

Dowers Society of NSW Inc.

Newsletter

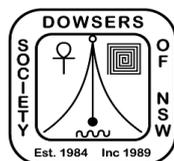
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Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.



Speaker for December 9th, 2012

Spoon Bending Xmas Party

- Robb Tilley -

Bending metal objects with your mind and your intention is called Psychokinesis or mind over matter, it works really well with groups of people in a party mood.

Robb Tilley has been an active member of the Australian Institute of Parapsychological Research Inc. (www.aiprinc.org) since 1982 and for the last ten years has been managing editor for the Australian Journal of Parapsychology.



Robb was also Vice-President of the Australian Transpersonal Psychology Association for 16 years.

Robb Tilley had his first “out of body” experience in 1964 aged 14 years, followed by experiences of telepathy, precognition, including an encounter with a spiritual being, who explained that this spiritual life work is very important.

Robb has successfully cleared haunted houses since 1994 as part of his role as Public Officer for the Australian Institute of Parapsychological research. (AIPR, Inc.)

Robb will bring plenty of spoons, but you can bring your own if you wish (BYOS).

From the Editor

I have just returned from the USA, after attending a BioGeometry® ‘*Special Topic*’ four day seminar, with Dr Ibrahim Karim in Asheville, North Carolina.

More than 100 people attended from all over the world, to learn more about the latest dowsing tools and techniques developed by Dr Karim.

BioGeometry® is concerned with balancing the activities of daily life, achieving harmony with our inner and outer environments, humanizing modern technology, integrating science and spirituality, and discovering the unified scientific reality behind all religions.

BioGeometry® is a science that deals with the Energy of Shape; it uses shapes, colours, motion, orientation and sound to produce a vibrational quality that balances energy fields. BioGeometrical shapes are two or three-dimensional shapes specially designed to interact with the earth’s energy fields to produce balancing effects on multiple levels of biological systems.

You can read more about BioGeometry® here: www.biogeometry.com

These events are a great way to meet other dowsers and share information. I did spend some time with Marilyn Gang who heads the Toronto Dowsers (Canada) and she kindly allows us to use some of her newsletter articles, including the one about garlic (page 19) which she found on the internet.

This month we have some interesting articles about polarising EMF, about wine and taking responsibility for our good health, as well as a few stories about dowsing.

As you know the December meeting is on the second Sunday, not the third Sunday. I hope to see you there. Wishing you all a great Christmas and holiday time.

Seasons Greetings...

François

Report on the November Meeting

by Jim Pennycook

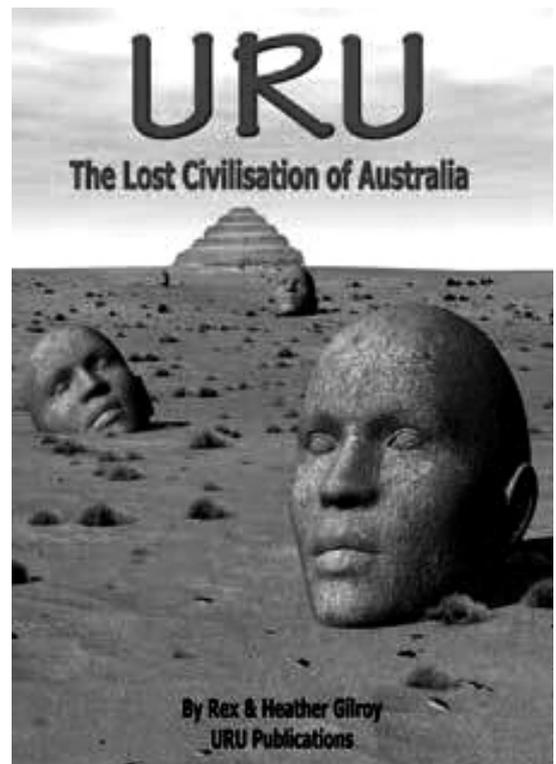
The speaker at the November meeting was Rex Gilroy, and the presentation was about Australia's unknown history. It was a very interesting meeting, with Rex talking to us about our own very extensive and surprising ancient history.

Rex maintains that the very first peoples and indeed written language, occurred here in Australia. Since the 1960s, like his father before him, Rex and his wife Heather, have been travelling all over the country in pursuit of evidence to support his beliefs that an ancient race of advanced megalithic monument-building people had inhabited Australia.

Aboriginal myths and legends speak of a white skinned race of people who erected monoliths, worshipped the sun, moon and stars, and passed on much of their culture to the Aborigines, including making and using weapons.

Rex calls these people the 'Uru', a name he discovered after many years of translations of the extensive rock carvings he has discovered. He showed us giant head carvings over two metres tall, ruins of temples, pyramids, standing stones, altars and tools to support his theory. He also gave us extensive evidence of other cultures having been here, such as the Chinese, Egyptians, Scandinavians and others, with evidence of their mining and building activities. This is but a fraction of the information he gave us.

For those who are interested in learning more, visit:
www.rexgilroy.com



Polarising Electricity

By John Richardson

Dr William Collinge's book, '*Subtle Energy*' ISBN 0-7225-3668-2, came to my attention in 2006 as I was trying to understand the life-force energies that surround us. On pages 98 - 101 different sides of the answer to the subject were advanced.

Under the sections 'Man-made electromagnetic fields - The use of electric power and how it alters our magnetic environment and does damage', is the following quote: "*Still another angle is offered by Stanford's, William Tiller, who explains that the ill effects are not caused by the mere presence of the field per se. Rather, they are caused by the electrostatically charged particles (photons and electrons) that are passing through our bodies. The problem is that these particles are unpolarised, and their behaviour is chaotic and dis-ordered as they pass through our cells.*

The chaotic nature of these particles disturbs our natural energetic field, resulting in damage to the body's tissues. Hence, theoretically, if these charged particles could be made to be ordered and polarized rather than random and chaotic, they would pass through us transparently with no ill effects".

In my mind, the last sentence explains how EMFs do damage to life forms and how to stop this damage from happening.

Is it possible to stop this damage from happening? "Yes!" and this is how:

- Go to where the electricity wires enter your property.
- Take your L-Rods, pendulum, etc. and check-out the non-beneficial energy path underneath the power lines.
- You are now going to create a mental construct.

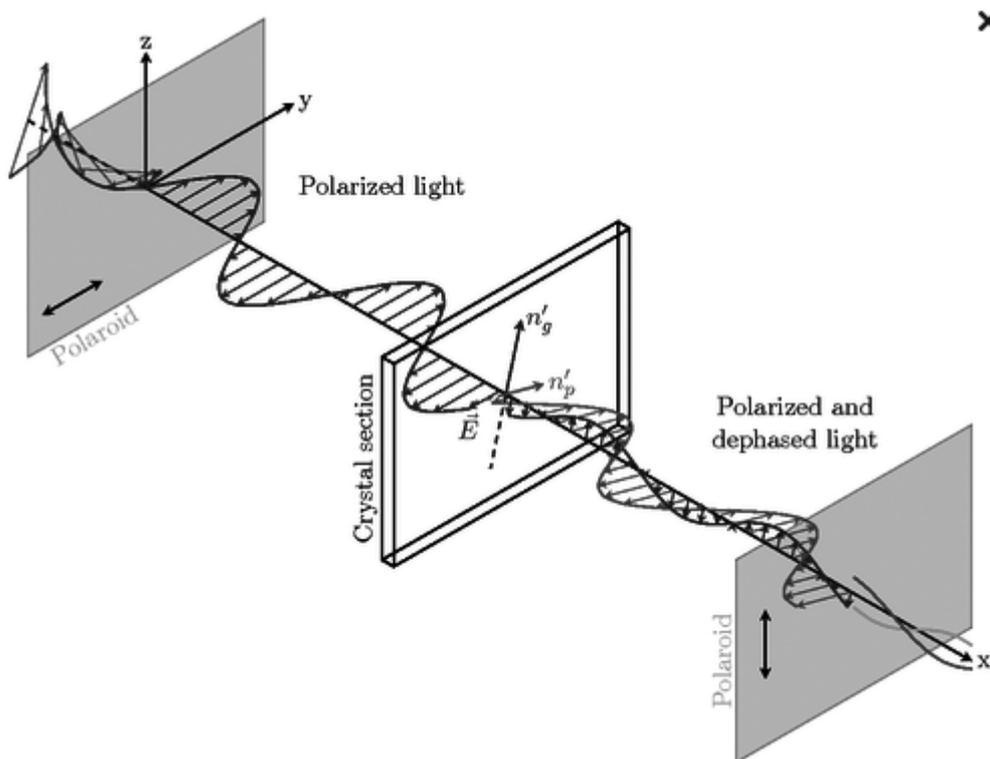
Go into your dowsing mode and mentally install a polarising shield or filter, around the electricity wires and radiation path, both upon the ground and under the ground beneath the electricity service wires.

Declare the polarising screen or filter to be permanent, self-cleaning and requiring no maintenance. Finally, check to see if the 'non-beneficial energies are now, beneficial and polarized. If so, you have succeeded in implementing William Tiller's theory. Give thanks.

Enjoy!

John Richardson (02) 6643 3813.

Note: a polarising filter will block a particular component of a wave. It can be any kind of wave.



As an example you can think of sunglasses. Some of them will filter light vibrating either vertically or horizontally, cutting out reflections. This principle is also used in 3D movies glasses where one eye sees light polarised vertically and the other, light polarised horizontally. That way each eye sees a different picture, giving the 3D effect.

Ed.

Of Barcodes and Wine

By François Capmeil

We were having dinner recently with a couple of friends from the Biogeometry course. When the time came to choose which one of three bottles of wine to open, we all took our pendulums out to find which one of the three brews would delight our palate that evening. Sadly none of the bottles made the grade.

This was a serious situation and something had to be done. I just happened to look at the barcode on one of the bottle labels and got a funny feeling in the pit of my stomach. I said “*I think I know what the culprit is!*”

Years ago I did some research on barcodes, which are now found on all processed food items, and found them all, without exception, to broadcast a detrimental energy quality. At the time I experimented around and finally found a way to not only neutralise them, but to turn them into beneficial energy devices. It is very simple: if you draw a line close to the barcode, the barcode will then start to broadcast a very good energy quality, which in turn will affect the contents of the package right away.

I mentioned this to my guests, so we all drew our pens and altered our respective bottles. Of the three bottles, two came good. One particularly emitted quite a strong beneficial energy quality, which right away affected the quality of the wine. The last one was not as bad as before, but was not totally beneficial, for some reason. We each tried to recheck, focusing once on the label and once on the wine. Same results.

Wondering what to do with the bottle which was still lacking, one of my guests offered to draw 16 dots on the label of that bottle. Sixteen objects or dots will create a strong emission of beneficial energy quality that we call BG3 (BioGeometry 3), because it contains 3 beneficial energy qualities similar to what is found on Sacred Sites and Power Spots. That wine

immediately started to emanate the same energy quality as the others. In the end, we let the ladies pick the winner out of the three good wines. The choice did not disappoint, I must say.

You may now want to replicate this little culinary experiment for yourself, so this is how it is done:

Checking a barcode

- Adjust your pendulum on your wave length, by holding it over the back of your left hand (if you are right handed) with a very short string length.
- Swing your pendulum while at the same time releasing a small length of the string at a time. At one specific string length, the pendulum will start to spin. The pendulum is now tuned to your wave length. It does not matter if the spin is clockwise or anti-clockwise.
- Keep the string length as found above, focus on a barcode, any barcode, and check the rotation of the pendulum. If it spins the same way it did over your hand, this is beneficial for you, if it spins the other way, you need to correct it.
- You do not need to ask any question, this is not mental dowsing. This works by resonance, just like your radio receiver will receive music from the 2MBS FM radio station, if you tune it to 102.5Mhz.

Correcting a barcode

Simply draw a line with a pen, about 1 mm above the barcode, see image below. You can actually check both images below with the above method.



Before



After

The Golden Barcode

You can create a beneficial barcode which will transmute detrimental energy into beneficial. I call it the Golden Barcode. It is based on Biogeom-

etry, the science taught by Dr Ibrahim Karim.

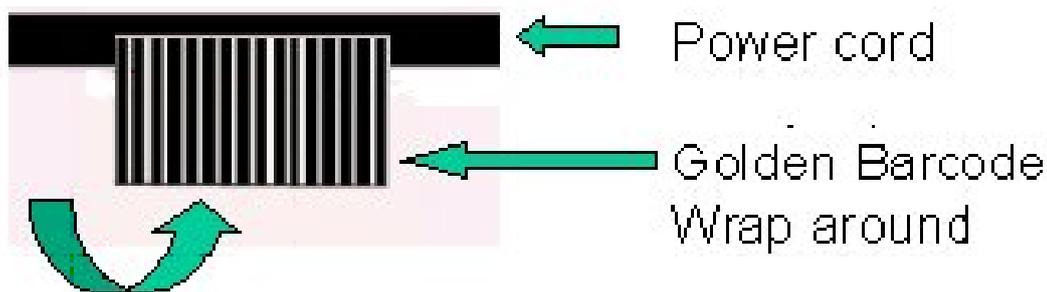
You can use it for power cords for example where it will transmute detrimental energy coming up the power line, into beneficial energy. This is particularly important when these appliances have parts that you touch with your hands, or that are close to you, like computer screens, keyboards, mouse, telephones (mobile or normal).

When using a power board, it is more effective to place a Golden Barcode on each individual cord rather than on the power board cord itself. You can use it also on your mouse cord, keyboard cable, speakers cable, telephone wire, network cable etc.

You can also stick it on, or inside your mobile phone, stick it on the back of your quartz watch using a smaller pattern of 16 lines. Stick it under the steering wheel column of your car, as well as under the dashboard on the passenger side of your car, to protect from all the electromagnetic fields generated by the car's ignition and computer system.

How to make the Golden Barcode

Use your computer to draw 16 lines, print the image on labels so that you can stick them where you need them.



How to use the Golden Barcode

- For balancing electrical wiring, cut a section of the pattern, wrap it on a power cord, matching the pattern exactly as it wraps around to form 16 rings around the cord.

- For balancing an object, stick one of the 16 lines stickers on an object, place it on appliances, computers, modems. Someone in New Zealand is using these Golden Barcodes for their bee hives and getting amazing results, so there is no limit to how you can use them.
- Always remember to check with your pendulum tuned on your wave length (as described earlier) to verify that you have placed the Golden Barcode in the best location.



Using a pendulum tuned to your wavelength is very useful and does not depend on asking any question at all. Keep your mind blank while focusing on the subject. I find it most accurate. It allows me to check for compatibility with food items, fruits, vegetables etc.

I use it extensively. It does not help in answering questions though, it only tells you if some object is beneficial for you or not. Of course you can use it on behalf of someone else, just use their hand instead of yours.

You can also use a ‘*witness*’ of a person, rather than the person themselves. To create a witness, take a piece of paper and get them to sign it, and then ask them to rub the paper on their forehead so their vibrational quality is well embedded in the ‘*witness*’.

There is no reason why you could not use it to find if a plant wants more water, or if the strength of the fertiliser you will use for that plant is correct. Just do not mix this method with asking a question.

François

Communications With Inanimate Objects

Two stories by Marilyn Gang

Reprinted from the Toronto Dowzers Magazine, November 2012

Dowsing & Communicating with 'Cocoa' - The Porsche

Margaret related this story to us in her workshop - another story illustrating how dowsing and broadcasting makes a difference.

Margaret's client, Jerry, loved 'Cocoa', his cocoa-colored 2nd hand Porsche. He was distraught the day he came to her, because Cocoa had developed rust around her rocker panels. If he noticed the rust on the outside, what would be taking place in her innards?



Margaret's solution - which worked, of course, by the way - was for Jerry to do a broadcast. Two of the methods Margaret uses is (a) using The 'Sandwich', (b) using a small pyramid.

She told him to go to Canadian Tire, look at the rust inhibitors (for cars) that they sold and dowse which would be the best for Cocoa. Then write down all the identifying information such as the brand name and the item. Then, Jerry put together his broadcast for Cocoa, using a photo of Cocoa and her VIN (Vehicle Identification Number) as the Witness, and the information about the Inhibitor as the Message.

A few days later Jerry came back to Margaret saying he just noticed that the rust was turning white. It eventually disappeared. What this broadcast did, similar to Bill's Transformational Rings (that are also described in this issue) was to re-arrange the molecules into a form that is a more beneficial and desirable harmonious Alignment.

Sounds Crazy? Well, It WORKED!:: This got Jerry hooked on Dowsing.

At another point he felt that Cocoa's performance was deteriorating. Dowsing gave him the answer that Cocoa was lonely and - that Cocoa used to be a German tank as she was made from that metal material. So in the garage, he installed speakers and played Lieder songs (romantic German poems set to music). He dowsed when, how often, how long he should play this music. Cocoa's performance improved.

My House Tells Me What It (He? She?) Needs

When I decided to move to Canada I also had to decide what to do about the house I had built. I decided to rent it out. Every year I'd return for a visit, to see how things were going. Every year I came back to less and less house. It was heartbreaking.

Finally, I realized it might be best to sell it. I returned the next time because the tenants had moved (leaving their agreement, etc., before the term was up). I followed the advice of some very tuned in Reiki Master friends, which was, to ask the house what the house wanted. And to do this as soon as I arrived.



I got there, the house was empty, everything was quiet. Not knowing what to expect, I sat on the couch, became quiet and centered and closed my eyes. Totally focused, I formed the following words in my mind: *“House. Hello. This is me. I built you, I love you. I am trying to decide what to do now. Should I keep you or sell you?”*

Immediately I felt a voice inside of me. It was an alto and I could never discern if it was male or female, but it replied: *“You should sell me. Because you can no longer keep me in the manner I need and deserve.”*

That was it. I sat there, stunned. I knew it was the true answer and that it was the house itself that spoke to me, and that it took a great deal of effort for it to do so, as if it was making a journey of a million miles and that was all it could muster.

Our Wellness, Whose Responsibility is it?

By Bessie Senette, C.H.T.P.

*Reprinted from the Journal of the Ozark Research Institute
Volume 10 No 3*

As babies and children, our needs, health, and wellness are taken care of by our parents. However, as adolescents and adults, we are expected to take care of ourselves, to accept responsibility for our possessions, personal environment, dependent family members, etc.

Taking the idea of our responsibility a little further, let me add that we are responsible for our lives, bodies, and attitudes. For some people, this might be a new concept. For example, take JoAnn: she had an injury to her left leg that would not heal completely. She had broken her leg while vacationing with her boyfriend, Ken, in Cozumel three years earlier. JoAnn's injury was a compound fracture. What remained unhealed was a small area of tissue near the shin that the bone had punctured. Three years and two boyfriends later, the leg was still not healed completely and she was bothered by it every day.

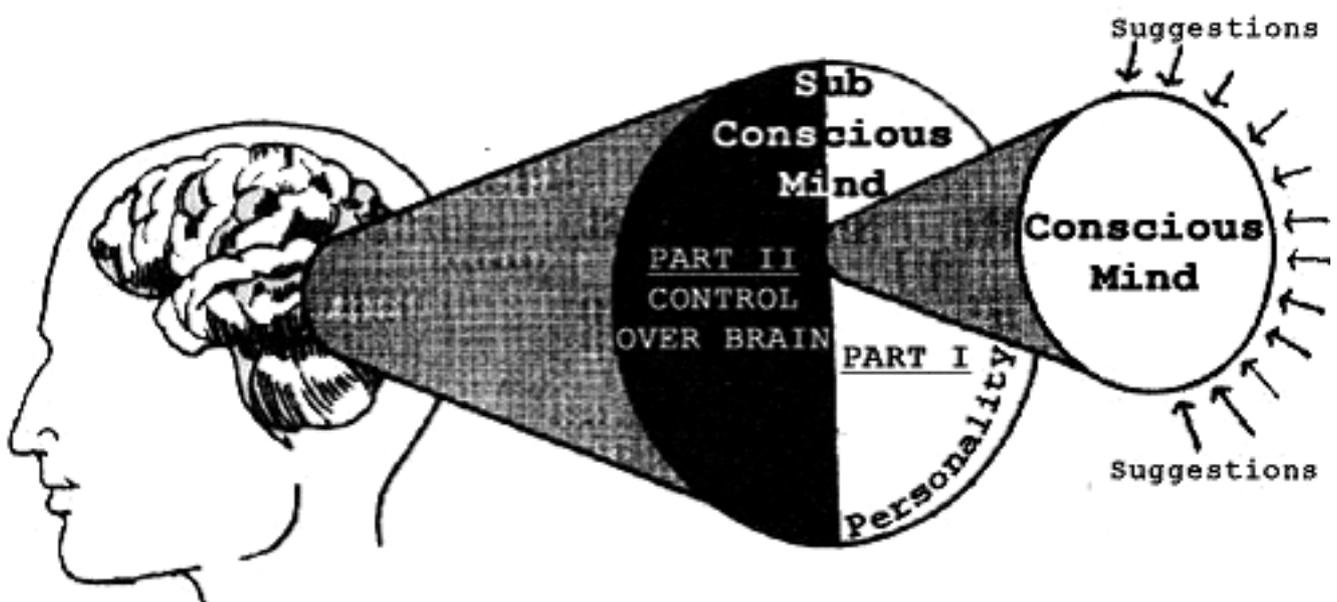
When I saw JoAnn for the first time, I asked her to tell me what was going on in her life at the time of the accident. She confessed that she had realized the relationship was not working out and she had resolved to end it, when Ken surprised her with an all expenses paid trip to an exclusive Mexican resort. Not wanting to miss out on the adventure, she decided to postpone her break up with him until after the trip.

As it turned out, JoAnn broke her leg on the first day of the trip, so she had to sit around the hotel and watch everyone else having a great time for five long days. I then asked her to tell me one word that the unhealed area could say, if it could talk, that would describe how she felt about the event. Her answer was "*regret.*" Thus it became clear to both of us that what needed to be resolved was the regret, in order for the physical healing to be completed. It is unknown how or why, but it is apparent that

the body stored the ethical discrepancy in the cells, and prevented completion of the healing process. JoAnn was able to finally close that chapter in her life and move forward, her leg now well.

In another case, John had a foot crushed in an automobile accident, resulting in considerable tissue loss. Two surgeons attended the injury in the trauma unit. Each surgeon had a different view of how the injury should be treated. One surgeon wanted to remove the heel of the foot, while the other wanted to insert a steel plate, hoping the severely damaged tissue would redevelop around the heel. The discussion was held in the operating room, while the patient was unconscious under general anesthesia. Two years after the accident, there was still an area of tissue that wasn't healing around the steel plate covering the damaged heel.

When I treated the injury, the medical intuitive information I discovered was that the heel had been amputated, when clearly it had not. Confused by this information, I asked John if amputation had been a consideration at the time of the injury. When I learned that the discussion had occurred while he was unconscious, I understood that the subconscious mind had registered the amputation as *'fact.'* This is a common occurrence when the conscious filter is unable to translate the incoming information. The subconscious does not recognize negatives so, if the surgeon says, "*We do not need to amputate this foot,*" the subconscious mind hears, "*We do need*



to amputate this foot.” The cellular memory cannot reconcile the discrepancy, even though the conscious mind can clearly see that the foot is still there.

In my energy medicine practice over the last eight years, I have seen many examples of the energy body indicating that healing must first occur at an emotional or subconscious level, before the injury, disease, or dysfunction can completely heal. It has also been my experience that the healing will often be completed when the patient simply acknowledges the discrepancy.

Sometimes physical action must be taken as in the first case. When Jo Ann made amends with her ex boyfriend and satisfied her ethical dilemma, the injury was healed completely. Healing occurs when we take full responsibility for the process and make informed, conscious choices about how, when, where, and by what means we will accomplish the healing. The mind heals first, then the physical follows its lead. A few years ago, this would have appeared as a radical idea.

How is it that the mind can so powerfully express its need for truth and order, balance and completion? Is it possible that it is part of the natural human design that we create order out of the chaos in our lives? We have not begun to understand the resourcefulness nor the apparent omnipresence of the human mind.

What has become clear to me is that if we remain aware of the language that we use to describe our ‘*dis*’ ease, and learn what the body is communicating to us through its language of pain, we can begin to learn what is stored in the cellular memory and what discrepancy or chaos lies beneath the pain.

If we uphold an attitude of discovery and curiosity about the information being offered to us by our bodies, we will be able to resolve the suffering with the same powerful mind that persistently calls us to task in its quest for order.



With the assistance of healthcare professionals and our own persistence in collecting all the broken pieces, we gain an understanding of our true nature and begin to heal.

Yet often I hear people claim ownership of their pain by saying things like, “*my asthma, my diabetes, my bad ankle.*”

As willing as we seem to be to own our diseases, we seem to be equally unwilling to take responsibility for healing them. We still expect medical doctors to give us a pill or perform a surgery that will make the pain all magically go away.

This mindset has created the healthcare crisis we are presently faced with. True healing occurs when we ‘*take the bull by the horns*’ and explore all of our wellness options. Unfortunately, this usually requires that we reach a point of pure frustration in the limitations of conventional medical solutions.

Wellness is a conscious choice. Preventative and Integrative Medicine have come of age. More and more we are turning to complementary medical solutions to resolve our health issues. Again the body is accomplishing its directive to attain order from chaos with a global approach, a shift in consciousness. More often, we are trusting our intuition and doing our homework before we opt for radical intrusive procedures or medications with side effects that read like the California recall ballot.

Wellness Centers are popping up in hospitals or in co-sponsorship with leading hospitals. It is irrelevant whether this is occurring because of the ‘*hit*’ medical facilities are taking in the pocketbook due to increased popularity of complementary services, or simply because the public is demanding it, as they become more informed about integrative approaches and complementary services available to them.

In the past, these services were last ditch efforts to restore wellness when all else had failed, but the new paradigm seems to be leaning more toward an ultra preventative medical approach. Added to the ageless information of the value of proper diet, exercise, restful sleep, and relaxation, we are now hearing about a balanced energy field or life force, emotional wellness, and psycho spiritual approaches to wellness.

Techniques such as Acupressure, Reiki, Healing Touch, Reflexology, Yoga, Hypnosis, Shiatsu, Craniosacral Rhythms, sound energy, meditation, herbal remedies, and Natural Hormone Replacement Therapy are becoming not only familiar terms but well used resources.

This grass roots movement has become evident in my practice as I receive more requests from patients to attend them in surgery, and medical professionals have started referring patients to me with increased regularity. People like JoAnn and John go beyond the physical symptoms to explore alternatives and seek our assistance.

As more practitioners congregate in our receptive community, my private practice has lessened but my teaching facility is in greater demand. People want to know about techniques that empower them to take charge of their own wellness. Healers with decades of experience want to put a professional face on their natural abilities to become integrative medical service providers. They have a vision that future healthcare will include all aspects of the human form without exclusion of the spiritual component to healing. We are spiritual beings having a human experience after all.

Whether JoAnn or John or our friends and neighbors ask us about our attitudes toward our own wellness, we know the body's innate wisdom is to be whole, and we know there are professionals available to help us heal our physical, emotional, mental, and spiritual selves. By fully accepting responsibility for our own wellness, we become empowered to learn what is available to promote our wellness.

When we listen to our body language, explore the messages underlying the body's symptoms, we educate ourselves, and we can choose to utilize new and revolutionary approaches to wellness.

Achieving wellness can be accelerated by using a proactive, positive approach. Give yourself credit for choosing a proactive approach - for supporting your health and wellness. In this way, we begin to experience the putting in order of a chaotic healthcare system, as we seek to align ourselves with the body's wisdom and accept this as a natural aspect of human design.

Ultimately, it is our responsibility to be well; ultimately we are responsible for the path we choose to that wellness.

Master Light Worker, Bessie Senette, is a Certified Healing Touch Practitioner who, as a Complementary and Alternative Medicine Specialist, trains other healers and healthcare professionals. She is A Reiki Master Teacher and Integrated Energy Therapy Master Instructor.



Quotes

“If opportunity doesn't knock, build a door.”

~Milton Berle

“It's not whether you get knocked down, it's whether you get up.”

~Vince Lombardi

“Logic will get you from A to B. Imagination will take you everywhere.”

~Albert Einstein

“What lies behind us and what lies before us are tiny matters compared to what lies within us.” ~ Ralph Waldo Emerson

The Gift of Garlic

*By Hwaa Irfan, Reprinted from www.onislam.net
A very interesting article by practicing Muslims*

Scientists have found that garlic is indeed a powerful healer.

Garlic, despite its offensive odour, has remained a part of the domestic arena, with properties established in traditional and holistic healing practices. Natural healers know that garlic is a powerful medicine.



Recently, however, modern medicine has also studied garlic, as more and more bacteria become increasingly resistant against man-made antibiotics. In their studies, scientists have found that garlic is indeed a powerful healer, but that it does not come without some dangers and side-effects. Natural healers are aware of these side effects as well, and often take them into consideration when suggesting garlic as a medicine.

The scent of garlic is one of its potentially harmful side-effects. Scent has a powerful but subtle affect on the mind-body relationship. The Prophet Mohammad once informed his followers: “*Whoever has eaten garlic should not approach the mosque*” (Sahih Bukhari 7:65 #362). At first this might seem like a personal request, but when one looks deeper, a larger picture can be seen through vibrational medicine.

Within the subtle energies of the human body, the odour of garlic blocks the throat, abdominal and base chakras. Chakras are energy centres in the body. All things being related, when the throat chakra is blocked there is an inability to express oneself emotionally. When the abdominal chakra is blocked, there is a sense of self-affliction with psychosomatic illnesses. Awakened, there is an ability to master one’s desires followed by

increased intuition. Pertaining to the environment of the mosque, the odor would disturb one's intent and affect one's ability to submit in prayer.

The base chakra is concerned with the sense of being grounded. It influences the lower extremities as used in sujud (prostration), especially the thigh muscles and tissues, and the circulation in the feet. When one isn't grounded, there are hidden fears and an inability to focus on important issues. When this chakra is awakened, one is calm and more able to initiate spiritual practices. If one's mind is agitated in the state of prayer, then the act of prayer becomes purely physical. Therefore, the unity in congregational prayer becomes disturbed on an energy level.

As such, the sulphur content in garlic interferes with vibrational healing remedies and methods (Gurudas, p.62, 63). Fortunately there is a quick cure for this odour: chewing a sprig of parsley can eliminate any odor.

Further laboratory studies have shown garlic capable of preventing the growth of 23 organisms. Two of these are campylobacter and helicobacter. Campylobacter and helicobacter are animal pathogens that have become human gastrointestinal pathogens. Campylobacter causes acute gastroenteritis and is viewed as a precursor to acute neurological diseases. It affects the young who may be exposed to contaminated animal products and water. Helicobacter causes chronic gastritis and has a role in the formation of peptic ulcers (Perez, p.1).

They have become increasingly resistant to antibiotics and made research on natural remedies imperative (MRC, p.2). Evidence shows that garlic supports the development of the natural bacterial flora whilst killing pathogenic organisms.

Another of garlic's many components is selenium. However, the amount of selenium is dependent on where the garlic is grown. Selenium is a part of the enzyme, glutathione peroxidase, which helps to detoxify the body by converting the hydrogen produced from white blood cells fighting

foreign substance, into water.

Selenium is effective in destroying the chronic yeast infection caused by the fungus *Candida albicans* (Healthology, p.2).

The anti-clotting component in garlic, ajoene, is not present in preparations like garlic oil and tablets. It is released in the process of ingesting freshly crushed garlic (Gisalon, p.3). By preventing blood clotting, which builds-up plaque, one prevents the hardening of arteries that contribute to heart disease (Indiantimes, p.1).



However, anyone who takes blood-thinning drugs like Ticlopidine and Coumadin should avoid garlic, as a reaction occurs between these drugs and garlic – causing excessive bleeding to occur (Healthology, p. 1,2).

Thirty years of research has shown garlic to be effective in reducing cholesterol levels. Fresh garlic oxidizes blood fats that would otherwise increase the risk of heart disease and is effective in cancer prevention (HRF, p.2). A 1994 study of 41,000 women who consumed a weekly serving of garlic demonstrated a 35% decrease in the risk of colon cancer (HRF, p.2).

Garlic is known to reduce systolic blood pressure and lower the blood sugar. However, this means that garlic would not be the herb of choice for many hypoglycemics (those who suffer from low blood sugar).

Like all herbs, therapeutic amounts depends on personal biochemistry, contrary to mass - produced drugs. For instance, those with sensitive stomachs may not be able to tolerate raw garlic. In Germany, herbs are

sold for therapeutic use and are under obligatory standardization. The German Commission determined that 4000mcg of allicin is the equivalent of the required therapeutic dose (Healthology, p.2).

The virtues of garlic do not outweigh the disadvantages. Both aspects have a place in the scheme of things. However, like most things, one has to recognize how and when best to use it.



Society News

It is with much regret that we have received Jim Pennycook's resignation from the Society's Committee. Jim has to prepare for a coming hip operation and needs time to rest.

Jim has been a member of the Dowsers Society of NSW Inc. since 1989. During that time he has been a great guiding influence, both as a general member and in various executive roles.

Jim has helped keep us on track with his extensive knowledge of the Constitution. His familiarity with the rules and procedures of our Society made him a valuable adviser. He is also a good communicator, always ready with a good idea, a joke, a laugh and a hug.

Jim is strongly committed to learning new things on an ongoing basis. He holds the values of our Society very dear, particularly when it comes to expanding our knowledge.

We look forward to seeing Jim at the monthly meetings after the recovery from his hip operation early next year, and we wish him a fast and easy recovery.

The Committee

Are Eco Light Bulbs Good for You?

By Paul Joseph Watson

Reprinted from Geomantica 50, Southern Spring Edition 2011

Study Reveals ‘Eco’ Light Bulbs are Carcinogenic. A damning new study by German scientists has found that energy saving compact fluorescent light bulbs (CFLs) contain poisonous substances that could cause cancer and should be *‘kept as far away as possible from the human environment’*; but many countries will be soon demanding the replacement of traditional light bulbs with toxic CFLs.

Several carcinogenic chemicals and toxins are released when CFLs are switched on, including phenol, naphthalene and styrene, the scientists found, as reported in the London Telegraph.

The study, conducted by Peter Braun at Berlin’s Alab Laboratory, led the scientists involved to warn that the bulbs should only be used sparingly, in areas with good ventilation, and *‘definitely not in the proximity of the head’*, due to the danger of the electrical smog the bulbs generate impacting human health.



That is going to cause difficulties for Americans who will be forced to buy the bulbs following a government ban on traditional incandescent lighting that comes into effect on January 1, 2012. The legislation mirrors similar laws in Europe, where incandescent bulbs began to be phased out in 2009.

From September 1st the incandescent light bulb is banned in Europe and the EU also plans to ban halogen bulbs by 2016, forcing people to use

only CFLs, which produce a poor quality of light with an attendant flicker effect, that causes many people to become dizzy and ill.

The new German study adds to concerns raised by separate research conducted by Abraham Haim, a professor of biology at Haifa University in Israel, who found that the light emitted by CFLs increased the chance of women getting breast cancer by disrupting the body's production of the hormone melatonin.

The bluer light that CFLs emit closely mimicks daylight, disrupting the body's production of the hormone melatonin more than older-style filament bulbs, which cast a yellower light.

The Migraine Action Association has warned that CFLs could trigger migraines and skin care specialists have claimed their intense light could exacerbate a range of existing skin problems.

CFLs are also more harmful to the environment than other light bulbs because they contain toxic mercury that contaminates the environment when the bulbs reach landfill.

If a bulb is accidentally smashed, one should immediately clear the area for some 15 minutes to avoid mercury vapours.



Real Truth Behind EU Con Over Energy Saving Bulbs

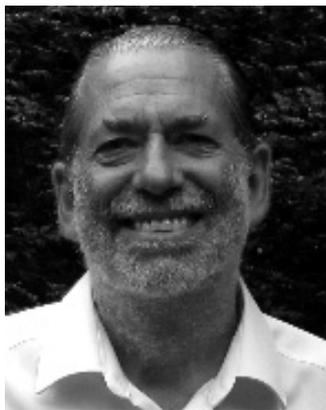
by Giles Sheldrick, The Daily Express, U.K.

September 3, 2011

Speakers for January 20th, 2013

Archangel Michael, his Mission on Earth, and Ours
- Gerry Taylor-Wood and Richard De Welles -

Archangel Michael is the foremost angelic energy that presides over this epoch according to esoteric knowledge. This talk will illustrate the meaning and qualities of the Archangel and how we may draw upon his presence on our spiritual journey.

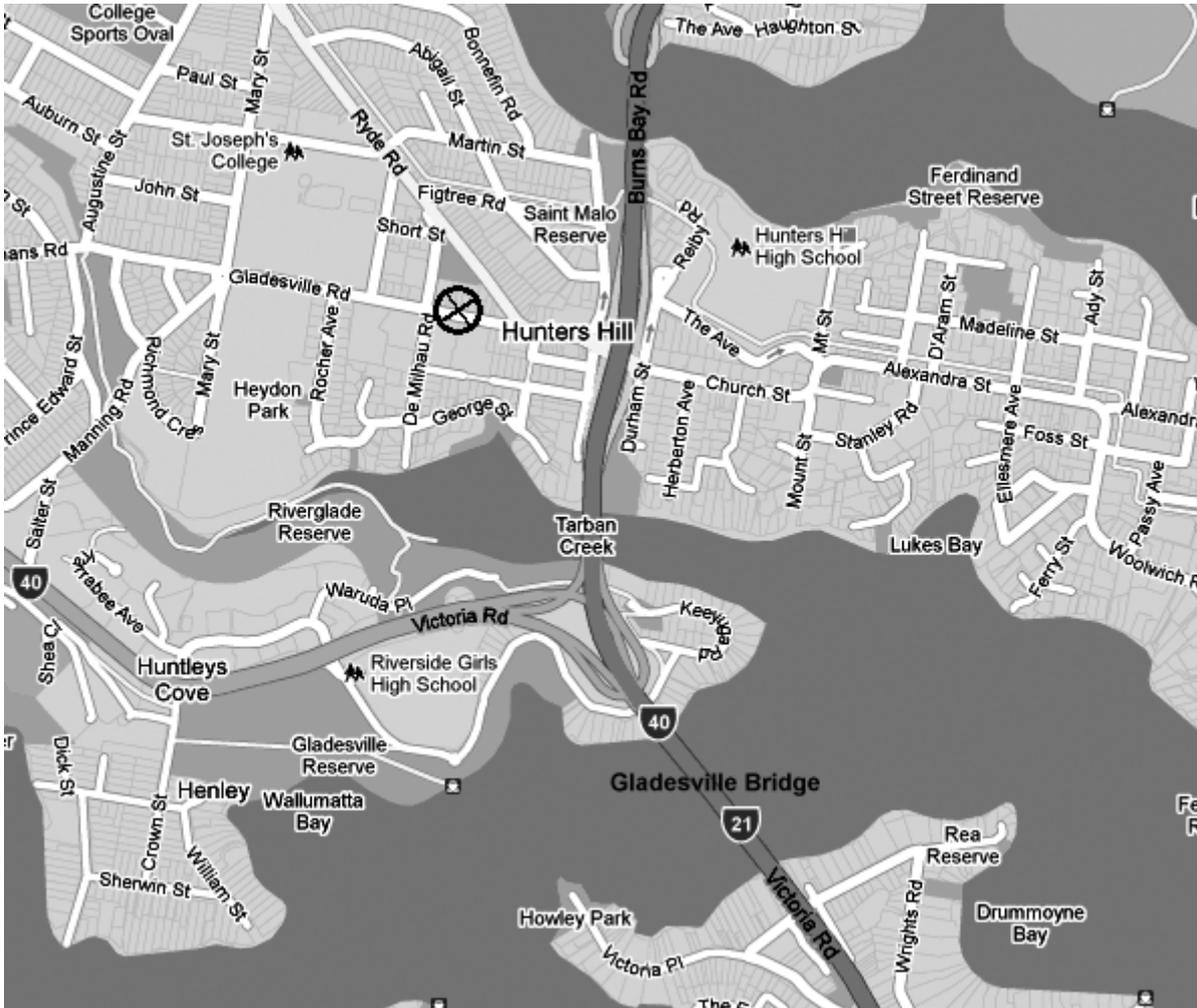


Geraldine and Richard have been taking groups annually to the British Isles and Europe to visit some of the world's most stunning and sacred sites. At these places there have been incredible apparitions of the Archangel, instructing the people to build a holy sanctuary dedicated to him.

Among these sites are: Saint Michael's Mount in England, Mont Saint-Michel in France, Monte Sant Angelo in Italy and Skellig Michael in Ireland.

These represent the four powerful sites dedicated to the Archangel. The Ancients believed that if you visited all four in a lifetime, heaven would await you.

Geraldine and Richard have assisted many people to accomplish such a pilgrimage and will share with you beautiful photos of these sacred and powerful places, including the sites on the Michael-Mary ley lines.



Date of Meetings

Third Sunday of every month, except December (2nd Sunday)

Time: 2:00pm to 5:00 pm

Venue for Meetings

Community Hall, 44 Gladesville Road, Hunters Hill

Bus Services:

Transport Enquiries: 131 500

*From City, Central : Bus # 501 from Central to Rozelle
then Bus # 506 to Hunters Hill*

From City, Circular Quay : Bus # 506

From Chatswood : Bus # 536

Please arrive at the meeting early so as not to disturb
and be seated by 2:00 pm