

Dowsers Society of NSW Inc.

Newsletter

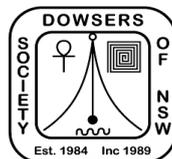
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Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.

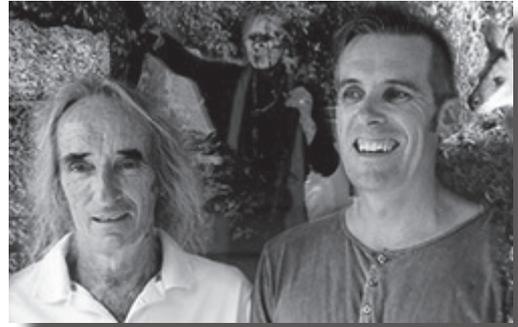


Speakers for August 21st, 2016

Steven and Evan Strong

- Between a Rock and a Hard Place -

This 90 minute presentation will introduce you to the interaction between dowsing rods and crystals with Original cylcons and 'magic rocks'.



The content is drawn from two sources. The first being the recent Ancient Aliens episode called Wisdom Keepers, which focuses on three sites we are researching, the Kariang hieroglyphs, an ancient engraved compass, and the Bulgandry site chronicling Original Sky-heroes travelling through the Milky Way.

We also intend to include some of the content from our recent book, 'Between a Rock and a Hard Place'. In particular, the scientific and genetic evidence now substantiating our belief that the Original people were the first Homo sapiens, first mariners, astrologers and the genetic base from which humanity evolved.

We will examine the evolving story of the oldest temple in the world. The Standing Stones site was according to the President of the Australian Archaeological Society, at least 40,000 years old.

The first examination of some of the Original sacred star rocks (some of which were on this sacred mound) will be based on science, the unbelievably advanced technology on display, original explanations and guidance and the possible implications.

<http://www.forgottenorigin.com>

From the Editor

Whoever said that “*overseas travel is glamorous*”. Seated between two strangers, with the seat in front of me a few inches away from my nose, and the kid behind me kicking the back of my seat, I have about 14 hours in the same location to deeply ponder this saying.

So many such statements are plainly false. I guess it started a long time ago when the hunter-gatherers started to develop agriculture. The increase of food supply was going to make a great difference and improve their lives. That did not turn out to be true. A study showed that the farmer of the Middle Ages Europe had to toil more than 8 hours a day while the Australian Aboriginal of the time only worked half that time to gather his/her food.

An unexpected side effect of the agricultural development was the need for protection. That protection came at the cost of freedom. Walls, defence and taxes were the side effects which we still have to deal with today.

Another false promise was technology. It was going to allow us more free time, enjoy shorter work hours, have more holidays, This did not turn out to be true either! Today I work harder than I did 20 years ago.

Computers were going to save so much paper, again not so. I waste so much paper in the course of my work. This very newsletter will be printed to be proofread, the paper will be recycled but a tree was felled for it.

So, why was I travelling? To clean up my late mother's house in France. Such a lesson to learn. She had accumulated so many things, knick-knacks clothes, pictures etc. that it took us a week to even make a dent in the amount of stuff to clear. All these things just gathered stagnant energy.

A good lesson for me, and a reminder that I am only ‘*passing through life*’. I will not take any of this with me, just the love that I felt, that is all. As a result, I will make sure not to leave too much behind when I go.

Until next time..

François

The Magic of Bronte Beach, Sydney, Australia

By Alanna Moore

I have written about a magical Sydney beach in the past. The story about Coogee Beach, with its modern sacred site on the north headland, prompted positive feedback. Tim Strachan (now deceased) subsequently wrote a piece about it for *Geomantica* also. His ashes were spread there, at the 'Our Lady of the Fenceposts' site last year, to fulfil his wishes. I'm sure the nature spirits residing at this magical site will help his spirit along the way too.

The '*being*' known as Mother Mary makes regular visitations there too, especially around the time of the anniversary of the Bali Bombing, when commemorations are focussed on the monument there at the top of the cliffs every October 12th.

While Coogee and nearby Bondi beaches are thronged by sun and surf worshippers, I always prefer the quieter places. Between those two well known beaches lies another two, more compact beaches, Bronte and Tamarama. Bronte has a leafy park that is a popular picnic and play spot shaded by large Norfolk Island Pines. And a gully leading to the beach is being carefully regenerated back to natural bush, with invasive feral plants removed and natives reinstated.

Now the native plant blossoms there attract flashy bright parrots that leap and frolic in the branches, feasting on nectar. Bronte's delights are more tucked away and hidden, more yin, you might say, than the other 'out there' beaches. A good place to meditate in nature.

Much of my childhood was spent not far from Coogee Beach (the name means '*stinking seaweed*' in Aboriginal), but I didn't go there much. The bright sun on white sand was too glary and could give me headaches. I've always loved the greener Bronte Beach. It's usually peaceful and lovely

early or late in the day and on the quieter week days. Plus my favourite aunt and uncle lived there. And in one week in November each year there is a highly popular Sculptures by the Sea exhibition, with artworks displayed along the cliff top walk that connects the beaches together. Some are also on show on Tamarama Beach, as in the photo of the most popular sculpture of 2015.

Women's sacred site

In 2010 Parvati came from Brugu Aranya centre in southern Poland to Australia, after being guided to do sacred site activations using Agnihotra fire ceremonies there. This is an extract of what she wrote of her experience at a sacred site at Bronte Beach.

February 11, 2010 at Bronte Beach

Lil led us to an ancient Aboriginal women's birthing site by a river. The day before, I had been told in meditation that there should be four women to activate this site. However, there were only the three of us! We decided to go anyway. Lil, Anne and I brought an Agnihotra kit, five Narmada lingams and my crystal singing bowl. We set the lingams in indentations in the rock surface surrounding the copper pyramid. As soon as we sat down, one lingam literally leaped up and rolled all the way down the rocks into the river below! It remains there now.

“As we lit the fire, suddenly I had a vision of an Aboriginal woman elder, wearing simple earthy garments and a large necklace, made of seeds or shells. She sat in our circle and spoke the following:

“I am your fourth sister. Receive our hands in your hands. Our hearts in your hearts”.

I am the elder of all the women whose spirits still remain in sacred communion at this sacred site. We are many’. (I saw them all around our circle.)

You have come to find your voice. Beyond the earthly world you live in. You

are aware of the realm above it, calling you, ever calling you...”

The full story of Parvati’s visit to Sydney, the Blue Mountains and other special places in Australia is at:

www.oriontransmissions.com/2010/03/15/march-15-2010-orion-in-australia/

Visiting Bronte Beach in 2015

With a sincere heart seeking, you can find the site that Parvati helped to activate.

I don’t need to tell you where it is. Such sacred places are potentially accessible to all.

They can reveal their magic to honest seekers. But you have to be ready for them.



Mary’s spot, in Coogee’s headland

In November 2015 I flew back from Ireland to Sydney. I went straight to Bronte Beach and stayed a few days there with my uncle Jim (my dear aunt having passed away in 2014). Crowds attending the Sculptures by the Sea were dense, but on that Monday morning light drizzle was falling and only a few were braving it. Perfect!

I wondered how many of them realised that there is an old, but clearly visible Aboriginal carving of a whale on the cliff top that they were marching by, when heading north towards Bondi? It must have once been a site for connecting into the spirit dimension of the whales that pass by here every winter, also heading north. Whale carvings are often found on the

sandstone cliff tops of the Sydney area. There was one such carving, now vanished, that was near my childhood home at La Perouse, on the shores of Botany Bay.

One day in the mid 1960s a large whale shark (the world's biggest shark species) was caught up in the bombora / whirlpool just out from the Bare Island where we lived and it ended up beached on the island's rocky shore. Many local Aboriginal people enjoyed feasting on the carcass and it made front page news in the media!

A few days later I returned to Bronte Beach and had my own experience of profound spirit connection at Bronte Beach. I had been teaching dowsing for the New South Wales Dowsers Society in Hunters Hill all day. I was still recovering from the long flight, was electro-stressed and had a lingering cough. Luckily I got a lift straight back to Bronte on that Sunday evening. Light rain was falling again, it was warm and humid, and a storm threatened. Feeling worn out, I grabbed an umbrella and walked down to the sea shore barefoot, looking forward to a session of earthing in the sea water.

Amazingly, the beach was almost empty of people. Down at the natural rock pool, where sandstone boulders afford protection from the surf, a colourful Indian couple waded quietly in the water with a little child. Standing in the shallows in a meditative state, I found myself staring out into the great Pacific Ocean, going into a restful space of deep reverie. (I'm told I used to do this, staring out to sea, as a child.) After teaching the art of dowsing and devic connection through the day I was in a highly sensitive state.

Out of the blue I clairaudiently heard a voice making a grand announcement, that woke me from my dreamy space and surprised me. "*The Great Spirit is coming!!*" it said. I sensed an excited anticipation in the air. It felt like something grand and special was happening in the invisible realms.

On the horizon a great dark thundery cloud bank was coming this way

from out to sea. It was emanating enormous energy. It seemed to be the vehicle of the approaching Great Spirit that was so exciting to the local devic life. When it was closer, I saw the Great Spirit of this part of the Pacific Ocean stretch out two 'arms' to briefly touch me with its energy. We thus connected and it felt totally exhilarating!

Then the mighty deva was gone, all too quickly. (I imagine the mobile phone tower close by was not to its liking.) But the blessing stayed with me and I treasure the memory of that thrilling, though brief moment of devic connection.

So I encourage the readers, women in particular, to visit Bronte Beach in an open and sensitive state of mind, and to see what you might find there in the invisible realms. You just might be as surprised as I was on that stormy Sunday evening.

Alanna Moore is one of our founders. She now lives in Ireland, but travels a lot to give lectures and seminars. We always enjoy her visits to Australia and try to organise a dowsing seminar around it.

Alanna's website is <http://www.geomantica.com>

Editor's notes:

I did attend an earth energy course with Alanna at Coogee headland quite a few years ago. Alanna's friend Tim was there. He was an extraordinarily gifted psychic who, amongst other things, could see entities.

He asked us to sit in front and slightly above the site where Mary supposedly appeared on the Coogee Headland, and close our eyes. He then proceeded to describe what he saw. He saw a huge ball of beautiful energy race from Wedding Cake Island to the spot in front of us, a little over the cliff outside of the shrine spot.

Tim said the entity was feminine energy, like a 'Queen of entities'. It was filled with many small brilliant orbs shimmering and spinning around

inside of it. As the 'Queen' raised above the rocks I felt this incredible peace washing over me. We stayed silent, all affected by the presence. The 'Queen' stayed for a while then whooshed away at great speed, back towards the island.



Wedding Cake Island, Coogee

Tim explained that long before the Sydney basin was created by a huge river, some 200 million years ago, the area was covered with volcanos.

Over millions of years, the basaltic lava flows from the volcanos were buried and covered by the river sands, which became over time our Sydney sandstone. These solidified lava flows now act as highways for entities of all kinds. One of these lava flow ends right where Wedding Cake island is located and this is where the 'Queen' who visited us came from.

A few years earlier I came to Coogee to show the late Michael Poynder the shrine. He dowsed 2 strong lines of energy crossing right where the shrine is, but a little over the cliff. A powerful vortex is located there. Michael said that often, entities use these vortexes to move from one dimension to the next.

Quite possibly one of these became visible for a while, triggering the religious publicity for the site.

In any case it does not matter if people think it is the Virgin Mary or not. People come and feel the energy of the vortex and benefit.

François

Peter Ruehmkorff's Work

By Jane Ruehmkorff

Peter Ruehmkorff (1937-2013) was a member as well as committee member of the Dowzers Society for over 20 years, joining shortly after the Society's inception.

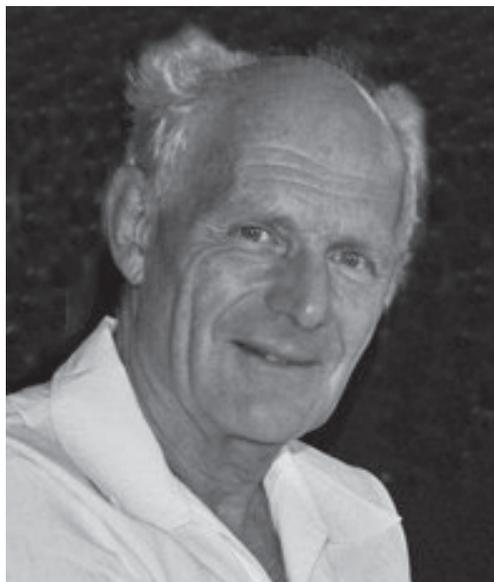
Peter learnt to dowse when he was nine, and the story goes that after the war in Germany, his father was checking lightning arrestors with a colleague.

They came to a church with a tall steeple that had an old gnarled oak tree beside it that had obviously been struck by lightning several times.

While the two men were puzzling over the fact that the tree had been hit and not the church steeple, the priest came out and said: "*Do you want to know why?*" The priest told Peter's Dad and his mate that the oak tree was growing on a negative earth line, which attracted the lightning, bypassing the church steeple. Then the priest showed these two men how to dowse, proving where the negative earth radiation was located.

Peter's Dad went home that day excited about his new skill and showed his family how to dowse. His Mum couldn't do it and was not happy that she was missing out, however later on his Dad noticed that when she went to someone's house often she would sit down and a few moments later say that she couldn't sit there and move!

Peter's Dad was curious and checked, only to find that invariably his wife had moved because she was sitting on a negative line. She was a natural dowser! Peter's Dad began helping people with his dowsing skills and Peter would go along with him - to find out why the local farmer's cow



was not doing well or perhaps to fix the earth radiation at a home where someone was sick. Invariably the cow was in a stall that had a negative line through it and would improve its milk yield when moved.

In those days changing the earth radiation was in experimental stages and they did not have a method that was permanent, using copper rods stuck in the ground that had to be checked every few months as they became saturated.

In the early 80's Peter fell very sick due to his long use of steroids for hay fever prevention. His doctor told him that if he did not get off the steroids he would be dead in 3 years. This was a big wake up call for him, so he began to improve his health in every way he could, after finding a doctor who did help him through the process.

It took a few years, but Peter learnt a huge amount through the healing he went through, in order to become healthy again. He discovered that a lot of it depended on his emotional health, so he became involved in the JEL movement, learnt holographic re-patterning and attended numerous personal development workshops. It was around this period that Peter joined the Dowzers Society of NSW, as he realised it was also important to start giving back to society and passing on some of what he had learned.

A friend and fellow committee member from that time, Barbara Johnson, says: *“I believe that the hardship and rigours of Peter's childhood in wartime Germany helped fashion the durability and determination that was the hallmark of his personality”*.

Peter's enthusiasm on the early Committee helped to make dowsing accessible to all who were interested. As President, he brought dignity and a certain gravitas to the task. When he greeted the assembly, his powerful presence brought the room together as one, in a 'magic circle'. His leadership qualities enhanced the Society's profile as its success grew over the years. I personally am grateful for the opportunity of having learned so

much from his store of knowledge.

During this time Peter was working as an instrument maker in the Physics Department of Sydney University (where he worked for 20 years). One day a homoeopathic friend brought him a radionics box she wanted copied. He opened up the box and couldn't see any batteries or electrical outlet and suggested to the woman that she had been '*ripped off*', not being able to see how it worked.

Knowing Peter liked a challenge, she suggested that she check out Peter's health and make up some appropriate remedies for him on the box, which he would take and then come back to her in six weeks. He agreed and six weeks later they met up and she asked him how he was. "*Fine, just the same!*" he replied. So she started going down the list of symptoms she had given him remedies for and much to Peter's surprise most of those had magically disappeared. He was very impressed and was happy to make her a copy of the radionics box and also made himself one.

This sparked his interest in radionics and soon Peter became a manufacturer, modifying and improving on the original Malcolm Rae box. He developed the design so he had an instrument that could do more than much more elaborate machines could achieve.



Peter's latest radionics machine

He always had in mind that his instrument needed to be easy to use and affordable. These boxes were sold all over the world, approximately 100 a year, all handmade and Peter never advertised.

Peter passed away in March 2013 and his boxes have not been available since.

Fortunately Peter had shown Craig Feher of Lone Gum Instruments, in Atherton, Queensland how to make the boxes. Craig worked beside Peter in his workshop, for a week, taking extensive notes. Now Craig has produced a box with the modification that Peter had intended to do before he died. Craig has also generously shared his notes on how to make the radionics boxes with Chris Hillier of Montmorency in Melbourne.

Radionics boxes can copy any homoeopathic or biodynamic remedy, at any potency required, using cards that hold the message of that remedy. Life-force or chi/prana/nous is used to make the remedy. This does sound like magic, but it works!

Dowsing is an integral part of making a radionics box, because the life-force needs to flow into the box from the outside, through the remedy card, and to the remedy being made in the well. After some tuition and encouragement from me, Craig and Chris now dowse with confidence, making sure the polarities are correct on all the cables (like the batteries in a torch) so that the life-force can flow freely.

I met Peter in October 2003 and in January 2004 he invited me to Norfolk Island to attend a dowsing seminar he was holding over there. So with a group of like minded people we enjoyed a series of seminars and workshops interspersed with sight-seeing and in Peter's and my case – falling in love!

In May I heard he was going to Tasmania to hold a seminar on earth equalisation, so I phoned him and cheekily asked if he would like an assistant! After changing his plans to accommodate me, we ended up doing

the workshops, as well as about 20 environmental property surveys in and around Hobart in one week. That's a lot! For me this was a crash course in learning about earth radiation and I loved it.

Each home had different problems and I would leave Peter to concentrate on the dowsing, while I explained to the home owner the process of an environmental survey and the Celtic Stone method of fixing the earth radiation, often teaching them to dowse if they were interested.

I also took on the job of looking around the home, checking for anything that may be detrimental to the family's wellbeing, and this is where Feng Shui came in. Problems could range from an excess of clutter to a picture hanging over a bed head with broken glass pointing like an arrow at the bed occupant below! Fortunately I also have an interest in Feng Shui, as Peter did, and it comes in handy helping people see what may be causing discomfort in their homes.

Over the nearly 10 years we had together we travelled extensively holding seminars and doing property surveys, working as a team. In May/June 2006, on our honeymoon, we held seminars in Far North Queensland, because clients had sent out a call for help after Cyclone Larry.

This is when we met Craig Feher, who is now keeping Peter's work going by making the radionics boxes. I continue to do property surveys when asked, using the Celtic Stone method that Peter started. (See Dowsers Society of NSW Newsletter for March 2013).

Jane Ruehmkorff can be contacted by e-mail sabirajane@gmail.com, phone on 02 4751 2904 or mobile 0499 652 804.

People interested in the radionics boxes can contact Jane. She will be happy to explain their use and to teach prospective users.

Society News

Research Officer Wanted

A newly created committee position of Research Officer has been established to further the aims of the NSW Dowsing Society.

The Research Officer would liaise closely with our Librarian and Newsletter editor to provide ongoing research into the modes and applications of Dowsing.

Such information may be presented to the society in the form of articles submitted in the Newsletter or the occasional short presentation at our monthly meetings.

Please contact our Secretary - Robyn Lee (bainlee@smartchat.net.au) if you are interested.



Sales Desk

We have new supplies of Basalt powder (paramagnetic powder), which can be used for energising plant growth, building Power Towers etc.

250 gm bags available for \$2.50 and 500 gm bags for \$5.00

Dowsing as Energy Testing

By Dr. Barbara Mallory

Reprinted from Canadian Society of Dowzers, Spring 2003

The Polarity Principle in Dowsing: Unless the dowser's body is functionally polarized so that s/he is plugged into the energetic resources of Earth and the rest of the Universe, the information s/he obtains by dowsing may be reversed, unclear or otherwise invalid.

Here's why, polarity-wise. The body is like a giant battery pack in which every cell is a miniature battery. In Energy Psychology, the functional positive pole for the length of the body is at the top of the head, with the negative pole at the bottom of the feet. When the body is correctly polarized, we're electro-magnetically plugged into the earth's energy field and the vast energy-informational resources of the Universe.

However, our overall energy state and our thoughts (both conscious and subconscious) dramatically influence the polarity of our body's energy field. When we're depressed, tired or hungry, we may be so energy-depleted that it's as if we're de-polarized. When we tell a lie or think a fearful thought, our body polarity can instantly reverse or '*switch*'. When that happens, it's like our batteries are in backwards, and our muscles weaken due to energy loss.

At the same time, our sweat glands release moisture via the Galvanic Skin Response (GSR). When we're extremely excited, tense, traumatized/injured, or exposed to toxicity our body's energy field may become disorganized. In these non-functional polarity states we're not likely to obtain accurate information from dowsing. Here's an excellent exercise to correct reversed polarity and disorganized energy.

Polarity Correction and Lock-In

- Rub collarbone points and navel, 20 seconds.
- Rub navel and tailbone area, 20 seconds.

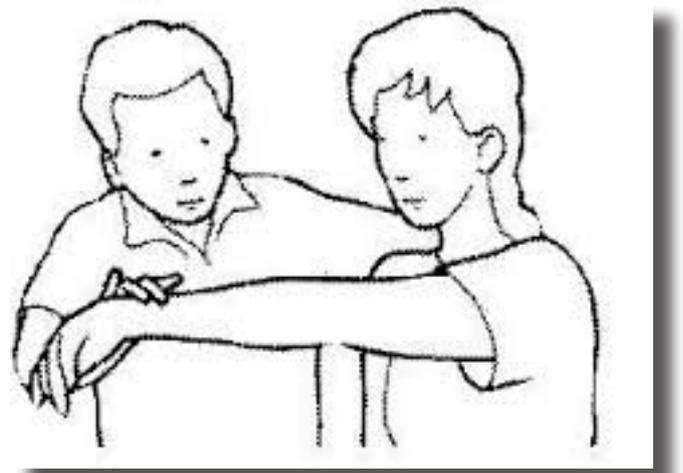
- Pull up on navel and 3rd eye point (between eyebrows and 1/2 in. up) for 20 seconds.
- Repeat many times daily if your body polarity is often reversed or your energy disorganized.

Dowsing As Energy Testing

There are four common methods used to dowse for energy-based information about physical and psychological health: muscle tests, ideomotor tests, sticky/smooth (GSR) tests, and pendulum dowsing. All are useful to test self and other.

1. Muscle Testing.

These techniques test energy flow through a particular muscle or muscle group and are an application of Kinesiology. Research shows that the body reacts to states of congruence and incongruence. When presented with cognitively incongruent stimuli - e.g., I say my name is “*Ralph*” when in reality it is “*Barbara*” - my muscle strength is compromised and the muscle being tested ‘*gives-way*’ to an outside force.



When I say my true name, my normal muscle strength is maintained and is better able to resist the same outside force. Many influences can put a person in an incongruent state: thinking a bleak thought; experience or recall of negative emotion; exposure to toxins; allergens or unhealthy situations; stating what is consciously believed true when deeply-held subconscious belief is contradictory.

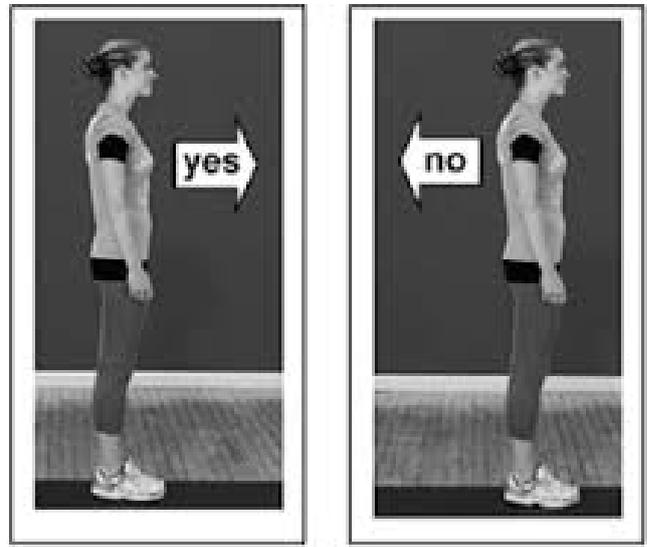
Remember, we’re not really testing strength in the arm-wrestling sense. We’re dowsing energy flow through muscle tissue. We can use finger, hand, arm or leg muscles as indicators. Energy testing using an arm is

done with a partner applying the test pressure. The O-Ring Test, or one of its many variations, is a handy way to self or surrogate test.

2. Body Dowsing / Ideomotor Testing.

In an 'ideomotor' test, an idea or thought produces a natural motor response, even if the thought is subconscious rather than conscious.

As a tree leans towards sun, our bodies incline naturally toward what is healthy or true for us. A spontaneous ideomotor test is the 'Sway Test' using your whole standing body. The Sway Test is a great guide for healthy supermarket shopping!



Think YES, with a strong positive feeling. Wait. Notice your body's natural response to YES. It may sway slightly forward. Repeat this a few times for practice. Now think NO, with a yucky negative feeling. Notice your body's response to NO. It will lean slightly back or to the side, doing so readily and reliably with practice. That's the ideomotor response, and that's how the Sway Test works.

A discreet Sway Test variation is a 'Head Nod.' Relax, breathe, invite your head to indicate YES. Notice your head's natural response to YES. It may tip slightly forward or down/up as though starting a nod, "Yes". Repeat for practice. Relax, breathe, invite your head to indicate NO. Notice your head's natural response to NO. It may turn slightly to the side as though for a head-shake, 'No,' or draw back/away a bit.

3. Sticky-Smooth (GSR) Testing.

Place the palms of your hands together and rub gently a few times. Ask

your body to use a smooth feeling to mean “*Yes*”. Just be in “*allow*” mode. Let your body relax and respond.

Now, rub your hands together gently and notice how they feel for Yes. Take your time. Practice a few times until Yes and smooth are reliably connected.

Next, ask your body to use a sticky feeling to mean “*No*”. Rub your hands together gently and notice how they feel for No. Take your time, and practice a few times until No and sticky are reliably connected. Now that your body has the idea, try it with “*Yum*” and “*Yuck*”. Your body will know to respond with smooth for Yum and sticky, for Yuck.

A handy one-hand sticky-smooth variation is a finger test. Rub the pads of your index finger and thumb lightly together to get the feel. Then, ask your body to use a smooth feeling to mean “*Yes*” or “*agree*” or “*That’s healthy /okay for me.*” Let your body respond. Rub your finger and thumb together gently and notice how they feel for Yes. Take your time, and practice a few times until “*Yes*” or “*Agree*” or “*Okay for me*” are reliably connected to smooth.

Then, ask your body to use a sticky feeling to mean “*No*” or “*disagree*” or “*That’s not okay for me.*” Proceed as before. Practice a few times until ‘*No*’ or ‘*Disagree*’ or “*Not okay*” is reliably connected to sticky. Then try it with “*Yum!*” and “*Yuck!*” Your fingers will respond with smooth for Yum and sticky for Yuck.

4. Pendulum Dowsing Test.

You need a small weight on the end of a 5 or 6 inch cord or string - a pendant on a chain, a lifesaver on a piece of thread, a ring on a piece of dental floss.

Hold the string quietly between thumb and index finger - in neutral. Think YES, with a strong positive feeling, and watch your pendulum. It will begin to swing forward-and-back or in a circle or side-to-side. That

particular movement means Yes for your pendulum and you. Practice a few times. Do the same with a strong NO thought and feeling, and watch your pendulum. It's likely to make the opposite movement.

If it swung forward-and-back for Yes, it may swing side-to-side for No. If it circled clockwise for Yes, it may swing counter-clockwise for No. If your response is unclear, choose one of those patterns and practice the pendulum movements while thinking/feeling Yes and No. Once your pendulum is programmed, it will always use the same indicators unless you program it differently.

Dowse for water/Test your hydration.

Touch a few strands of your hair. Intend to test your hair for hydration. Use your energy self-test to ask: Hydrated? Yes / No.

If Yes, you're ready to dowse. If No, drink water and test again.

Check your body polarity by testing your true name (which should test Yes) and a false name (which should test No).

(1) Think/say: "My name is __true name__, and test. Yes / No

(2) Think/say: "My name is __Walt Woods_," and test. Yes / No

If you get a Yes for your real name and No for Walt Woods,(unless you really are Walt Woods), you're correctly polarized. If you test No for your true name and Yes for Walt Woods (but you're not Walt Woods), your body polarity is reversed and you need help!

Do the Polarity Correction and Lock-in, and test again. If you test Yes for both your true and the false name, you're over-energized. RELAX, breathe to center / ground yourself, and test again.

If you test No for both your true name and Walt Woods (no matter who you are), you're too energy-depleted to dowse right now. Self-care is needed - thump your thymus; take a break; have water, snack, rest or nap. You

know what you need. After self-care, test again. Unless your body is correctly polarized, your dowsing isn't reliable.

4. Think of something joyful, and test. Yes / No

Think of something disgusting or upsetting, and test. Yes / No

Test: "*I want to be happy*" Yes / No, versus "*I want to be miserable.*" Yes / No

Test: "*I love and respect myself completely.*" Yes / No

Test: "*I'm afraid to walk on burning coals.*" Yes / No

Many emotional problems resist release because the subconscious mind holds deeply-rooted, limiting thoughts and beliefs about what we can and should do, be and have. That's what's happening when we're "*stuck in our stuff.*" Negative subconscious programming is maintaining the energy disturbance that underlies our distress.

In Energy Psychology, self-defeating thoughts and beliefs are called "*psychological reversals.*" Practically speaking, psychological reversals are just outdated defensive programs, i.e., defense and survival mechanisms that we've over-learned in the course of early experience (especially from birth to about age 20).

These programs served a purpose in the past, helping us survive hard times. If they interfere with our growth and change in the present, they're due for an upgrade.

If emotional distress isn't letting go despite your best efforts, consider subconscious blocks to change, or fail-safes, like those identified by clinical psychologist, Dr. Larry Nims.

You may think of other blocks that apply to you related to your specific emotional issue. But how would you eliminate each block you identify? Dr. Nims and his clients use his clinical treatment approach, '*Be Set Free Fast*' (BSFF). You could dowse to correct the reversal.

- Beginner & Refresher Dowsing Seminar -

Sunday August 28th, 2016

“Give Dowsing a whirl, it could change your life!”

- with Maggie Lowe -

Dowsing is a means of accessing information, using a pendulum, via your body's own natural electro-magnetic sensitivity in answer to a clearly defined question.

At this relaxed, hands-on, interactive, practical seminar, beginning dowsers will learn the basics of 'what, why, how and when' from Maggie Lowe who is an experienced tutor.

If you are a dowser already but feel a bit '*wobbly*', not confident in your ability or your pendulum '*doesn't seem to be reliable*' these issues will be addressed.

You will learn how to ask the right questions and to produce accurate answers, participate in activities which will build your dowsing confidence, learn to make and use charts to save time and be shown the use of other tools such as divining rods and bobbbers.

Cost:

The Seminar cost is \$120 for members and \$140 for non-members. Non-members will have the opportunity to join the Society on the day at a discounted price.

When:

The Seminar Registration will begin at 10.15am for a 10:30am start, on Sunday 28th of August 2016.

Where:

Community Hall, 44 Gladesville Road, Hunters Hill, Sydney, NSW, see back of newsletter for directions. (Same room as our monthly meeting.)

Dowsing Seminar

**- Beginner & Refresher Dowsing Seminar -
with Maggie Lowe**

Registration Form

**I would like to register for the Beginner & Refresher Dowsing Seminar
on the 28th of August 2016**

Title: _____ First name: _____ Surname: _____

Address line 1: _____

Address line 2: _____

Suburb: _____ State: _____ Postcode: _____

Telephone: _____ Mobile: _____

Email: _____

Enclosed is my cheque/money order for \$ or, I made a direct deposit

Cost: \$120 members or \$140 non members

Preferably make a direct deposit to:
Dowers Society of NSW Inc. - BSB: 032298, Account #: 173532,

Quote Reference: Your name+28AUG16,
and advise Robyn by email of your personal details.
Forward payment with this completed form, or email to:

Robyn Lee
50 Gerard Street
ALEXANDRIA,
NSW 2015

Tel: 02-9319-5392 Email: bainlee@smartchat.net.au
Please do not send cash

www.dowsingaustralia.com

Please detach this form to register

Cut along dotted line



Library News

Book review:

'Dowsing, A Path to Enlightenment' by Joey Korn

This book is a good one for those of you who would like to learn to dowse, or brush up on your skills.

The following review is from Amazon, where this book gets a five star rating. This book is the best book on dowsing I have ever read!

Joey does a great job of explaining the basics, but if you are searching for deeper knowledge concerning dowsing, earth energies, and even spiritual wisdom from Kabbalah this is for you.

First off, this book covers '*way more*' than dowsing, as the title suggests, it is profoundly spiritual. So if you are looking for just the '*run of the mill*' How to book on dowsing, this may not be for you.



Quotes

You do not always need a plan.
Sometimes you just need to breathe, trust, let go
and see what happens

- Mandy Hale

Failure is the opportunity to start again more intelligently

- Henry Ford

Forever is a very long time, specially towards the end.

- Woody Alen

Speaker for September 18th, 2016

Tanya Brown

- Crystal Healing -

Tanya Brown is a kinesiologist, healer and medium who is trained in many areas. In her client sessions she uses many tools such as essences, colour & sound therapy, acupressure points, sabotage clearing and of course...crystals!

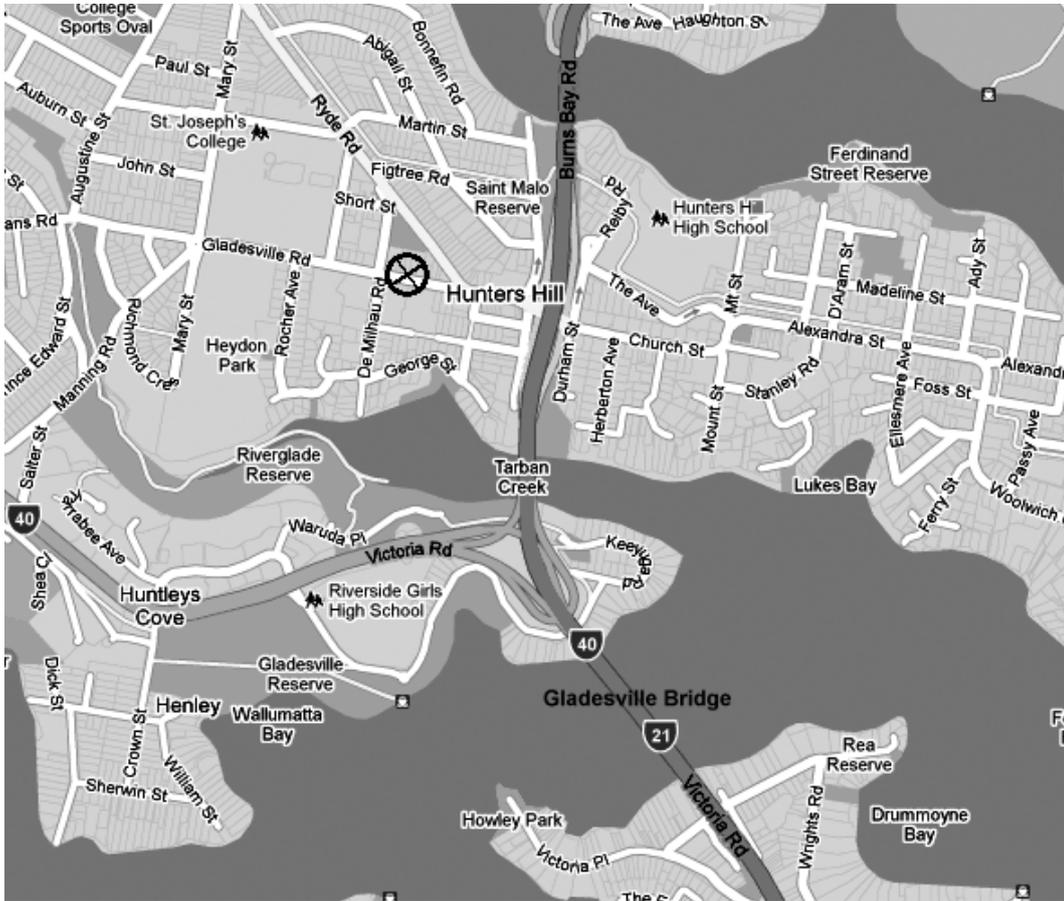


If you want to have fun journeying into the powerful healing abilities of crystals, come and join this interactive session that covers:

- How to feel and connect in with the energy of crystals
- How to choose crystals
- How to use crystals for healing yourself and others
- Balancing chakras, meridians & auras with crystals
- How to use crystals at home, work, in your car and for your pets
- Meditating with crystals
- Caring for and clearing crystals
- Programming and grids & much more

You are welcome to bring your own special crystal along if you have one you want to work with more, or are not sure how to use it, or for any other reason really!

If you want to start your collection or add to it there will be a variety of beautiful **crystals for sale on the day!**



Date of Meetings

Third Sunday of every month, except December (2nd Sunday)
Time: 2:00pm to 5:00 pm

Venue for Meetings

Community Hall, 44 Gladesville Road, Hunters Hill

Bus Services:

Transport Enquiries: 131 500

*From City, Central : Bus # 501 from Central to Rozelle
then Bus # 506 to Hunters Hill*

*From City, 506 bus goes from Town Hall House, Druitt St, Stand L, to
Gladesville Rd, cnr of Pitt St, Hunters Hill*

From Chatswood : Bus # 536

Please arrive at the meeting early so as not to disturb
and be seated by 2:00 pm

Website address

www.dowsingaustralia.com