

# Dowsers Society of NSW Inc.

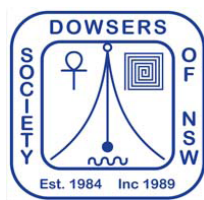
## Newsletter

February 2022

Vol 34 Issue 2

### Table of Contents

2	February 20th, 2022 - Anne Morjanoff
3	From the Editor
4	Why Does Distant Energy Healing Work?
6	Enhancing the Biofield, Counteracting 5G
9	Improving the Dowsing Reaction
10	Plumber's Helper
14	Notice of 2022 Annual General Meeting
16	Might as Well Dance
17	A Powerful Healing Combination
19	The Three Second Stress Buster
22	Blue Mountain Dowsers News
24	Membership Renewal Form
25	Library News
26	March 20th, 2022 - Kevin Parker



Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.

# Speaker for February 20th, 2022

Anne Morjanoff

## - Numerology and the Way Forward -

Here we are again lining up more 2's after the grounding effect we've experienced since 2020.

We've seen a changing vista throughout 2021, with the media kept busy on many fronts. There have been abundant mixed messages, with copious opinions touted about a myriad of subjects that have affected our living conditions.



Now we're approaching an uncertain 2022. In early 2022, with interesting planetary configurations, the big question is: "*Will the lineup of 2's this year be any different from 2020?*" Encouragingly, conditions can be interpreted differently from 2020, despite the overwhelming effect of the many restrictions we've endured.

Two years on, Anne will look at the likely connections about to unfold during this adjustment period. She will note specific phases to observe as we embark on the next segment of this particular timing cycle. If participants are interested, she could incorporate a brief reference to their personal timing.

Anne has been keenly aware of the influence of numbers for decades. Her intuitive understanding and insights from studies of number symbolism, especially synchronicity, have proffered a significant level of reassurance and clarity.

# From the Editor

As of this writing, we are planning to have a face to face meeting at Hunters Hill on February 20th. Hopefully the situation will not deteriorate any further. If it does we will do a Zoom meeting instead, and our members will be advised via email as usual.

What a time for us all, and our Society! We have managed to keep the Society engaged, thanks to the commitment of the dedicated and vibrant dowsers who make up our membership and those engaged in our Committee.

With the coming March AGM, we are calling on members to consider joining our Committee to help build a positive future for our Society, which is turning 38 years young this year, and continue our teaching, learning and sharing for the common good.

I have included a Nomination Form on page 14. If you are able to help as a committee member or know someone who can, please use that form to let Robyn, our secretary, know. (Robyn's address is on page 27). Hopefully we will get a good response. As you know, many hands make light work.

After the turbulent year 2021, I think it is time to take a break, relax and focus on enjoying life again, see '*Might as Well Dance*' on page 16, and the '*Three Second Stress Buster*' on page 19.

I hope that you are enjoying the newsletters. I try to select a mix of articles with focus on improving ourselves and experiencing a betterment in our lives, via dowsing and reading inspiring articles (*Inspire from the Latin inspirare* ("to breathe or blow into")).

When I do implement these advices and suggestions myself, I know I am working towards becoming a better person. When I will get to the '*end of the road*', I will be taking that goodness with me and leaving behind a changed world. As a result of our intent and good thoughts, the energetic aspects that were in place when we '*came in*', will be enhanced.

Until next time,

*François*

# Why Does Distant Energy Healing Work?

*By Michael Mohoric*

*Reprinted from the Ozark Research Institute, Winter 2021*

**D**istant energy healing, also known as remote healing and absent healing has been practiced by healers in the Far East for centuries. In recent modern times many modalities of distant healing are being recognized and practiced in the West. More and more people are turning to alternative healing therapies such as distant energy healing to enhance their health and well-being.

Distant healing and energy healing therapy is being clinically studied in the West by places such as the California Pacific Medical Center in Northern California. China has done many scientific studies on the effectiveness of qigong distance healing by qigong healers.

One strict double-blind study on almost 400 patients by cardiologist Robert Bryd determined that people who were prayed for had better outcomes than those who were not. The field of Quantum Physics may provide some answers why remote healing works.

In the early 1980's a team of scientists at the University of Paris led by Alain Aspect made an incredible discovery that may be one of the most important discoveries in modern science. They found that under certain circumstances some subatomic particles were able to communicate instantaneously with each other no matter how far apart they were from each other. It didn't matter if they were millions of miles apart.

In other research in 1997 Nicolas Gisin duplicated these findings and concluded that some particles appeared to be communicating at the mind-boggling speed of 20,000 times the speed of light.

These conclusions may give clues as to why distance healing works. Well-known quantum physicist David Bohm concluded the reasons why sub-

atomic particles can stay in contact with each other, despite vast distances, is not because they are transmitting some unknown signal back and forth but because the separateness of the particles is an illusion.

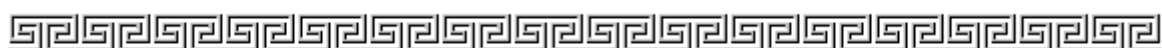
Bohm surmises that at a deeper level of reality the particles are not individual entities, but are extensions of the same fundamental something, and everything in the universe is infinitely interconnected.



Some scientists are now recognizing what mystics from many traditions have said for millennium, that we are all connected and that we are not separate.

Distant healing energy can get transferred over long distances because we are all connected. It doesn't make any difference if the one transmitting the energy is in a different state or country than the recipient.

*Michael Mohoric specializes in distant energy healing and is the past Secretary of the International Tibetan Qigong Association. He found he had a gift for distant energy healing after recovering from a serious spinal cord injury. For information: <http://www.qigongenergyhealing.com>*



## Quotes

Only when the last tree has been cut,  
The last fish been caught and the last stream poisoned,  
Will we realise that we cannot eat money.

*- North American proverb*

# Enhancing the Biofield, Counteracting 5G

*By Jayme Westrom*

*Reprinted from the American Society of Dowzers, August 2021*

After 10 years as a Montessori teacher, I became curious about the many environmental factors that were hindering my students. They were presenting with chronic conditions that have become all too common in just the past two decades.

Behaviours like hyperactivity, lack of focus, emotional irregularities, aggression, anxiety, vision issues and more. I returned to school to begin studying natural solutions to reverse chronic disturbances in the human body. I began with holistic nutrition which seemed to be the most obvious place to start.



From there my studies led me to Yoga, Tai Chi, Qi Gong, Reiki, detoxification, homoeopathy, radionics, electroacupuncture, Quantum K, colour therapy, frequency studies, sound healing and more.

By a stroke of luck, I learned Quantum Reflex Analysis through Premier Research Labs, a nutraceutical company in Texas. This method utilized Bi-Digital O-Ring Testing or B.D.O.R.T, a subtle energy detection system discovered by Dr. Yoshiaki Omura that simply uses one's hands to create a circuit which can be used as a body dowsing tool.

I was able to help people discover what supplements were best suited for them, find and clear emotional traumas, discover and restore interference patterns in the biofield of the body, test for food sensitivities and discover and remediate depolarizing energetics within a home including electromagnetic fields, Hartman and Curry lines, rebar depolarization, water disturbances and sha-chi, or fast-moving energy imbalances.

As many of you reading this can relate to, having a resume like this means that most people think that you are either a lunatic or that you are speaking some foreign language. As you grin ear to ear and excitedly tell your friends and family the latest mind-blowing energy discovery you've come across, explain what a light beam generator does, or attempt to demonstrate the depolarizing effects large windows have on one's biofield, you are met with blank stares, glazed eyes, and if you're lucky, a nod and a smile.

It was just after one of these moments that I realized that most of what I do employs dowsing. I use different terminology, but it's essentially the same principle.

About 12 years ago, I spent a cold winter in Walden, VT, and I frequently passed a road sign for The American Society of Dowsters. The moment it dawned on me that what I was doing was a type of dowsing, I looked to see if there was a local ASD chapter near me. Surely my kind of people would be there. What a wonderful discovery! Not only were there incredible people that I could relate to and share ideas with, but there was also an entire library of books and articles and lectures on subjects that were interesting to me and would help me grow and improve my skill set.

Fast forward a few years to 2020. I was given the task of creating a wearable device to protect 45 employees of a company from the effects of 5G and electromagnetic fields. I had tested dozens of these devices that my clients would bring in to show me. (Maybe one out of ten would improve a person's energy field.) Excited about this challenge, I set off to sift through the rolodex of energy tools in my head.

The design came to me almost instantly. I used a combination of metallurgy, sacred geometry, and quantum harmonics to achieve the desired effect and created



what I call a Biofield Resonator™. The harmonics were specifically chosen for divine protection, love, enhancing the immune system and blocking man-made frequencies.

What's fascinating to me is that the only way I was able to prove to myself (and my client) the effectiveness of this new tool was through dowsing. Dowsing allowed me to show the client that the energy field at acupuncture points in the body became strong where they had previously been weak.

The biofield of the client could be seen to increase dramatically when the device was in his/her pocket. And my favourite part is that dowsing revealed that the Biofield Resonator™ seems to enhance the human biofield even more when one is in the presence of an electromagnetic field, such as an electrical transformer or a cell phone.



Many people report deeper sleep, needing less sleep, having dreams again, more energy during the day, less anxiety, and a feeling of protection.

I really can't say scientifically how this works. My best guess is that something in the quantum field changes, possibly the rotation of molecules changes from a right rotation to a left rotation. If you might be interested in a Biofield Resonator™ for yourself, I invite you to take out your pendulum or your dowsing rods, or just your intuition, and ask if having one might benefit your energy field. If the answer is "Yes", you can order one through ASD, and your purchase will help to support the preservation of this beautiful artform we call dowsing.

*Rev. Jayme Westrom, M.Ed, RMT, RYT - Wellness Educator, QRA Practitioner CEO of Biofield Expert, LLC; Jayme earned a Master's Degree in Education from Goucher College.*  
*[www.BiofieldExpert.com](http://www.BiofieldExpert.com)*



# Improving the Dowsing Reaction

*By William A. Broadley*

*Reprinted from the American Society of Dowsers, May 1977*

**W**e know that a new dowser who practices his art, increases and improves his ability. His dowsing sense sharpens. In what ways can we help him?

When Trustee Ed Jastran set up the electro-encephalograph experiment it was discovered that, at the instant of asking the dowsing question, the brain wave pattern of the dowser went from the normal awake Beta level of 21 cycles per second to the REM sleep Alpha level of 14 cycles per second for one second, then reverted back to the Beta level. This phenomenon repeated itself during dozens of trials on two different occasions.

Let us tie this to the information that was given us by Father Stephen Barham in his talk at the convention at Danville last fall. In that talk Father Barham told us that the Beta brain wave comes from the left hemisphere of the brain. When the Alpha pattern appears, the right hemisphere is being activated.

It is generally known that the left hemisphere of the brain governs the right side of the body and that the right hemisphere of the brain governs the left side. As most people are right-handed, the left side of the brain is more developed. To develop the right side of the brain we need to do more things with the left hand.

As we now know that one must be operating at the Alpha level to dowse, and that the Alpha level is associated with the right hemisphere of the brain, shouldn't it help all dowsers who are trying to improve their skill if they practiced to become more ambidextrous?

# Plumber's Helper

*By Sharon Mahany*

*Reprinted from the American Dowsers, Autumn 2021*

Sometimes I get caught up in life and forget that I'm a dowser. This was the case when I found myself with a water problem a few years back. The city report of my household water usage was very high. The meter was constantly spinning, whether we used water or not. I called to have the city inspect the issue.



The workman checked the water pressure between the street and my property. If this were the location of the problem, it would be repaired by the city at the city's cost. He found nothing amiss. Then he checked the meter, establishing that responsibility would be mine. The water meter dial spun as if it were in full use, yet no washer, shower, toilet or pool were being used. Everything was off, yet the meter was spinning like a ballerina.

The city worker left with unresolved issues in my hands. I was notified that the fix was my responsibility, and it must be addressed, or it could affect the city's section of pipe and other users, and I would be at fault. I realized that to get a plumber to dig and replace the pipe would cost upwards of \$100/hour.

The plumber I called suggested that I get someone to dig up the lawn to look for the leak, then bring in the plumber when I could identify the exact section of pipe in need of repair or replacement. He said that when digging near the leak, the water would flush upward and "you'll know you've reached the spot." But the hole will also fill with water and make exact identification difficult. I said I would call him back to schedule a

date after I had a plan of action.

It was then I thought the situation would benefit from dowsing. So, I got out a pair of L-rods I had made from coat hangers. I slowly and intently walked the line from the street to the faucet with the L-rods pointed like six-shooters. I set my mind blank with no extraneous thoughts, then added the image of water escaping from a pipe. I directed the rods to point to the exact spot where water was leaking.

I dowsed west to east, walking along the grass. I then walked the strip from east to west with L-rods in front, sensing any variation in the rod. The path took me along a 20-foot strip beginning with the metal plate the city man said was not the problem, up twelve feet of turf, under a six-foot square bush, and under aggregate walkway ending at the valve and faucet.

I hoped the leak was not under the bush. This six-foot high shrub had been there over 20 years and would be a bear to pull out. Its roots could be intertwined with the pipe, seeking water. That bush could be a contender. I didn't want to have to jackhammer out the walkway, remove cement and dig under the faucet and pipework near the electrical and water meters.

Paying a plumber to dig the entire length of the trench was not an option. Nor did I have anyone at my disposal to dig. It seemed my best option was to quickly determine the source of the leak before it flooded the area. I realized that it was probably plugged-in partly by the pressure of surrounding dirt, and once that dirt was removed, water from the weak point might gush out and release a muddy mess, making it tough to identify the exact source of the leak.

The city man was certain of the line. It went from the street grate he had removed directly to the faucet. That was not in question. It was the intersecting point where we would find the leak that I was dowsing. As I dowsed the strip, I kept reaching a stopping point along the grass about

three feet before I came to the bush. My wires crossed from both directions in this same spot. I also felt a nudge in my gut telling me to stop here. No need to go on. I marked this spot with a small orange flag.

When the plumber arrived, he asked where he should start. I pointed, "How about we start here," indicating the flag. "*That's as good a place as any,*" he said. And we agreed he would dig beginning at that spot and dig toward the bush. Once he started, he reminded me that I would be wasting my money if he dug for hours without coming across the leak. There was a chance the leak could be behind him towards the grate.

Within five minutes he had dug six inches down. His hole slowly began to fill with water. He found the bottom of the horizontal pipe. It got wetter as he exposed more of the vertical joint where the two pipes came together. He found the leak to be coming from the bottom of this larger vertical pipe where the smaller pipe met and led towards the faucet.

The plumber was able to identify the exact spot where the joint failed and wrapped tape around the pipe to keep it from becoming a mud pool while he tended to the digging to completely expose all pipes involved. The plumber inserted a pipe, cut a pipe out, replaced it with a new section and glued it into place. He said to let it dry and try the water in a couple of days.

I was happy I remembered to explore with dowsing. I had not heard of dowsing for a leak--ley lines, geopathic stress, water veins, body health - yes. I suppose anything you INTEND to dowse for is doable.

I told Sharry Hope about my leaky pipe incident and she told me that a few hours later she got a call from a friend who asked her to check out her property for a potential leaking pipe. The woman owned a well and was noticing a lack of water pressure. She had called a plumber, but he suggested because he charges plumber's prices for digging and searching that she have the digging done in advance.

That sounded familiar and led to a question: Should dowers be charging plumber's prices, too? Sharry took up the job. She began by dowsing the site. She was involved with the original well drill, so she knew the area well. She envisioned the area from an above-view perspective and began dowsing for excess water. The pipes to the well appeared normal to her. There was no indication of a disturbance.

Flow levels were appropriate. Sharry dowsed the household plumbing. Her L-rods crossed at a point near the water filter. She got yet another point where flow numbers were lower.

Sharry's son, Dan Hope, physically checked for leaky pipes in the basement but the leaks were minimal, a few drops per minute. Sharry used her chart and pendulum to determine the flow of the water in gallons per minute (GPM) before it entered the water filter.

She then checked the GPM flow after the water exited the filter. There was a dramatic decrease with a result of less than one GPM flow rate. The solution was that the plumber had to replace the filter.



We have heard about a plunger used to relieve pressure from toilet clogs. We call it a plumber's helper. But perhaps we reconsider and call a dower a plumber's helper or maybe a plumbers' helper for leaking pipes.

Dowsing has proven effective in household emergencies and a recommended prerequisite to the standard call to the plumber. Dower, Doodlebugger, Diviner, Plumbers' Helper.

*Sharon Mahany, a Sierra Dower member in Sacramento, is working as a Substitute School Teacher and Life Coach. She works with modalities of Dowsing, Reiki, Earthing.*

# Dowers Society of NSW Inc.

Registration No Y0791414

Secretary: 50 Gerard Street, ALEXANDRIA NSW 2015

## NOTICE OF 2022 ANNUAL GENERAL MEETING

In accordance with Rules 22 & 23 of the Constitution, the Annual General Meeting for the 2022 Financial Year is hereby called to take place before the General Meeting on Sunday 20th March 2022.

### NOMINATIONS FOR OFFICE BEARERS FOR 2022

In accordance with Rule 14, nominations of candidates for the election of Office Bearers are hereby called. Nominations shall be of Financial Members and in writing, signed by two Financial Members of the Society, accompanied by the written consent of the candidates (which may be endorsed on the form of the nomination) and shall be delivered to the Secretary of the Society **not less than seven days before the date fixed for the Annual General Meeting** or any adjournment of that meeting.

I \_\_\_\_\_ of \_\_\_\_\_ (address) \_\_\_\_\_ (postcode)  
(full name) and

I \_\_\_\_\_ of \_\_\_\_\_ (address) \_\_\_\_\_ (postcode)  
(full name)

being Financial Members of the Dowers Society of NSW Inc. hereby nominate

I \_\_\_\_\_ of \_\_\_\_\_ (full name) \_\_\_\_\_ (address) \_\_\_\_\_ (postcode)

Also being a Financial Member, for the position of \_\_\_\_\_

Acceptance Signature of Nominee \_\_\_\_\_

Notes:

1. As per Rule 13, each council member being proposed must have been **an active member for at least six (6) months prior to their election**. Further, the President being proposed shall have served at least one (1) year as a member of council prior to their election. Each member of the council is eligible for re-election. The President is not eligible for re-election as President if they have served three (3) consecutive years in office prior to this election.
2. Members non-financial at the AGM will not have any voting rights and after the AGM will not receive further copies of the newsletter.

The Secretary

Robyn Lee

# Might as Well Dance

*Author unknown*

I'm reading more and dusting less.

I'm sitting in the yard and admiring the view without fussing about the weeds in the garden.

I'm spending more time with my family and friends and less time working. Whenever possible, life should be a pattern of experiences to savour not to endure. I'm trying to recognize these moments now and cherish them.



I'm not 'saving' anything; we use our good china and crystal for every special event such as losing a pound, getting the sink unstopped or the first Amaryllis blossom.

I wear my good blazer to the market. My theory is if I look prosperous, I can shell out \$28.49 for one small bag of groceries.

I'm not saving my good perfume for special parties, but wearing it for clerks in the hardware store and tellers at the bank. 'Someday' and 'one of these days' are losing their grip on my vocabulary; if it's worth seeing or hearing or doing, I want to see and hear and do it now.

I'm not sure what others would've done, had they known they wouldn't be here for the tomorrow that we all take for granted. I think they would have called family members and a few close friends. They might have called a few former friends to apologize and mend fences for past squabbles.

I like to think they would have gone out for a Chinese dinner or for

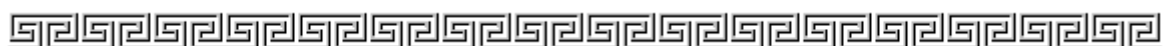


whatever their favourite food was. I'm guessing. I'll never know.

It's those little things left undone that would make me angry if I knew my hours were limited. Angry because I hadn't written certain letters that I intended to write one of these days. Angry and sorry that I didn't tell my husband/wife and parents often enough how much I truly love them.

I'm trying very hard not to put off, hold back, or save anything that would add laughter and lustre to our lives. And every morning when I open my eyes, I tell myself that it is special. Every day, every minute, every breath truly is a gift from God.

I don't believe in miracles. I rely on them. Life may not be the party we hoped for, but while we are here we might as well dance.



## A Powerful Healing Combination

*By Joe Martino*

*Reprinted in part from <https://www.collective-evolution.com/>*

In an age where cancer rates are rising incredibly fast, and immune systems are getting pounded, the need for alternative treatments is becoming even more prominent. Research is being put into a number of different avenues with one supporting Dr. Marty Pagel, PhD, from the University of Arizona Cancer Centre, who will test the effects of sodium bicarbonate (baking soda) on breast cancer patients. He is receiving a \$2 million grant from the National Institutes of Health (NIH) to fund and perform the study.

An important note to understand right off the top – any treatment will react differently in various patients and also to various types of ailments. Traditional methods can work well on some cancers and terribly on others. The same can be said for various natural cures. On top of this fact,

the state of the human body receiving treatment with either method also plays a big role. Do they have access to clean organic food? Clean water?

Do they believe and feel they can overcome their disease? These are all important factors with any treatment.



A number of studies in the past have shown interesting in vivo results surrounding the use of sodium bi-carbonate on cancer tumours. While research is not fully complete on the matter, early results are already showing some powerful effects of tumour metastasis. This of course encourages funding for further research as early signs are looking good.

Dr. Robert J. Gillies and his colleagues have already demonstrated the effectiveness of baking soda in alkalinizing the area around tumours in mice. The same researchers found that bicarbonate increases tumour pH and also inhibits spontaneous metastases in mice with breast cancer.

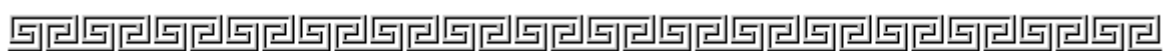
Lemon has shown to contain anti-carcinogenic properties as it contains limonoids which are phytochemicals found in a number of citrus fruits. Lemon also has been shown to have strong anti-microbial effects which has been tested in research exploring the idea that cancer is very much like a fungus within the body. When treating cancer as a fungus, various methods can be used and some have found that lemon and bicarbonate can help fight that fungus.

Lemons are also effective in helping the body detoxify. They are rich in vitamin C and help your body neutralize cell-damaging free radicals. Limonene, a substance found in lemons also helps to stimulate lymph flow which is important in removing carcinogens from the body. A weak or under-performing lymph system is a big part of disease promotion.

Lemon is also used to help balance Ph. Lemon and baking soda are taken together as it is believed that lemon is one of the safest ways to introduce high alkaline substances into the system. These methods of treatment are able to approach carcinogenic cells and destroy them without destroying healthy cells. This is another key factor as chemotherapy destroys all cells which includes the healthy ones.

Together lemon and baking soda help to fight cancerous cells or diseases in the body while helping to increase the body's ability to clean itself up of what may be causing the diseases in the first place. Having lemon as a part of your diet is certainly healthy and taking this combination as a detox can also be helpful even if you don't have an illness.

One method I have found for introducing this into your body as a drink is to mix 1/2 a teaspoon of baking soda into 250ml of water with about 1 half of a lemon. Please check into more recipes that might work for you. I have personally taken this mixture if I ever had stomach issues or was feeling like I might be getting sick. It has been very successful each time I've used it. Of course, always do your own research and check with a health professional if you wish.



## The Three Second Stress Buster

By Alan Handelsman

American Society of Dowsers, Autumn 2018

The ABRA breath may be the quickest and easiest stress reliever there is. It is certainly the easiest breathing exercise I know. It can help you with your dowsing, with feeling less stressed, and in other ways every day. The name is an acronym for '*Alan's Breathing Regulation Activator*.' You can also think of ABRA as the beginning of abracadabra, because the breathing technique is the first step to the magic of de-stressing in seconds.

## **ABRA Breath, Step by Step**

The first thing to do is something you do all day every day without effort, without even thinking about it. But as soon as I ask you to do it, you won't be able to.

The first step: Breathe normally... See? Now that you are thinking about it, you cannot breathe normally anymore. When you think about an activity that you usually do unconsciously, the activity isn't normal any more.



If you simply do the best you can, you will be able to make the ABRA breath work.

Then: As you exhale one of your normal breaths, at the very moment when you are ready to inhale again, breathe out a little more air instead. Don't breathe all of it out, just push out a little bit more air.

Do you notice how much air was left that you weren't going to exhale? That's a part of the breath that we never get to. Did you also notice that when you let go (or pushed) a little bit more air out before inhaling, that your body relaxed and felt more settled, quieter?

That is the ABRA breath! It is as simple as just letting go of a little bit more air than you took in, a little bit more air than you usually do. It is easy and powerful, and works on the physical, emotional, and spiritual level.

## **The ABRA Breath at Work**

Do this right now: take a full breath and hold it. Assuming that you could get the air you need to live, is this a comfortable place for your body to be? Probably not. Now if you exhale, and hold that position, imagine that you have air to live on, and notice that you are more comfortable.

Most people, when asked to “*take a deep breath and relax,*” usually just take a big breath in, instead of the ABRA breath. This is exactly the opposite of what's needed. Then they will say, “*I tried that relaxation technique, and it didn't work for me.*” All they need to do is breathe out with the ABRA breath!

### **The ABRA Breath is a Natural Way to Relax**

The term ‘*Nirvana*’ brings ideas of heaven, or peace to most people who know the term. But the literal translation is ‘*blow out.*’ Instead of describing a state of consciousness, the word ‘*Nirvana*’ is telling us how to get there!

If you were to suddenly notice a tiger nearby, you would naturally take a quick, forceful breath in. If you realize that what you see is just a picture of a tiger, you'd let out a big sigh of relief, maybe along with a “*Whew!*” sound. Breathing in sets up a fear response, sending a signal to the body, “*Uh-oh!*” Breathing out sets up a relaxation response. It sends the signal that everything is okay.

So when you want to relax, breathe out a little more than you just breathed in. If you want to meditate, do self-hypnosis, or enter a dowsing state, two or three ABRA breaths will immediately take you to a meditative/self-hypnotic/relaxed/dowsing state.

### **Try it for Yourself**

ABRA breath comes in handy in many situations. If you are getting a vaccination at the doctor's office, try breathing out when you get it. See if the needle hurts less. It seems counter intuitive; most of us suck in air and hold our breath when we brace for the pain.

Alan Handelsman discovered a quicker way of putting people to sleep with less heavy lifting - hypnotherapy. He now helps people who are stuck or stressed perform better while enjoying it more.

More details at : <http://sourcehypnosis.com> or [alan@sourcehypnosis.com](mailto:alan@sourcehypnosis.com)

# Blue Mountains Dowzers News

The next meeting of the Blue Mountains Dowzers is scheduled for Sunday 6th of March, 2022, 2:00 pm at the Lawson Mid Mountains Neighbourhood Centre, 9 New Street, Lawson.

## Core Shamanic Practice

- With Kevin Parker -

The principles of Core Shamanism are not bound to any specific cultural group or perspective. Since the West overwhelmingly lost its shamanic knowledge centuries ago due to religious oppression, Core Shamanism is intended for Westerners to reacquire access to their rightful spiritual heritage.



Kevin Parker will discuss contemporary Core Shamanic Practice, and how it might assist in personal and planetary healing, and as an aid for unfurling our evolutionary consciousness. Please bring an eye mask or scarf, as if time permits, Kevin will conduct a group shamanic journey experience for those interested.

Kevin is a Shamanic Practitioner, a House Whispering Consultant, Dowser and Reiki Master.



On the same day, same place starting at 9:30 am Master dowser Maggie Lowe will be holding a dowsing workshop titled '**Existence is Vibration**' before the start of the afternoon meeting. Registration is essential.

To Register or to know more, please contact Maggie Lowe 0484 058 428 or Email [maggie723@bigpond.com](mailto:maggie723@bigpond.com) or Dawn Heller: 0408 966 742

# Your Membership Renewal is now due.

**W**e have softly tiptoed into 2022, for fears of waking up the dreaded Covid dragon, trying to hold onto common sense, level-headedness and peace. This is not an easy task. How do you hold onto your own peace, and how do you evolve as a person?

Dowsing offers some personal solutions, and the Dowsers Society of NSW Inc. endeavours to provide training, and relevant information, via monthly presentations and newsletter articles.

You can stay tuned to Dowsing, participate in learning, as well as support the Society, by renewing your membership, either in person at the meeting, or by direct deposit, followed by an email confirmation.

You can tear off and send the Membership Renewal Form, located on the other side of this page, with a cheque or money order made out to Dowsers Society of NSW Inc. However, our preferred method of payment is **by bank deposit**. Just make sure to mention your name on the deposit, so we know who has renewed.

Details of our account are as follows: (Please do not send cash)

Account name:	Dowsers Society of NSW Inc
BSB:	032 298
Account number:	173532
Bank:	Westpac Banking Corporation

*Important: make sure to put your **name as a reference***

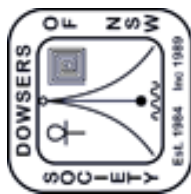
## Enrol a Friend

Looking for a nice and meaningful gift for a friend?

Look no further, offer them a yearly membership to the Society. Your gift will endure as they receive 12 information-packed newsletters, and will be able to attend our monthly meetings as a member.

# Dowers Society of NSW Inc

## Membership Renewal Form



Title: \_\_\_\_\_ First name: \_\_\_\_\_ Surname: \_\_\_\_\_

Address line 1: \_\_\_\_\_

Address line 2: \_\_\_\_\_

Suburb: \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

If you cannot do a direct deposit, then

Send the form with a Cheque to:

Dowers Society of NSW Inc

C/Maureen Flowers, Unit 1, 12-14 Matthew St  
Hunters Hill, NSW 2110

membersdowersociety@gmail.com

- See overleaf for Direct Deposit option

\$40.00 Renew, ordinary member

\$35.00 Renew concession member

\$5.00 Additional family member

\$50.00 Enrol a new friend as a gift

Preferred Newsletter format

Print  PDF

Tear off here and mail with your payment





# Library News

## Library News:

These short videos are available for you to view now on YouTube at:  
<https://youtube/bbwo0YCpV3E>  
<https://youtube/2e7mOvf09E4>

DVD review:

'*Beginners guide to Dowsing*'  
and '*Dowsing Rods - Beginners guide.*'



These videos are pleasant, short, practical demonstrations of basic dowsing with rods, instructions on how to hold them, mood to be in, materials to use etc.

The author focuses a lot on which questions to ask, which is always helpful for beginners. He is looking for '*buried treasure*', as in metals, but this could be applied to anything you want to find.

## Library Catalogue

Remember, our catalogue is available online for browsing at your convenience at:

<https://cloud.collectorz.com/271940/books>

You will need to type this into your browser the first time, then bookmark it for future use. There are various ways to view the books, from image to list form, and you can search by title/ author.

- Helen

# Speaker for March 20th, 2022

## Kevin Parker

- Co-creation with the Spirits of Nature -

Humankind has been aware of the reality of nature spirits, the fairy realms, and angels since the dawn of consciousness.



Whilst this awareness has been somewhat diminished in recent centuries, we are experiencing an evolutionary moment of consciousness expansion, where we can rekindle relationships with these Beings in our work to ‘*re-sacralize*’ Mother Gaia, and take our place as members of an intelligent quantum connected multiverse.

Since his presentation about Nature Spirits to the Dowzers Society in 2015, Kevin Parker has deepened his work and experiences of these Beings with whom we co-inhabit. He will give a brief overview of humankind’s historic and contemporary perspective regarding nature spirits, fairies, and angels.

Kevin will share insights and experiences, and will suggest a potential framework to enfold this impulse to blend and grow into Deep Ecological and Universal Beings. He will outline practical exercises for those who are ready to engage with these subtle realms for the Highest Good. Dowsing skills are an asset when embarking on this journey.

More information: [kevinparker.com.au](http://kevinparker.com.au)

# Dowers Society of NSW Inc.

## Correspondence

The Secretary, Robyn Lee, 50 Gerard Street, Alexandria, NSW 2015  
Tel: (02) 9319-5392

## Committee Office Bearers

- President Martine Negro
- Vice President Patricia Rose
- Secretary Robyn Lee
- Treasurer Leonie Buchan
- Public Officer Amalia Pezzutto
- Audio visual Shinya Taninaka
- Sales Table Manager Ruth Sneddon
- Other Council Members : Marie Wood, Bobbie Stanton, Jane Ruehmkorff, Heather Bowie, Dawn Krumm-Heller

## Blue Mountains Dowers Coordinator

Dawn Krumm-Heller Tel: 0408 966 742, dawn\_heller@hotmail.com

## Membership Coordinator

Maureen Flowers Tel: (02) 9879-5051, membersdowersociety@gmail.com

## Seminar and Speaker Coordinator

Martine Negro Tel: 0414-878-214, mnegroaaa@gmail.com

**Healing Group coordinator** Sally Lamont, Email: leo4019@gmail.com

**Newsletter Editor** François Capmeil, biotron@ozemail.com.au

**Proof Reader / Certificates** Marie Wood, marie@wood-lands.com

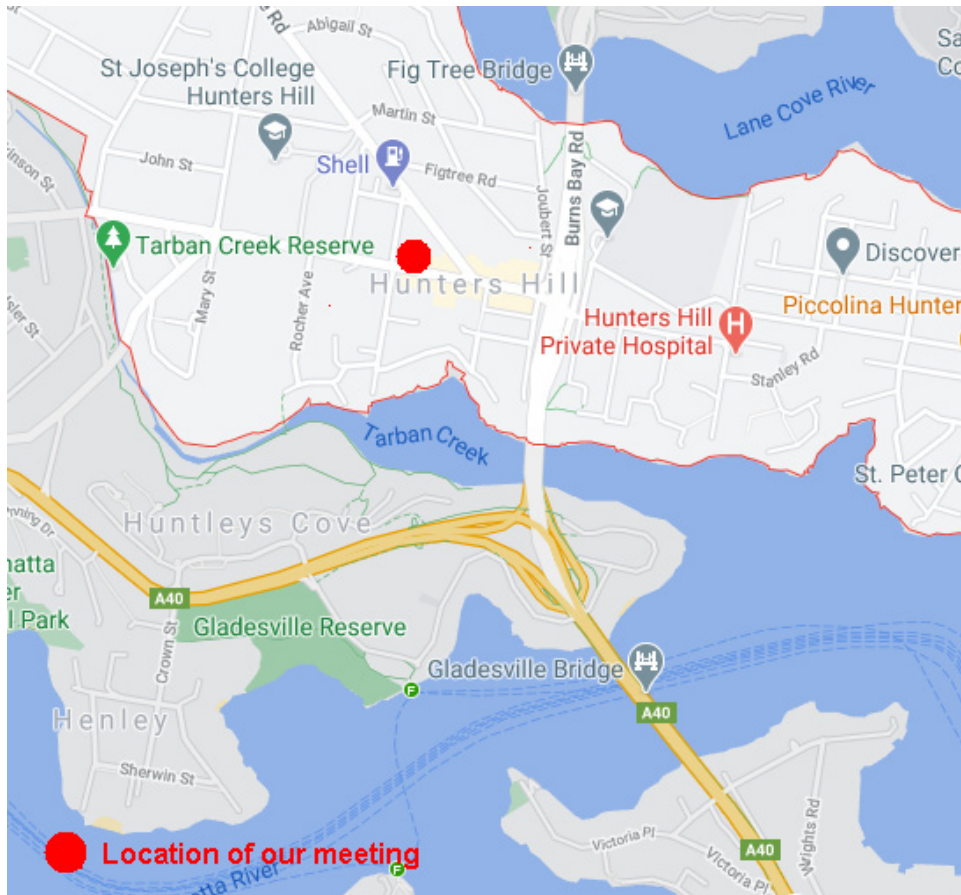
**Library Coordinator** Helen Braico, helen64@outlook.com.au

## Dowser-of-the-Year

- 1997 Frank Henry (deceased)
- 1998 Esther Deans (deceased)
- 2003 Peter Ruehmkorff (deceased)
- 2005 Pauline Roberts
- 2006 Trevor Harding
- 2014 Maggie Lowe
- 2015 François Capmeil
- 2020 Robert Gourley

**Website address** [www.dowsingaustralia.com](http://www.dowsingaustralia.com)

**Facebook Group** <https://www.facebook.com/groups/1639531922791759/permalink/2130700580341555/>



### **Date of Meetings**

Third Sunday of every month, except December (2nd Sunday)

Time: 2:00pm to 5:00 pm

### **Venue for Meetings**

Community Hall, 44 Gladesville Road, Hunters Hill

**Bus Services:** Transport Enquiries: 131 500

1. *from City Town Hall, Bus # 506 goes from Town Hall House, Druitt St, Stand L, to Gladesville Rd, cnr of Pitt St, Hunters Hill;*
2. *from Circular Quay, Bus # 506 to Gladesville, corner of Ryde Road, Hunters Hill;*
3. *from City Station, Central to Rozelle, Bus # 501, then # 506 to Hunters Hill;*
4. *from Chatswood, Bus # 536 goes to Hunters Hill .*

Please arrive at the meeting early so as not to disturb  
and be seated by 2:00 pm

**Website address:** [www.dowsingaustralia.com](http://www.dowsingaustralia.com)