

# Dowsers Society of NSW Inc.

## Newsletter

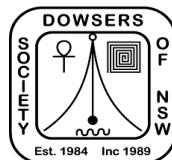
January 2012

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Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.

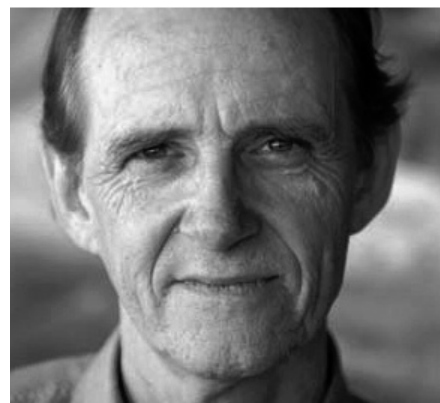


# Speaker for January 15th, 2012

- Dr Neil Hair -

## Numerology

Dr Neil Hair is the principal of The Sydney School of Numerology. Neil became deeply involved in metaphysics in the early 80's, studying Eastern Philosophy, Numerology and Astrology.



Since taking its first breath on 18th November 1984, the Dowsers Society has been reborn on two occasions. In his presentation, Neil will explore the Three Lives of the Dowsers Society.

In the 2nd part of his presentation, Neil will discuss the numerological and astrological influences of 2012 and the end of The Mayan Calendar. In 2011, the pace was relentless hurtling towards 2012, which has been widely reported as the end of the Mayan Calendar.

This aligns with numerology's view that 2012 will be a more integrating, unifying year. 2011 was more conducive to splits and divisions than to unity, a Universal Year 5, a '*new beginning*' is a distinct possibility, following the shake-up and casting aside of outmoded structures in 2011, a Universal Year 4 with a difference !

It promises to be a very exciting talk....

# From the Secretary

I could never have imagined this, but we are in the year 2012. As a child in the mid 50s, we used to listen to this science fiction radio show of people going to Mars, set in the year 2000. This was the far distant future for us kids, and we could not imagine anything beyond that.

For us now, the year 2011 was the year of the ‘challenges’, where problems not addressed before had to be dealt with, but also when seeds of growth have been planted. I am sure the year 2012 will see the roots of these seeds breaking apart old paradigms and concepts. Most likely this transformation will be slow and steady, but it will also be unstoppable.

We are the guests of this Planet Earth which provides the physical environment for our learning to take place. I have been watching some documentaries on the massive destruction of our environment going on now. I realised sadly that our planet’s health is probably much worse than we can ever guess. However if we all came together and put aside our differences, there is nothing we could not do. You know the classic statement that “*the cost of a US bomber would be enough to eradicate hunger in the whole world*”. Why aren’t we doing it? Human beings still think that they are separate, and that the benefit of one justifies the detriment of another. We need Compassion and Love to see that this is not so, and to realise that we are all connected.

The energies around the Planet have changed in a subtle but definite way, you will find on page 5 an interesting perspective on this subject. There is a saying “*An army can always be stopped, but an idea whose time has come can never be stopped*”. We are seeing that now. There are many movements around the world involved in helping to bring about consciousness change.

One example was our November presenter, Dr Ben-Zion Weiss, who spoke of the Pachamama Alliance, first presented in the book ‘*Confessions*

of an Economic Hit Man') by John Perkins. By coincidence, I was reading this book at the time. In his next book (*The Secret History of the American Empire*), the author highlights realisations by some of the people in many of the largest multinational corporations, that the old system is not sustainable. These books, which I highly recommend reading, show that attitudes are changing and that there is hope for the future. Change will come from the people who make the decisions in governments or corporations, and implementation of the new attitudes will gradually appear.

On a personal level, if you feel you need some tips in bringing changes in your own life, you will find on page 8 some suggestions for using your subconscious to bring these changes about.

Most likely we will continue to see battles between the old and the new energy in the coming year, but the balance will start to lean toward the new. I strongly feel that dowsing is, and will continue to be a crucial tool getting right answers and in finding our way out of the confusion. You will find an article on how to get more accurate answers from your dowsing on page 11.

Our survival depends on a healthy body. Growing your own food allows you to avoid all the nasty additives and pesticides found in conventional foods. On page 19 you will find how dowsing can help you in your garden.



If you do not have a garden, just get a few styrofoam boxes from the fruit shop, fill them up with soil from the garden centre, place them on your balcony or patio and plant a few lettuces, rocket, herbs etc. If you only pick a leaf of each lettuce a day, they will last you an entire season.

Until next time....

*François*

# Going Up! Ascension News

*By Carol Heywood,*

*Reprinted from The Quester, Winter Solstice 2011*

Subtlety is Our Friend....

There was certainly a lot of hubbub about the recent significant dates of October 28, 2011 and November 11, 2011. Predictions ran the gamut from the ‘*end of the world*’ to ‘*miraculous leaps in the evolution of consciousness*’ to ‘*the opening of portals to bring in new energies*’. When these dates went by without any perceptible change to most people, I started seeing postings by people who were expressing disappointment that ‘nothing’ had happened.

This reminded me of my experience with the Harmonic Convergence in 1987, that had a very similar response, such that I wrote about in my book and I quote here. Recently in a conversation with my friend Richard, he said, “*There was such a big deal made about the Harmonic Convergence and nothing happened.*”

I was deeply and genuinely flabbergasted! “*NOTHING HAPPENED!!!!???* *On the most significant day in Earth’s recent history you say nothing happened?!*” I was struck by the totally opposite perceptions of this day. The opening of my vision, and what I was able to witness on that day makes it one of the most significant days of many lifetimes for me, and the evolutionary awakening made it extremely significant in planetary history and mythology. Therefore, I was quite shocked that there could be any perception that “*nothing happened*”.

I surmise that there are lots of similar accounts by those that are sensitive to energy shifts after these recent dates. But to most, there was nothing obvious. I observed small leaps in vibration on both those dates, and that lift was available to any and all to be applied to accelerate processes already underway in each of us, and the whole. So the results are unique to each individual and subtle to the whole.

Evolutionary steps are designed to be subtle to allow for gentle integration of changes as opposed to letting it rip, literally. Evolution is a process of moving out of obsolescence and moving into adaptability. Human evolution utilizes a process that activates our DNA to attune to frequencies coming through the electromagnetic grid work, to which we are all connected.

Our DNA is programmed to respond to the vibrational lifts that occur during events like 10/28 and 11/11, and it starts sending out that new oscillation rate through our own electromagnetic grid work, and adaptation to the new frequency begins. This is why subtlety is our friend. I am sure you can imagine how invasive and aggressive this process could be without this safeguard. The gentleness designed into this is allowing us to evolve and transform in our own lifetime, and stay in harmony with our planet as her systems also respond to the newly adapted input.

Each lift in vibration gives us more access to expanded consciousness, and reveals more about our resources and how things work. Understanding Universal Law puts tools in our hands to be able to be active participants as we evolve. As opposed to the current laws of the land that are extremely complex and convoluted, Universal Law is always very simple and applies equally to all.

Our minds are so programmed with complexity that we don't always see the power of keeping things simple. For me 11/11/11 brought a simplified explanation of something I have seen and understood for sometime, but never so simply. I was instructed to live in my mind where I want to be, and energy will very literally move into that space and make that real for me. I have come across many versions of this, but this time the simplicity of it, really brought it home.

Of course, all energy moves all the time but we have not always been aware of how simple it is to move energy out of one form and into another. When our mind focuses on something that we do not want in our lives, we can create a preferred thought form and move the energy to it

instead. This again brings up the point that the subconscious mind knows no difference between our view of reality, and that which is clearly imagined. By clearly imagining my life to be as I want it to be, I am moving energy into that blueprint so it can be activated when vibrant energies come through the grid. That is how I am actively participating as we evolve.

The lift that occurred on 11/11/2011 did put us at the entrance of a new octave. It is purposely a baby step, but is significant, nonetheless. We have been lifted over the restrictive edge of the previous lower octave and have broken through into brand new territory of unlimited potential.



The small gentle steps allow us to explore this new potential without being totally blown away by its unlimited power.

The careful orchestration of evolution will continue to produce events that will result in small lifts up this octave that will facilitate welcome adaptation to these new conditions.

In the end, we will have gotten to where we want to go.

John Lennon said it so well:

*“Imagine there is no heaven  
It’s easy if you try  
No hell below us  
Above us only sky  
Imagine all the people living for today”*

# How to Use Your Subconscious to Change Your Life

*Written by Carl Staib, reprinted with permission  
from 'The Change Blog'*

*"Never go to sleep without a request to your subconscious."*  
Thomas Edison

Your subconscious loves to do work while your body performs other tasks that are easy. I can prove this very easily by asking you how many good ideas you have had while driving or in the shower. When you are relaxed yet slightly distracted, your mind is often at its best.

Using subconscious requests will...

- Improve your motivation.
- Help you become happier.
- Increase your emotional intelligence.

You'll see improvement in less than a month.

My last request was...

*"Please give me more patience when commuting to work and allow me to even enjoy my time in the car."*

Within a month I was enjoying my ride to work.

My latest request is...

*"Let's find creative ways to grow my blog."*

I took this approach because it's going to take a request to my subconscious, and action in my waking life, to make this happen. This request is only a few days old, but it's already working. Instead of just asking



people to help vote for my blog on social sites that rate articles, such as Stumble Upon and Digg, I've changed my communication. I now 'friend' someone, give a compliment (only if they are worthy) and tell them that if they ever need any help to shoot me a message. They are much more willing to help me out.

## Mindset

My mindset is changing by setting my subconscious on a certain issue. I start to see new angles that I've never seen before. This subconscious request works for personal issues as well as work related concerns.

### The 3 Step Request only takes five minutes:

#### **Step 1:**

Before you turn out the light, close your eyes and take one minute to make a request to your subconscious. It can be anything. I would start small and make it open ended. I wouldn't request to be an astronaut by the end of the month. Your subconscious is good, but not that good.

#### **Step 2:**

Take two minutes to visualize yourself actually able to do this thing. Whether it is getting the motivation to jog before work or eating a healthy snack, you must visualize yourself doing the request that you asked your subconscious.

Let's say you want to jog before work: imagine yourself getting up a few minutes earlier than usual, putting on your exercise clothes and jogging shoes, and heading out into the crisp air.

Then you start jogging, watching



the sun rise over the buildings, the birds chirping, the feel of your body, and you are feeling good.

### **Step 3:**

Take two minutes to imagine the feeling that will occur when you are able to accomplish this new thing. How do you feel when you walk back in your front door after a morning jog? Energized?

Whatever feeling you want to achieve, imagine that you have already created this emotion inside of yourself. Let it sink in, then go to sleep and let your subconscious do the rest of the work.

Your subconscious mind wants to help you improve your life; you just have to trust its vast resources and allow it to do its thing.

### Action Makes Your Request Real

You may not want to go jogging after the first subconscious request, but try to visualize yourself going through the motions the first couple of weeks. Then just start putting on your exercise gear and go for a five minute walk.

Taking these baby steps will set you up for your jogging routine. Then after a few weeks just go for it. Now that you have your emotions geared toward jogging it should spur you into action.

By allowing the emotional momentum to build, you can create motivation that will help you accomplish things that make you happier.

*The Change Blog is the creation of Peter Clemen. It is made of a collection of inspiring and insightful articles from various authors. We will reprint some of them from time to time with his permission.*

*His blog can be found at: <http://www.thechangeblog.com>*

# Getting Better Answers Through Proper Clearing

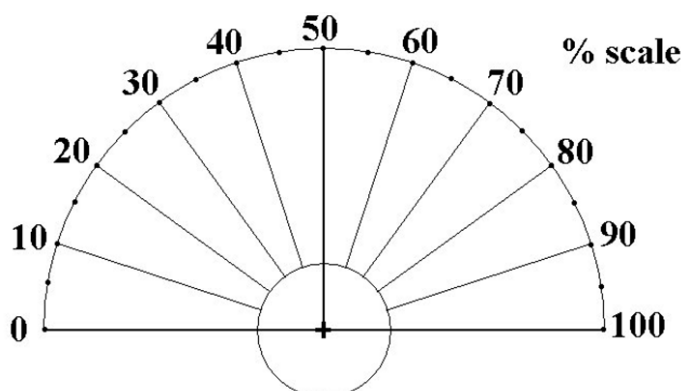
*By Robert Hirschfeld*

*Reprinted from the American Society of Dowser's Quarterly Digest  
Summer 2003*

It has been said that dowsers should have an 'impartial/independent' person to dowse for them when an emotional issue is involved. (A great article in the Fall 2002 quarterly by Don Nolan discussed 'blind dowsing,' where the dowser has no conscious knowledge of the question being asked). This article adds some additional input into the challenge that all dowsers experience in obtaining MORE correct answers.

There seems to be desire of the unconscious to validate our opinions, thoughts, and belief systems (we all have our own Truths, which change with time - what ultimately is Truth?) I have seen dowser friends who 'bought big time' into Y2k, possible natural disasters, looming prosperity, you name it, only to be disillusioned later. I, too, have learned lessons, of course. Even when we misplace or 'lose' something, our unconscious knows where it is (a safe assumption), but for whatever reason will not give us the whereabouts, maybe we are punishing ourselves, etc.

Our mind seems to have a mind of its own! How well do we really know ourselves? Another great application of Dowsing. Reverse speech or going to sleep with the question on your mind might also bring the answer you are seeking.



Remember that there are probably no techniques that will guarantee absolute accuracy. Even though total accuracy normally eludes us, we can be put on the absolute right path in almost all cases - WOW! Some tech-

niques I have used with great success would include:

1) Calm yourself and do an Invocation such as “*Infinite Spirit/God let this work be for my highest and greatest benefit, let it be your will, not my will, I invoke the light within, I am a clear and perfect channel, light and love are my guides.*” (This has a humbling effect to put you in a more receptive state). (Dale Olson)

2) Ego MUST be put aside. Give your ego ‘form’ eg. a box, etc., and put it on the shelf, visualize the box being put on the shelf (If you do not visualize easily, your INTENT should suffice). Raymon Grace uses this amazing technique for healing, give it FORM and destroy it, allowing the ‘debris’ to be released.

3) Direct to be cleared. Swing your pendulum clockwise, saying “*I now direct to be cleared of any desired or anticipated outcome from this dowse, that it be clear and truthful, etc*”. (Dowsing always said that O.J. Simpson was innocent until I did this clearing, thanks to Dr. Herbert.)

These are some ideas that should improve your dowsing, add your own.

You might dowse if this is the right time and place to dowse, and what your percentage of accuracy is at this time.

I have finally experienced a non-movement of the pendulum for a short period of time, perhaps a disturbance in the atmosphere for whatever cause.

Light and Life, Let the pendulum swing until it stops.

*Robert can be contacted at Rhirschfeld@houston.rr.com, his address is 1511 Neptune Lane, Houston TX 77062-4503*

# Memory! What is Memory?

*By John Richardson*

A friend of mine has a farm with a number of farm-stay cabins. Some friends of hers came to stay for the weekend and she said *“Here, take this cabin for your stay as it is close to our house.”*

When they were ready to leave the usual enquiry was made

*“How did you find the cabin, were you comfortable?”*

*“Oh! The cabin was fine but that little girl crying all night near the cabin was annoying.”*

*“What little girl? There is no one else staying here,”* my friend replied.

Following this I was asked if I would check the matter out. I adjusted a number of energies on the farm and in particular the cabin in question.

When I corrected the matter in relation to the little girl, I also asked for the memory of the incident to be removed in the past, present and future.

Later, the same people stayed in the same cabin and at the end of their stay the inevitable enquiry, *“How was the cabin, did that little girl keep you awake with her crying again?”*

*“What little girl? What are you talking about.”*

My friend reiterated the conversation as set out above to which her friend stated, *“I don’t know what you are talking about, I have no recollection of any such conversation!”*

What do you make of that? Not only was the distressed little girl gone from the property, but also the memory of her crying, AND the conversation about the incident between the two friends was totally deleted from the visiting person’s MEMORY.

*John is a regular contributor to the newsletter.*

*He can be contacted on (02) 6643 3813*

# Nicky, The Christmas Kitten

*Raymond Grace received this letter from a lady called Roxanne,  
forwarded by Warren Howard*

Two weeks before Xmas in 2010, on a Tuesday, I was driving down a four lane highway to go see my dad between client meetings and was going about 60 miles an hour. It had been bitter cold the 3 previous nights with below zero wind chills and snow. I was talking to someone from my office on my cell phone when I caught something out of the corner of my eye. It was simply two small eyes staring at me for a nano second and I said to the person on the phone: *"I think I just saw a small kitten, I have to go back"*.

Now this stretch of busy highway was barren, no homes, no businesses so I drove to the next exit and came back and tried to figure out what to do. You see the kitten I thought I saw was in the MIDDLE of the highway, not on the side of the road, and he was huddled up against the highway divider barrier.

So I had to park my car and get out and walk and try to figure out where I saw him, but I thought *"I am going to get killed by someone speeding by"*, but not ONE car came on my side of the highway for 5 or 6 minutes, even though they were flying by me and honking on the other side of the road!

It was as if someone had stopped the traffic for me! I ran up and down till I found this little ball of ice and road salt, and picked him up and held him in one hand. I ran back to the car and drove to my dad's and asked if he could find someone to take the kitten to any vet in the area while I was in meetings. Low and behold they found an opening at the same father and son country vet where I used to take my dog when I lived in Ohio!

So I called in later and he gave me the sad news: the kitten was severely

frost bitten and had probably been out in the cold the past 3 nights and was almost dead. He had a broken pelvic bone from either getting hit by a car or from being thrown from a car, and the frost bite was so bad underneath his body, that his bladder was just like a bowl of jelly.



It had lost all of its form and strength and elasticity from the trauma, and the vet had to catheterize the kitten to eliminate urine. He told me sadly that his pelvic bone could heal in about 2 months time, but the bladder would probably not come back, and there was no way I could bring home a kitten and catheterize it every day.

But I told him to take care of it and I would call every day, which I did. They cleaned him up and started to feed him---he was very malnourished and he started eating right away and drinking. As the days went by, they told me he was beginning to play a little, and the swelling and the blue color from the frost bite on his pads and legs was healing.

Now you know, Raymond, that my friend PJ and I were dowsing like crazy to our Spirit Guides to help this kitten live, but the bladder did not improve. So on Friday I called and asked the vet if I could drive down and see him, and he said that would be fine.

When I saw that little kitten and he saw me, he ran right into my arms and started playing with me. I sat there for a little while until the vet came in, and I said to him: *“If I asked you to do something for me that I think will help the kitten, even though you think I am crazy, would you do it?”*

And so I brought out a large bottle of the healing energized water and I

asked him to take away the water he was giving the kitten, and only use mine. Which he said he would do and I left.

I called Saturday morning and there was no change, but the vet said the kitten was drinking the water. He sadly said to me that we will need to do something by Monday if nothing changes; because if the kitten has gone this long and hasn't been able to urinate on his own, then we will be just running up an expensive vet bill and the bladder should have started working by now, if it was going to reverse the permanent damage.

He was sorry but he would have to put it to sleep. He said "*we have all fallen in love with this adorable little creature but there is nothing more to do.*"

PJ and I were feverishly asking the Spirit of the Water to heal his little bladder and were getting mixed signals---I was crying all of the time and by now we had a whole entourage of people praying for the little 'Xmas' kitten! I asked the vet to call me Sunday even though he was closed and let me know if there was any change. The call came: "*I'm sorry, no change.*"

In all of my little faith, that Sunday was the longest and saddest day for me.

On Monday around 11am, I got a call from the vet which I dreaded.

Here was the call: "*Roxanne, it's Dr. Somerville, what is in this water???? Please come and pick up your little kitten and take him home. He is peeing all over the place!*"

And that is my story of little 'Nicky', the Xmas miracle. And that kitten has completely healed and is the most loving and playful kitten you will ever want to meet.

He is the kitten with 'human eyes' and he was sent to me to confirm the miracle of the healing energized water, and to witness that to others.





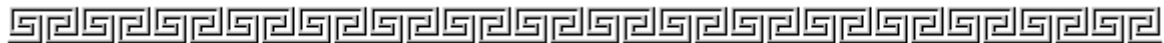
# Happy New Year



Our Wish for You in 2012

May God give you...  
For every storm, a rainbow,  
For every tear, a smile,  
For every care, a promise,  
And a blessing in each trial.  
For every problem life sends,  
A faithful friend to share,  
For every sigh, a sweet song,  
And an answer for each prayer.  
In simple words .....

May 2012 be the best year of your life!!!



## Your Membership Renewal is due now

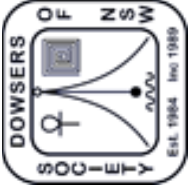
**W**e have now started the year 2012 and we are looking forward to an exciting time ahead.

**Y**our continuing support is essential to the Society. Kindly pay your membership renewal fees at the meetings, or tear off and send the Membership Renewal Form, located on the other side of this page, with a cheque or money order, made out to Dowsers Society of NSW Inc.

Note: Non financial members will not receive newsletters after March.

# Dowers Society of NSW Inc

## Membership Renewal Form



Title: \_\_\_\_\_ First name: \_\_\_\_\_ Surname: \_\_\_\_\_

Address line 1: \_\_\_\_\_

Address line 2: \_\_\_\_\_

Suburb: \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Send form with Cheque or Money order  
(do not send cash) to:

Dowers Society of NSW Inc  
C/- Brian Davie, PO Box 466  
Brighton-Le-Sands NSW 2216

- \$35.00 Ordinary member
- \$30.00 Concession member
- \$5.00 Additional family member

Tear off here and mail with your payment

# Garden Maintenance and Dowsing

*By Fiona Hopes,*

*Reprinted from the Journal of the Canadian Society of Dowsers*

*Spring 2011*

The garden, any garden, whether the Garden of Eden or a tiny window box in a city dank with air and light pollution, every garden of any sort is an ecosystem. In other words, everything is alive, and connected to everything else, including being connected to you. Everything you do, everything you don't do, every thought you think~ all have a resultant effect in the garden that can be most surprising at times. What you do in your garden has a much greater importance than is immediately obvious.

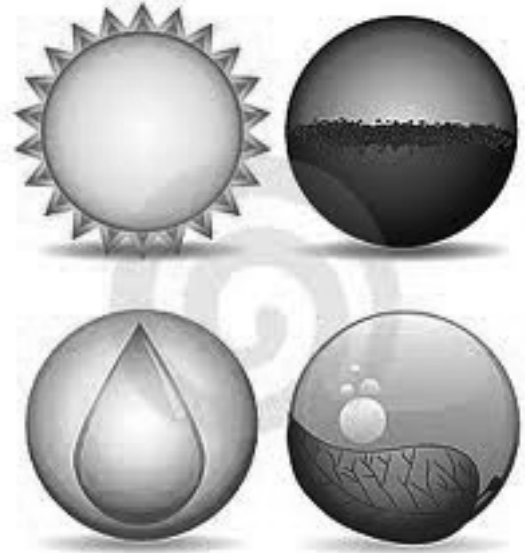
So where does dowsing fit into this larger picture? Well, dowsing is the tool that keeps you on track, helping you to make decisions that are for the highest good, not just for your plot of land or container. Dowsing is the tool that can help you to make those small day-to-day decisions that help life to flow easily, that help your garden and its ecosystem to thrive, and help to maintain the dynamic balance of the space.

Dynamic balance should be your aim in the garden. Dynamic balance occurs when the ever-changing living-ness of everything in the garden is in balance, a balance that is not static and fixed, but is continually changing.

Everything in the garden needs to be in dynamic balance to get the best out of it, and all parts of the garden are inextricably linked. A simple example is finding blackfly on your runner beans. Ants farm blackfly for the honeydew that they produce, like we farm cows for milk. To control the blackfly, you need to look for the ants. Ants need sugary foods, and can be controlled by providing them with what they need. Their climbing activities can be stopped with bands of cotton wool, with non-setting glues or petroleum jelly placed around the stems of the plants, to mention but a few remedies. The nest building and tunnelling activities of

ants can be controlled with a thick layer of organic mulch, kept suitably moist. The mulch will encourage the worms, which will aerate the soil, and improve the level of microbial activity, which will in turn encourage healthier plants that are more resistant to the depredations of the aphids.

Everything in the garden is of value and is part of the garden ecosystem, even though you may not be aware of its relevance in the dynamics of the garden community. This gives us a responsibility not to kill indiscriminately, but only to deal with things that are genuine problems rather than matters of taste and preference, and to approach them in the gentlest and least intrusive and disruptive way possible.



It helps to observe the relevance of our ‘problems’ in the garden, and see them in a proper context. For instance, slugs and snails can do an immense amount of damage in the garden, due to their predilection for fresh tender new growth. But to put them in a true context, slugs and snails are immensely useful in this world, as they clean up all sorts of decaying matter, and if it wasn’t for the slugs, we would be wading daily through heaps of rotting plant material and dog s\*\*t. They are an essential part of the garden ecosystem, particularly when you consider that they are a food source for hedgehogs.

When the ecosystem is out of balance, such as when we disturb the local energy fields with planting new plants with steel tools, then we encourage an excess of slugs and snails to redress the balance.

If we are to get the best from our gardens, we must work in partnership with nature, rather than trying to control nature, for after all, we are part of nature and the natural world, however much we choose to deny or ignore it. With the current thinking on climate change, loss of biodiver-

sity and cultural diversity, it is evident that the thinking that disconnects us from the land has landed us in serious trouble. We are all part of the same ecosystem.

To maintain dynamic balance, we need to look to nature to know what to do when, and how, so that we are mimicking nature as much as possible.

### **Timing**

Nature works in cycles, in circular time, and as human beings, we tend to think and work in linear time, creating another disconnection from the land. In nature, there is always next year; as humans, we focus on this year alone, and often, just on 'now'.

*“To everything there is a season, and a time to every purpose under heaven; A time to be born, and a time to die; a time to plant and a time to pluck up that which is planted.....”*

Nature's cycles are very clear, and with a little thought, it is easy to see how our gardening tasks fit the cycles. For instance, seed planting is most appropriate in late winter and spring, copying the action of the seeds that fell from the plants the previous season that then germinate the following year. Cutting down last year's growth is best done in the spring, copying the action of the March gales blowing away the debris of the previous year's growth after the weakening action of rain, snow and frost on the stems.

The dowsing questions to ask before doing anything would be “*do I actually need to do this?*” and “*do I need to do this now?*” remembering to state quite clearly what you are planning to do.

### **Tools**

The whole garden should be maintained with the minimum of effort for maximum effect, just as in nature, and that means using the most appropriate and efficient tools, looking after them well, and using them in the

right way. Although I do not advocate regular digging of the soil (it disturbs the dynamic balance of the soil organisms, and there is no-one out in nature who regularly digs the soil; the worms do it for you), there are times when it may be necessary to wield a spade or fork. Removing the occasional tough, deep-rooted weed, or making a hole to plant something, needs the use of the right tool.

Again, the dowsing questions could be “*do I actually need to do this?*” and “*is this the right way to do it?*” making sure that you are clear as to the task you are about to do, and how you plan to do it. Often, your body will give you the dowsing answer, making sure that the task is very hard work for a “*No*”, (it shouldn’t be hard work), that it takes a long time (it shouldn’t take a long time) or that it costs a lot of money. Time, effort and money are interchangeable forms of energy, and nature never wastes anything, especially not energy. So always check the energy flows within your body and out of your pocket to ascertain whether you should be doing a task in a particular way, or whether you should be doing it at all.

### **Attitude**

Gardens, plants, soils, tasks, everything in the garden responds to thought. A task started with a song in the heart is a task already half finished. Working a garden with love, care and attention yields amazing results. Never be afraid to talk to your plants, to praise them for their efforts, and appreciate all that they have to give. Plants are sentient beings, and appreciate the acknowledgement. Always ask your plants for permission

before doing anything to them, and thank them for what they do, whether it is to flower, to produce food, or just to fulfill some other man-made desire.



Before moving a plant, always tell it what you are doing, and why, as well as digging the right size hole, and removing the plant with as large a root ball as possible. The plant will generally cooperate if approached in this gentle way,

and will release its hold on the soil in preparation to a quick reestablishment in its new location.

Tasks undertaken with resentment, done aggressively, with the wrong tools, at the wrong time, bode only for disaster. The work is done badly and in poor heart, and always creates further work to rectify that which was done with bad spirit. The dowsing questions are, yet again, “*do I need to do this?*” “*do I need to do this now?*” and “*will my actions benefit the plant? benefit my garden? benefit me?*” Maybe you could add “*is there a better way to do this?*”

I started with the intention to write this article about how you can use dowsing to help you look after your garden. Dowsing is an inner knowing, often demonstrated with the use of tools like dowsing rods, pendulums and the like. This article has become one on inner knowing, on observation of nature, using your mind to think and understand what you see, and how to take this knowledge into your heart and your inner knowing to work in harmony with the natural world to create your own Garden of Eden.

All life happens through a state of dynamic balance, constantly growing and changing. We are also constantly growing and changing, too, and need to see the outer world of nature as a reflection of our own inner world. When we manipulate and abuse our outer world, we are manipulating and abusing ourselves. When we work and live in harmony with the outer world, we are living with respect and love for ourselves.

There is no difference between ‘out there’ and ‘in here’. One way to learn to love ourselves, to grow and develop in understanding and peace, is to garden in harmony with nature, working with nature’s own patterns and rhythms.

*“I am part of all I see  
All I see is part of me  
And where I am, is where I be”*

# The Gift

Nine times out of ten, if you focus exclusively  
on what is happening in the present moment,  
you will find that you are safe, warm, comfortable, well fed  
– in fact, you have a welter of things  
to be appreciative about.

Start focusing on all the normally unnoticed  
good things around you and vump!  
you've landed yourself unwittingly in one of the  
most powerful emotions we have available to us  
here in 3D: Thankfulness.

In my view, Thankfulness and the Now are two sides of a coin;  
it is hard for me to conceive of the one without the other.

I have found these rose-tinted spectacles  
– Thankfulness –  
to be an easy habit to get into.

Keep them pinned to your nose throughout the day,  
and watch how they cast their enlivening glow  
onto everything around you.  
Indeed, longing for 'soon' to arrive  
fades quickly  
into the background,  
because you're so caught up in the glow of 'the Present',  
and whenever 'soon' gets around to showing up  
is fine by you.

Now is called the Present, because it is a Gift.

*Author unknown*



# Speaker for February 19th, 2012

- Robert Gourlay -

## Connections with the Energy Fields

Rob Gourlay is the Managing Director of Environmental Research and Information Consortium Pty Ltd (ERIC), and a principal environmental scientist specialising in resource assessment and management.

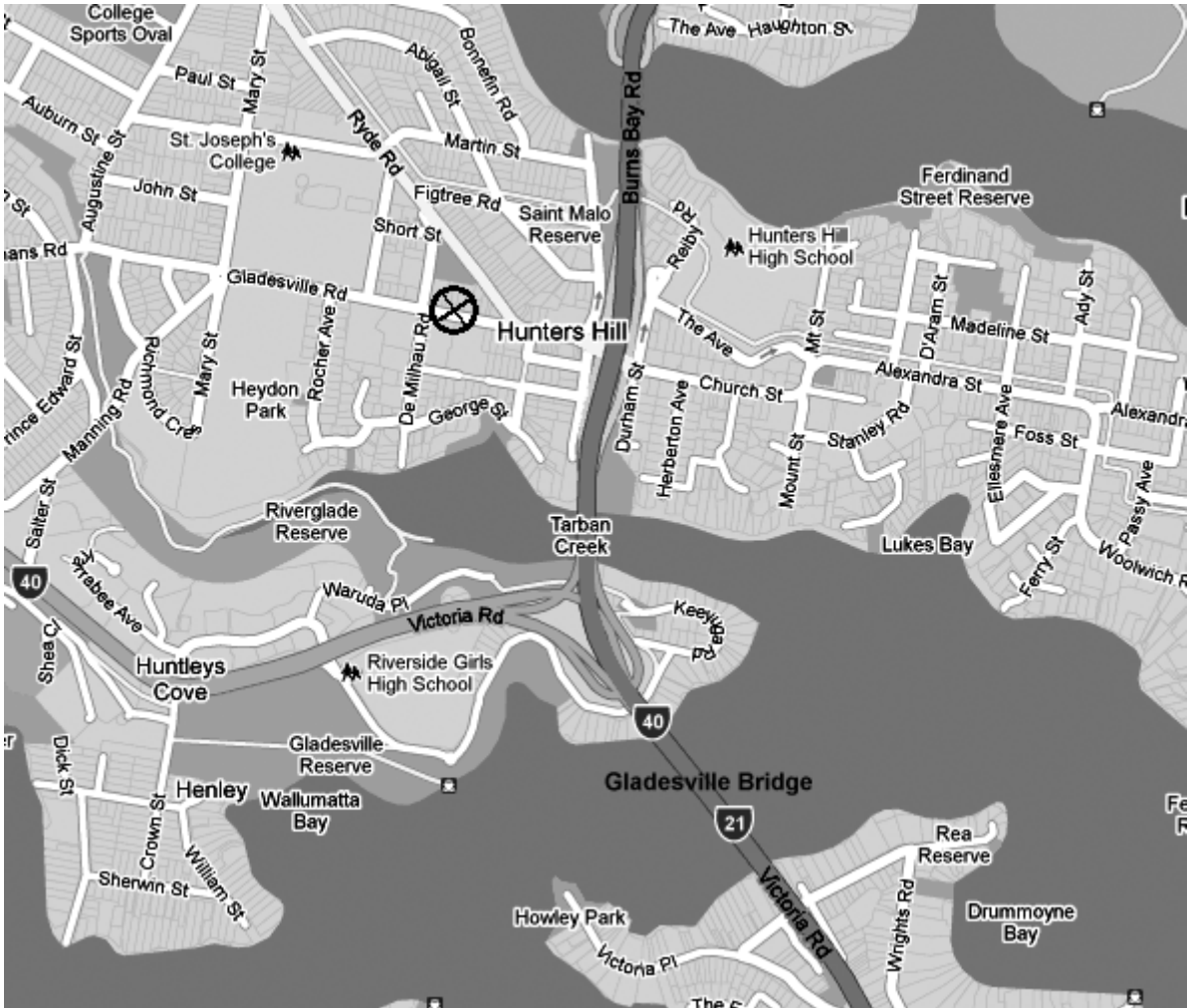


The focus of the presentation will be on showing evidence of subtle energy in all forms of matter, including life and how these subtle energies are fundamental to the design (geometry) of matter and the wellbeing of all lifeforms.

A knowledge of subtle energy is critical to understanding the interface between humans and other lifeforms (ie. microbes) and matter, and ultimately human health and spiritual experiences.

The challenge for science is to be able to measure subtle energy and show the relationship between coherent energy flow (balance) and wellbeing.

Once subtle energy is routinely measured by humans they will know what factors (eg. water, food, medicines, chemicals, etc.) cause coherence or incoherence in the human or animal body and therefore influence wellbeing.



### **Date of Meetings**

Third Sunday of every month, except December (2nd Sunday)

Time: 2:00pm to 5:00 pm

### **Venue for Meetings**

Community Hall, 44 Gladesville Road, Hunters Hill

### **Bus Services:**

Transport Enquiries: 131 500

*From City, Central : Bus # 501 from Central to Rozelle  
then Bus # 506 to Hunters Hill*

*From City, Circular Quay : Bus # 506*

*From Chatswood : Bus # 536*

Please arrive at the meeting early so as not to disturb  
and be seated by 2:00 pm