, to
Gladesville Rd, cnr of Pitt St, Hunters Hill*

From Chatswood : Bus # 536

Please arrive at the meeting early so as not to disturb
and be seated by 2:00 pm

Website address

www.dowsingaustralia.com