

Dowsers Society of NSW Inc.

Newsletter

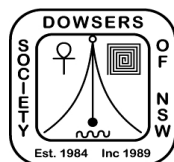
February 2014

Vol 26 Issue 2

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Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.

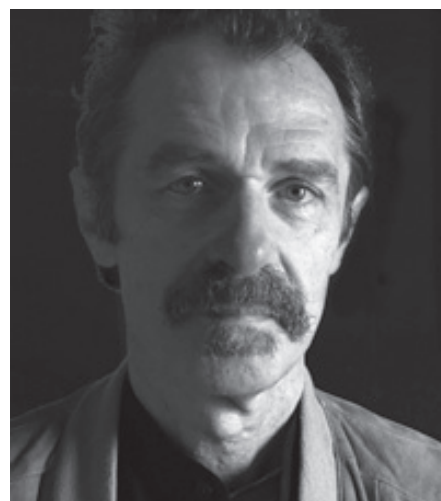


Speaker for February 16th, 2014
Guenther Frick
Longevity Through
Raw Food & Peace of Mind

How we can live longer, and avoid degenerative disease, by making adjustments to our diet.

As stress is the 2nd major factor that threatens our health, we need to utilise methods to minimise the impact on our wellbeing.

Handling anxiety, worry, frustration and other disabling feelings, and negative self talk will be discussed.



From the Editor

We are already in February and our AGM is coming next month. This is a good time for a reminder that you can make a difference for yourself, and for the Society by taking a more involved role in the running of the Society.

If we take this newsletter as an example, its creation requires a team of dedicated people to make it possible. Glenn scans articles for publication, I put them together in an organised fashion, Marie proofreads the result and Robyn collects it from the printer and puts them in envelopes before posting them to you.

Without this team effort the newsletter would not happen. This is only one example where volunteers make a difference, but there are other areas in need of your help. So please consider helping and let Gordon or Robyn know that you are keen to help. They will be very happy to let you know what opportunities are available.

I read this quote recently: *“No one ever rose to spiritual heights without doing service to others”*. I am not sure who wrote this quote, but there is a need individually, and as a race, to come together in a selfless manner so as to grow, and develop as evolved beings.

I was watching a documentary on wolves, and how they work as a team within a pack, helping each other. There was even a male wolf playing surrogate mother to an orphaned wolf cub from a different pack.

But all is not lost, I just read that *“Hit-squad of ‘Do-gooders’ surprise New Yorkers with random acts of street kindness including handing out free money... and there’s no catch.”*

What this world needs is a new kind of army - **‘the army of the kind’** - and this is exactly what is happening all over the globe. There is a growing army of people intent on spreading kindness. They thrive off the buzz of putting a smile on someone’s face. We can do it too...

Until next time...

François

Body Awareness

By John Richardson

After a full day helping a friend, the deliciously-warm water, from my wall-mounted shower, was glorious on my back muscles. I changed my position to spread the water's comfort when I remembered something I had read – "*Reach beyond the event to the spirit or control beyond!*"

The water stream was directed onto the coccyx area of my spine. I 'tuned-out' the sound of the water and ignored the soft beating pattern of the water on my skin.

I concentrated on experiencing anything extra or different as I reached-out with my mind for - "*WHAT IS THERE?*"

I became aware of a downward dragging feeling in that area, then after about 3-4 seconds there was a pause of about 1-2 seconds and then a ripple effect travelling in the opposite direction up my spine. This lasted only a short distance then there was a short pause and a reversal in the opposite direction. This downwards and upwards actions kept repeating.

I directed the flow of water to my mid-back and the same thing happened over a different section of my spine and back.

I moved the treatment to my right hip which was causing me some trouble and the same action occurred. As the movement crossed one area, on a couple of occasions, I felt a twinge from the part involved which ruled out imagination.

After experiment I have found this works on the sides and front of the body, but for me it would appear some areas are stronger than others. This action has beneficial effects and is well worth developing.

I later told a lady dowser, friend of mine, who tried the above and experienced the same reaction. She believes the action to be healing as the

energy repeatedly moved to her problem areas giving a soothing and comforting feeling.

I will leave it to you to ascertain the cause of this action. No doubt, this ability has been neglected and forgotten over time, due to our other pursuits.



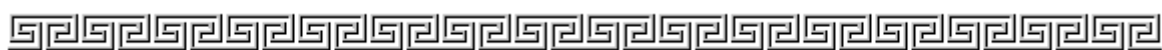
I WONDER WHAT HAPPENS, WHEN YOU STAND UNDER A WATERFALL?

REMEMBER - *“If you don’t use it you lose it.”*

Enjoy.

John Richardson

John can be contacted on (02) 6643-3813.



Quotes

The proper response to life is applause.

- William Carlos Williams

I have found the paradox that if I love until it hurts,
then there is no hurt, but only more love.

- Mother Teresa

Act as if what you do makes a difference. It does.

- William James

Hybrids & Genetic Modifications

By Edward Bush

Reprinted from the *Journal of the British Society of Dowzers*, June 2001

It was with pleasure to read the article on Tulips of Amsterdam by Christopher and Veronika Strong in the December 2000 issue of *Dowsing Today*. I had met Christopher and Veronika at the first International Congress on Geopathic Zones in Cyprus in 1997, and enjoyed discussing our experiences of measuring energies of people and things at that time.



The one comment in their article on tulips that particularly struck me was that “*the varieties which attracted bees and insects, in spite of intensity of colour, were the ones which dowsed most positively (= ? had the largest energy field or aura), yet the hybrids seemed dead on the energy level.*” Again, “*Quite dull looking flowers were generating enormous energy whilst the tulip display was disappointing from an energy point of view. So, why not the tulips? They were largely hybrid and sterile.*”

My own experience in dowsing the auras of numerous plants, fruits and vegetables has confirmed these findings, and that the simplest and most natural life formers, i.e. unmodified by man's efforts, have the most energy. Any competent dowser can demonstrate the difference in energy between organic and today's mass-produced foods. As an example, I find the aura of an ordinary battery egg is usually about an inch. The next step up is an egg from a hen fed on a better diet, marketed here under the name of ‘*Barn 3*’ or something similar. These have an aura of about two inches. Then come eggs marked ‘*Free Run*’ at three to four inches.

Beyond that are eggs marked ‘*Organic*’ at four to six inches. Best of all are “Organic Free Range” eggs at eight inches i.e. the most natural you can

get, and with eight times the energy of the battery eggs most of us eat. I suspect, yet cannot prove, that genetically modified plants and animals conform to this model.

I enjoy eating baked potatoes yet I have been told that the russet skinned potatoes that we have been using for many years are, in fact, hybrids or modified. Certainly I have found that none of the russet potatoes have any aura at all compared to almost all the other kinds of potatoes I have measured, which have auras in the range of two to four inches (5 to 10cm).

If hybrid or genetically modified plants and animals are energetically dead in this way, what can we expect of irradiated foods? I know that microwaving any kind of food or drink totally destroys any energetic life it may have had. I understand that seeds that have been microwaved lose their ability to reproduce.

I often wonder what would be the long term effects of a diet of genetically modified food on mice, guinea pigs, birds and eventually humans. And by long term I mean over several generations, which, after all, is the way we ought to look at it for the survival of our kind on this planet. It is very suspicious that tests over several generations would result in the same sort of outcome that Dr John Ott discovered, when he exposed a family of ferrets to pink fluorescent lights over a long time. If I remember correctly, after three generations of this treatment, the ferrets could no longer reproduce. A great thought for the future of mankind, don't you think?

It is all very well for the dowser to say, "*This plant is a hybrid or has been genetically modified. It has no energy compared to a similar unmodified plant.*" Who in the scientific world is going to believe the dowser? But, a well run, long term test programme was able to show that feeding such hybrid plants to laboratory animals had the effect of stopping their reproduction after several generations, we would have learned a lot, and just possibly, someone would sit up and take notice.

Earth Mystery in New Zealand

Alanna Moore, Australia.

*Reprinted from The BSD Earth Energies Group,
Vol.8, Issue 30, June 2003*

New Zealand is abundant with mysterious anomalies, pointing to pre-Maori goings on. But how much of it is wishful thinking?

I visited one such site with fellow researcher Billy Arnold last March, when we travelled to New Zealand to run some workshops.

Jungle Mystery

We wended our way through thick lush rainforest, down a narrow dirt track in the Kaimanawa Forest Park south west of Lake Taupo, in the steaming central volcanic belt of the New Zealand North Island.



Would we be able to find the mysterious 'wall'? It was a treat in itself just to be in such a splendid wilderness area (although strangely empty due to the lack of native wildlife in this country).

The Kaimanawa Wall.
© <http://www.everythingiselectric.com/newzealand>

The hire car navigated yet another narrow bend as the last rays of sunlight shone through the forest, illuminating the tree trunks. There it was! Just a few metres from the track - a very obvious line of neatly jointed boulders on the side of a hill, with trees and a metre thick humus layer growing on top.

Upon inspection of the strata Billy and I both felt that it was a natural formation of volcanic stone. Researchers have deemed the stone to be an

ignimbrite, not found elsewhere until some 12km away. Ignimbrite is defined as “*rock composed of volcanic fragments welded together, of 66% silica and generally acidic.*”

A sample analysed in Auckland pronounced The Wall to be formed of rhyolite - “*a fine grained or glassy light coloured volcanic rock containing mineral potash feldspar with over 66% silica, also acidic*”.

ENERGIES OF PLACE

Dowsing the energies revealed nothing much until I checked out a wide gap between two of the boulders and dowsed a flow of earth energy pouring up out of it. Looking into the gap I watched a shaft of sunlight (the sun being about to set at due west) shine down another wide joint on the side of the wall through to the back of the gap, lighting up the smooth surface of surrounding stones in the rows behind.

In meditation, tuning in to that spot I sensed that below the surface there was a great deal of devic activity occurring and this was also Billy’s impression. When he tuned in near the gap Billy clairvoyantly saw a kind of doorway there (for the movement of spirits) and also a “*big mob of spirits in the hill*”. So the Wall appeared to be functioning as a portal to other dimensions.

The whole spot felt quite special, sacred perhaps. But to whom? Perhaps simply a nature spirit temple, as Marko Pogacnik refers to such hot spots of devic activity. Often such spots are characterised by special markings or features, says Pogacnik. So this one could be a classic.

I also got the idea, as I meditated around the site, that the sort of attention the spot had been eliciting may well be attracting the sorts of devas and landscape energies which make a site especially sacred. That is, by wanting a site to be a site, it can become one.

And so if enough people go there and meditate and attune to the energies of place, then it could become a centre of power as well as mystery.

What others say

Looking up an article on the Kaimanawa Wall on the www.pyramids.co.nz website, I found a range of differing opinions aired. One person has dowsed the stones and finds “*none to be magnetically charged with earth energies*”. Perhaps he wasn’t asking the appropriate question, as I found energy emanating from between the rocks which channeled it upwards.

In a major article on the subject from The Listener, May 4th 1996, Barry Brailsford, a maverick NZ archeologist who believes The Wall to be man-made by a pre-Maori culture, describes the uncannily smooth faces, without saw or adze marks; and how the interstices where the blocks join are knife blade thin.



However Peter Woods, the Department of Conservation geologist sent in to study The Wall, stated that “*natural fractures with near vertical and horizontal joints are common in welded ignimbrites of this type*”. He believes that the molten stone was laid down some 300,000 years ago, when Lake Taupo blew out.

The advocates of the temple or pyramid scenario say The Wall is oriented to true north. But it turns out to be 5 degrees off true; Nature also orientates rocks. For instance - all the quartz veins where I live [Victoria, Australia] run north-south, I’m told.

A half round stone lying in front of The Wall is described by Brailsford as a ‘*touchstone*’ - that is: a greeting stone placed before an ancient stone structure. Rex Gilroy, Australian archeological anomalist, goes further - believing that this stone is from the top of an ancient pyramid structure and that it was covered with ancient writings, which he has translated as describing the site as a temple to the sun. This I find very hard to believe!

And my dowsing revealed nothing special about the 'touchstone'.

An archeological study has yet to be done of The Wall. The Maori know nothing of it and, indeed, talk of pre-Maori cultures existing in this country is most unsettling for them politically.



Whatever The Wall is, it has certainly aroused curiosity and controversy. The subject makes for a good read on the site listed below, where even the skeptics get their two-bob's worth in. Perhaps readers would like to try dowsing or tuning into the photo and passing on any insights to us?

©. Alanna Moore 2002 www.geomantica.com

Editor's note

The site www.everythingiselectric.com/new-zealand/kaimanawa-wall-new-zealand.html is well-worth a visit. It is well-referenced and includes more pictures, and an online wall tour for those who'd like to see more, in addition to further information on New Zealand's anthropological anomalies.

One site where the current historical understanding and archaeological findings are at odds is Waipoua Forest. Here, 'structures' designated as purpose-built by government archaeologists, were mapped by position, described and recorded for posterity.

However, the information derived was considered so sensitive (and in conflict with an only 'Maori-based' history) that it was then labelled 'restricted' and not to be viewed by the general public until the year 2063.

The River Grasses

Reprinted from <http://www.armonikizoi.com>

Have you ever sat by a river and watched the mesmerizingly graceful movement of the river grasses, which surrender themselves completely to the flow of the river?

At their base they are firmly attached to a rock on the riverbed. If they were not securely attached in this way, they would be carried away by the current and would perish.

The upper part of these grasses has absolutely no resistance and is thus free to flow in an infinite variety of movements caused by the river's ever-changing flow pattern.

A similar type of event may be seen while observing various sea grasses, which are attached to the bottom of the sea and move with the gentle currents and tides.



We have something to learn from these grasses. We can learn the delicate balance between discipline and freedom, between routine and diversity, between control and surrender, between tradition and change. Obviously, too much of any of these opposite qualities will create problems.

On the one hand we need to have discipline, routine, control and tradition to give us a security base, a moral base, a sense of inner strength and stability in facing the ever-changing circumstances of life.

Spiritual disciplines such as prayer, concentration, meditation, proper

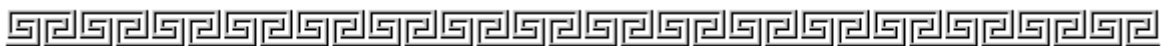
diet, self-analysis, exercises and breathing techniques help to create that centred feeling of an inner stability and inner security.

Then we can feel free to allow ourselves to flow with life, trusting the Divine, life, others and our own selves; free from the fear of being harmed, overcome or swept off our feet.

The greater our connection with our inner security base, the more spontaneous and free we can allow ourselves to be.

We all need to find our own way of connecting ourselves to the spiritual rock within us, so that we may adjust and cope in a more relaxed way with the ever-changing situations and tests of life.

from <http://www.armonikizoi.com>



Everyone Has a Story in Life

A 24 year old boy seeing out from the train's window shouted...

"Dad, look the trees are going behind!"

Dad smiled and a young couple sitting nearby, looked at the 24 year old's childish behavior with pity, suddenly he again exclaimed...

"Dad, look the clouds are running with us!"

The couple couldn't resist and said to the old man...

"Why don't you take your son to a good doctor?"

The old man smiled and said...

"I did and we are just coming from the hospital, my son was blind from birth, he just got his eyes today."

Every single person on the planet has a story. Don't judge people before you truly know them. The truth might surprise you.

I _____ of _____
(full name) (address) (postcode)

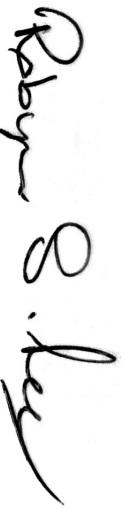
Also being a Financial Member, for the position of _____

Acceptance Signature of Nominee _____

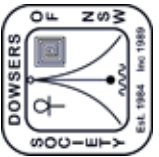
Notes:

1. As per Rule 13, each council member being proposed must have been **an active member for at least six (6) months prior to their election**. Further the President being proposed shall have served at least one (1) year as a member of council prior to their election. Each member of the council is eligible for re-election. The President is not eligible for re-election as President if they have served three (3) consecutive years in office prior to this election.
2. Members non-financial at the AGM will not have any voting rights and after the AGM will not receive further copies of the newsletter.

The _____ Secretary



Robyn Lee



Dowers Society of NSW Inc.

Registration No Y0791414

Secretary: 50 Gerard Street, ALEXANDRIA NSW 2015

NOTICE OF 2014 ANNUAL GENERAL MEETING

In accordance with Rules 22 & 23 of the Constitution, the Annual General Meeting for the 2014 Financial Year is hereby called to take place before the General Meeting on Sunday 16th March 2014.

NOMINATIONS FOR OFFICE BEARERS FOR 2014

In accordance with Rule 14, nominations of candidates for the election of Office Bearers are hereby called. Nominations shall be of Financial Members and in writing, signed by two Financial Members of the Society, accompanied by the written consent of the candidates (which may be endorsed on the form of the nomination) and shall be delivered to the Secretary of the Society **not less than seven days before the date fixed for the Annual General Meeting** or any adjournment of that meeting.

I _____ of _____
(full name) (address) (postcode)
and _____
(full name) (address) (postcode)

I _____ of _____
(full name) (address) (postcode)

being Financial Members of the Dowers Society of New South Wales Inc hereby nominate

Dowers Society of NSW Inc.

Form of Appointment of Proxy

I, _____
(full name)

of _____
(address)

being a member of the Dowers Society of NSW Inc. hereby
appoint

(full name)

of _____
(address)

being a member of that incorporated association, as my proxy to
vote for me on my behalf at the general meeting of the Society
(Annual General Meeting or Special General Meeting, as the case
may be)

to be held on March 16th, 2014

and at any adjournment of that meeting.

*My proxy is authorised to vote in favour of/against (delete as
appropriate) the resolution (insert details).

*To be inserted if desired.

Natural Iodine Supplementation

*Reprinted from the Natural Awakenings magazine,
Asheville, North Carolina, Nov. 2013*

We all need iodine, yet most of us don't get enough of it through our diet. A study in the American Journal of Clinical Nutrition found that iodine deficiency in the developed world has increased fourfold in the past 40 years and now affects nearly three-quarters of all adults.



Numerous U.S. practicing physicians quoted widely in the media estimate that the incidence of hypothyroidism in our adult population may be between 30 and 70 percent.

Thus, we can't efficiently produce the thyroid hormones that serve as chemical messengers triggering nearly every bodily function. The presence or absence of iodine affects our every cell.

Be Aware of Hypothyroidism Symptoms

Low thyroid function, or hypothyroidism, is the most recognized and obvious indicator of low iodine intake, because the thyroid gland contains more concentrated iodine than other organs. Symptoms can range from extreme fatigue and weight gain to depression, carpal tunnel syndrome, high blood pressure, fibrocystic breasts and a variety of skin and hair problems.

Hypothyroidism can further cause infertility, joint pain, heart disease and stroke. Low iodine levels also have been associated with breast and thyroid cancers. In children, insufficient iodine has been strongly linked with mental retardation, deafness, attention deficient and hyperactivity disorder and impaired growth, according to studies by Boston University and China's Jiao Tong University School of Medicine.

The answer is simple: Taking the right kind of iodine in the right dosage can rebalance thyroid function and restore health to the thyroid and the whole body. Kelp is a great source of Iodine and is a good food additive.

Reasons Behind Iodine Deficiency

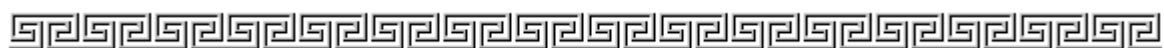
Radiation: Almost everyone is routinely exposed to iodine-depleting radiation emitted by cell phones, Wi-Fi, microwave ovens and other electronic devices.

Iodized table salt: The human body cannot utilize the iodine added to this product.

Low-sodium diets: Failure to use healthy salts to fulfil sodium requirements, plus over-use of zero-nutrient table salt in foods, leads to iodine depletion.

Bromine: This toxic chemical overrides iodine's abilities to nourish the thyroid, adrenal and other hormone-producing glands. A known carcinogen, it is used as an anti-caking ingredient found in almost all baked goods, unless the ingredients specifically cite un-bromated flour.

Iodine-depleted soils: Due to poor farming techniques, iodine and other minerals in soil have declined, so most foods today are devoid of naturally occurring iodine.



Resignation

I am hereby officially tendering my resignation as an adult. I have decided I would like to accept the responsibilities of an 8 year-old again.

- I want to go to McDonald's and think that it's a 4 star restaurant.
- I want to sail sticks across a fresh mud puddle and make a sidewalk with rocks.
- I want to think M&Ms are better than money because you can eat

them.

- I want to lie under a big oak tree and run a lemonade stand with my friends on a hot summer's day.
- I want to return to a time when life was simple; When all you knew were colours, multiplication tables, and nursery rhymes, but that didn't bother you, because you didn't know what you didn't know and you didn't care.



All you knew was to be happy because you were blissfully unaware of all the things that should make you worried or upset.

- I want to think the world is fair. That everyone is honest and good.
- I want to believe that anything is possible. I want to be oblivious to the complexities of life and be overly excited by the little things again.
- I want to live simple again. I don't want my day to consist of computer crashes, mountains of paperwork, depressing news, how to survive more days in the month than there is money in the bank, doctor bills, gossip, illness, and loss of loved ones.
- I want to believe in the power of smiles, hugs, a kind word, truth, justice, peace, dreams, the imagination, mankind, and drawing angels in the sand.

So . . . here's my cheque book and my car-keys, my iphone and my credit card. I am officially resigning from adulthood.

And if you want to discuss this further, you'll have to catch me first, cause..... "Tag! You're it."

- Morning Dowsing Seminar -

“Soul Art Workshop”

Sunday, February 16th, 2014

with Martine Negro

This workshop is about experiencing and getting inspired from creatively designing a powerful energetic platform to support harmony, health, wealth, healing, and anything else that you desire.

*Life as art, the individual as the artist
and everything one does as art’.*



Based on the “sigil” process, it will allow your subconscious mind to bring forth the energetic power of your intention.

Each participant will leave with a transformational tool to support and expand their project.

We will use dowsing to select the most appropriate statement or affirmation to play with, as well as potentize the final product for maximum benefit.

2 hours of great fun and creative play to enhance the quality of your life !

What to Bring:

A notebook, pen or pencil, pendulum, any other dowsing equipment you use, in addition to your preferred personal drinking water. Some paper and colored pens will be provided, and you are encouraged to also bring your own favorite colour paper.

When:

Sunday 16th February 2014. The Seminar Registration will begin at 9:30am for a 10:00am start, till 12.30pm.

Morning Dowsing Seminar

- with Martine Negro -

Registration Form

**I would like to register for the Morning Dowsing Seminar
on the Sunday 16th of February, 2014**

Title: _____ First name: _____ Surname: _____

Address line 1: _____

Address line 2: _____

Suburb: _____ State: _____ Postcode: _____

Telephone: _____ Mobile: _____

Enclosed is my cheque or money order for \$ _____

Cost: \$60 members or \$70 for non members

Please make Cheque or Money Order payable to

Dowers Society of NSW Inc

Forward payment with this completed form to

Olga Kosterin
169 / 5 Wulumay Close,
ROZELLE, NSW 2039

Tel: 02-9818-6127 Email: olga.kos@bigpond.com

Please do not send cash

Dowers Society of NSW Inc

www.dowsingaustralia.com

Please detach this form to register



The seminar will be followed at 2:00pm by our monthly dowsing meeting open to all, with speaker Guenther Frick.

The talk is called “*Longevity Through Raw Food & Peace of Mind*”. You are most welcome to stay for that.

Where:

Community Hall, 44 Gladesville Road, Hunters Hill, Sydney, NSW (In the same room as our monthly meetings)



Your Membership Renewal is due now

We have now started the year 2014 with what looks like a new and brighter energy field. We are looking forward to an exciting year ahead, building up on our 2013 successes, with many changes for the better for everyone.

You can stay tuned to Dowsing, as well as support the Society, by renewing your membership, either in person at the meeting, or by mail.

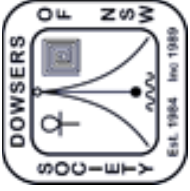
This will entitle you to receive 12 wonderfully informative newsletters. The content is not only about dowsing, but also about inspiring subjects of general interest.

If you want to renew by mail, you can tear off and send the Membership Renewal Form, located on the other side of this page, with a cheque or money order, made out to Dowsers Society of NSW Inc. You can also renew in person at our monthly meeting on the 3rd Sunday of every month.

Note: Non financial members will not receive newsletters after March.

Dowers Society of NSW Inc

Membership Renewal Form



Title: _____ First name: _____ Surname: _____

Address line 1: _____

Address line 2: _____

Suburb: _____ State: _____ Postcode: _____

Telephone: _____ Mobile: _____

Email: _____

Send form with Cheque or Money order
(do not send cash) to:

Dowers Society of NSW Inc

C/- Robyn Lee, 50 Gerard Street

Alexandria NSW 2015

- \$35.00 Ordinary member
- \$30.00 Concession member
- \$5.00 Additional family member

Tear off here and mail with your payment

Speakers for March 16th, 2014

Victor & Wendy Zammit

- Sensational Afterlife Evidence -

People everywhere are demanding proof that the afterlife exists.

The record shows that people are abandoning churches and organized religions, and have become partial to the evidence of afterlife investigators be-

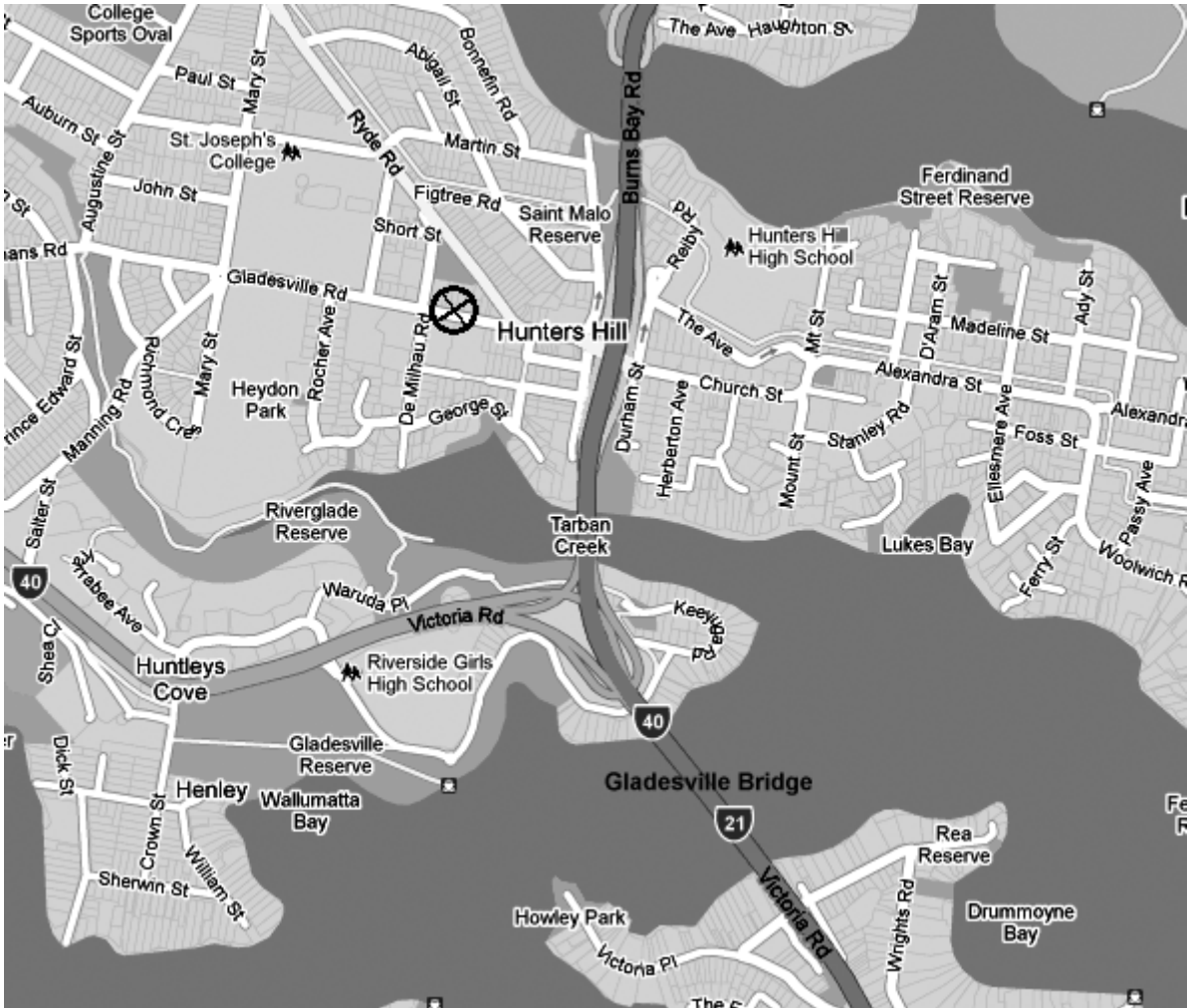


cause proof now is the buzz word, not traditional blind beliefs which are meaningless, irrelevant and sometimes even insulting to people.

Our new book '*A Lawyer Presents the Evidence for the Afterlife*' is making history, it has now more than 150 five star reviews. The nearest comparable book of the same genre attained 16 five star reviews.

There has never been a book of the same genre which attained so much support. Victor will also mention the loopholes on how to get the best deal on crossing over!

So with the new sensational evidence that we researched, we will also discuss why closed-minded sceptical scientists do not want to accept the irrefutable evidence for the afterlife, an afterlife no one on earth can avoid.



Date of Meetings

Third Sunday of every month, except December (2nd Sunday)

Time: 2:00pm to 5:00 pm

Venue for Meetings

Community Hall, 44 Gladesville Road, Hunters Hill

Bus Services:

Transport Enquiries: 131 500

*From City, Central : Bus # 501 from Central to Rozelle
then Bus # 506 to Hunters Hill*

From City, Circular Quay : Bus # 506

From Chatswood : Bus # 536

Please arrive at the meeting early so as not to disturb
and be seated by 2:00 pm