

# Dowsers Society of NSW Inc.

## Newsletter

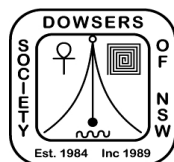
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### Table of Contents

2	August 19th, 2012 - Practical Dowsing Session
3	From the Editor
4	The Lure of the Labyrinth
7	The Voice Within
9	Be Still
12	Finger Dowsing
14	Geoprosperous Places
20	Food, Herbs and Dowsing
24	List of Available Dowsers
25	Library News
26	September 16th, 2012 - Geoffrey Morell

Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.



# August 19th, 2012 Meeting

## Practical Dowsing Session

### - Members Sharing Their Experience -

Learn to Use a Pendulum

Free Admission - Free Afternoon Tea

Fun and information afternoon for beginners and those wanting to refresh their skills.

Bring your dowsing tools, or buy, or make one there. This meeting will be quite informal and allow members to come and renew their dowsing. There will be a chance to practise, to share your experience with other members, and to learn new techniques.

We will have a number of short presentations, one of them will be about a recent visit to the Inca site of Machu Picchu, in Peru by one of our members. The presentation will include photos and explanation of the site's energetic lay-out.

We have these special meetings once a year and they are always exciting, as we discover that we are not alone in dowsing.

Members are a rich source of inspiration and support and having a chance to meet everyone in a sharing environment, hearing their stories, sharing yours if you have any, are a great plus to all of us.

Hope to see you there and hear your stories.

# From the Editor

This month we have 4 articles written locally. You too could be writing about your dowsing experience or something related. I am sure that we all have these little moments when the light bulb goes on, when something clicks and we have learned something new. Why not share these moments with us, it will make them that much more meaningful for you and benefit everyone.

I read a comment recently, which I found so profound that I feel that it is timely and appropriate to reproduce it here:

*“Humanity is waking up! Friendship and respect are flowing across the planet as never before, because so many are taking a very personal interest in the Olympic Games and delighting in the skill and talent displayed by so many dedicated sportsmen and women. This is an enormous turning point in human relations, as the mass appeal of these games inspires people to shelve their differences and focus on what we all have in common – being human on Planet Earth.*

*This coming together of many varied cultures from all over the world, at one location at this moment in our evolution, is indeed an event of enormous significance. Its significance has not yet truly penetrated humanity’s consciousness, but as the games progress and draw to a close, it will become breathtakingly apparent.”*

I am not a fan of games myself, but I see the point made above. We so often look at things through the small window of our awareness. I find it refreshing when someone takes a step back and reports on what they see.

We have a few interesting and inovative articles this month. I do recoment you try Susan Collins suggestions in her Geoprosperous Places article. It is very creative, I tried it and it did work for me.

Until next time.

*François*

# The Lure of the Labyrinth

*By Gordon De L. Marshall*

**A**t our last meeting on the 15th July, Emily Simpson gave an interesting talk on labyrinths. She also brought with her a six metre canvas labyrinth, which was unfurled on the floor at the back of the hall. After the talk, Emily invited members of the society to try the labyrinth in stockinged feet, which just about everyone did. Nobody left early, and several people were seen doing the trip more than once. The whole resulted in a very successful and happy afternoon.

A trip along the labyrinth is probably best done alone, and unhurried. One of the labyrinth research groups considers that the journey should take at least fifteen minutes, and that you can do a weekend retreat in that time and come out better for it, and able to look back on the course of your life's journey.

Most of us tend to associate labyrinths with minotaurs and ancient Greece, and also confuse labyrinths with mazes. Consequently it comes as something of a surprise to learn that labyrinths were widespread, reaching from square rock-cut labyrinths in Scandinavia, to others in central America and India, with the largest ones being found in Egypt. They were an ancient form of spiritual progress, with the result that they were taken over by the Christian church, and appear in medieval Cathedrals.

There is a large labyrinth in Westminster Abbey, usually covered by a carpet, and one in Chartres cathedral in France, where the chairs are removed once a week to allow access to the labyrinth. Labyrinths were not always flat, and an ascending labyrinth can be found on Glastonbury Tor; and it is believed that the terraces on the Gympie pyramid originally formed a labyrinth leading to the summit. The druids used a labyrinth with a form of ankh in the centre, which was also used as a symbol.

The labyrinth formed a spiritual journey, usually in a spiral pattern. The



spiral is the basic pattern of the galaxy, and the heart contracts in a spiral pattern. Unlike a maze, a labyrinth contains no blockages, no terminations and no false pathways (The terms ‘*amaze*’ and ‘*daze*’ are associated with “maze”).

The person walking the labyrinth followed a spiral path to the centre of the labyrinth, and a spiral path out again. Where pilgrims found themselves too poor to undertake a pilgrimage, it could be done by walking the labyrinth in the nearest cathedral, or on your knees if you felt penitent. (One wonders about walking on the knees on outdoor, gravel-filled labyrinths!)

However, I am unaware of anyone doing any dowsing on labyrinths to find what energy lines, or water lines may lie beneath. Guy Underwood, in his interesting book ‘*The Pattern of the Past*’ (Abacus Books 1972) dowsed many English sacred sites and cathedrals, and his dowsing maps show spiral patterns, including blind springs, in several cathedrals, but

none seem to be utilized for labyrinths. On the other hand he does say that following water lines causes depression, which may have been the reason.

Much work remains to be done on labyrinths, both on their possibilities for spiritual development, and also quite possibly for healing and helping the mentally ill.

The Edgar Casey Foundation has installed a large labyrinth with some of these ideas in mind. Emily has gained permission to put in a permanent, sandstone labyrinth in Centennial Park, so we hope to see more coming from this.

*Gordon*

*Gordon De L. Marshall is the current president of the NSW Dowsers Society*  
If you are interested to hear about opportunities to walk a labyrinth, please check <http://www.sydneylabyrinth.org/>



## Mind What You Say

How very powerful are our slightest words - and I would like to relate a graphic reminder that was once presented to me.

My young friend Laurel, a specialist teacher for deaf children, loved her career. However, she took a dislike to one particular school where she had spent a brief term in training. Telling me about it she declared:

*“If they decide to send me to that school permanently, I’ll slit my throat!”*

Some months later, Laurel discovered she had a serious thyroid problem, for which she underwent urgent surgery - a six centimetre cut across her throat.

*Barbara Johnson*



# The Voice Within

*By John Richardson*

There was a fund raising group operating a ‘*Chocolate Wheel*’ within the hospital grounds. A voice within my head said, “*Go over, you will win!*”

At the time, for our family, money was very tight and not to be lightly frittered away.

“*Second last spin for the day, one set of numbers left,*” the spruiker called. We claimed the numbers. The wheel of numbers spun, WE WERE WINNERS. “*Take a prize any prize on the table!*” The large tin of honey would provide our family with food for some time to come.

“*Come on, let’s go while we are in front*” my wife said. “*We have to give something back!*” I replied. Another set of numbers. Up went the cry “*Final spin for the day*”.

WE DID NOT WIN. “*We should have stopped when we won*” my wife admonished. We were not meant to win. See that’s our number next to the winner on the wheel, I replied.

The above event happened when I was first trying to understand this ‘*energy thing.*’

On another occasion I was crossing a large area of excavation for preliminary consolidation of road works. The area at the immediate side of the highway had been excavated and as I neared this vicinity this voice in my head said, “*Watch out you will be hit by a vehicle.*”

LOGIC kicked in, I watched the highway traffic that might come my way like a hawk ready to take evasive action.

VOICE, “*You’re going to be hit by a vehicle!*”

A reversing truck of road base gave me a very solid thump to the upper rear part of my body. Fortunately, the only hurt was my pride!

Instead of locating the direction of the danger, I had applied ‘*my logic*’.

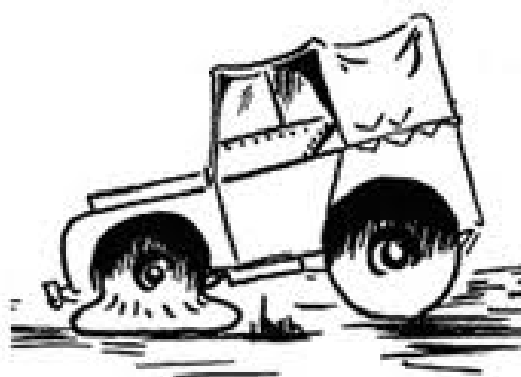
I was looking in the wrong direction.

A VERY VALUABLE LESSON!

For the last 50 to 60 years this voice has never deserted me and has never been wrong. I must admit I have disregarded the advice on occasions and had to pay the price.

An example: Each morning when I went into the farm shed I often received simple advice for the day.

“*Put the jack on the truck!*”



I didn't take the jack. Our place was steeply sloped marginal country. At the bottom of the property, guess what? YEAH, YEAH. ONE FLAT TYRE.

I trudged all the way back up the hill to the shed, and then I carried the jack all the way back to the truck. I could have saved myself a lot of grief.

So when the voice speaks to you – Be smart!

*John*

*John Richardson is a regular contributor to the newsletter. I get a new article, and sometimes two, in the post from him every month. John is a great dowsler and intuitive. He can be contacted on (02) 6643-3813*



# Be Still

*by François Capmeil*

My grandparents on my mother's side lived in an old village about 50 km north of Paris. The house was old and strangely designed. We spent every weekend there as kids, before the entire family moved to the same village.

This house had secrets. I thought I knew them all, like the rusted German World War II bicycles hidden in the barn's hay; or the original antique radio equipment used to capture the first morse code transmission from the Eiffel Tower. But there was one more secret which was kept for later.

I was about 18, visiting my grandparents one late spring day, when Grandpa said "*I have something to show you, come with me*". He proceeded to lead me to his workshop. I knew his workshop well. One of the walls was covered with a thick dusty brown curtain. It was so dusty, in fact, that as kids we never ever thought of touching it, or hiding behind it. Grandpa walked straight to the curtain and drew it aside. A solid door appeared in the wall behind the curtain. Grandpa waited a moment to maximize his effect, and slowly opened the door.

A deep green light filled the workshop, I was dazzled. It was so unexpected. He pushed me gently forward and closed the door behind us. The door had opened into a narrow and long space, bordered on one side by a white washed wall and on the other by a chicken wire fence. The fence was covered by sweet scented wisteria. It separated his property from a dead space between neighbours' properties. Green light filtering through the wisteria created a mysterious atmosphere in the garden.

Walking further in, I saw the well, it was half hidden by overgrown creepers. The stone work appeared very old. An ornate metal arch over the well held a rusted pulley. The well was capped with a plank, and a chain hanging from the pulley was attached to an old fashion wooden bucket. It was

truly magical, just like in a fairy tale.

We sat on the ledge of the well, in silence, there was nothing to say, I was awestruck. Grandpa was smiling at me and all I could do was grin back. We stayed for a long time, just enjoying the special moment, the sweet scent of the wisteria and the stillness of the garden. Yes, that was the most magical part, the garden was STILL and that stillness was contagious. It crept in and made me feel good.



One thought crossed my mind, “*This is the first time I felt this feeling!*”

Day dreaming, in that restful place, I flashed back to a very vivid scene: White vertical bars, behind them, a window, the curtains are partly closed. In between them, a beam of sunlight pours at an angle into the room. I am laying on my back watching the beam of sunlight through the bars of a baby cot.

In the beam of light, dust particles are dancing, reflecting the sunlight in a silent, slow motion aerial ballet. I feel totally content and still, no sense of time or need, no thought, just a joy and awe at witnessing the little stars dancing in the slanted beam. I could have watched, still, and content, for ever.

Footsteps outside, a door opens at the foot of the bed. The beam of light leaves my consciousness and my mother’s face appears in the doorway.... end of flashback.

I had no prior recall of this event. I must have been two or three years old, yet it is so vivid in my mind now, the feeling of peace so real, like it exists on its own, permanently inside of me, only to be triggered by some

random events.

How much do we really know about who we are ? How come this stillness which feels so good eludes us, hides in childhood memories, when we need it every day to recover from the onslaught of modern living.

Today stillness has become less elusive for me. First I courted a trigger for it, but light beams do not dazzle me anymore, and hidden gardens only work once. I have courted it in people, in relationships, in nature, in travel, in business success, and finally within myself, where it truly is.

What I have found is that stillness is the field into which the farmer can plant his seeds, the white page where the writer can lay down his true story. The tool box where the handyman's tools are stored. The book where truly our story is written in indelible letters.

OK, admit it! You wonder what this had to do with dowsing, didn't you? In fact, it has everything to do with it. To dowsers, it is the very connection to the all knowing, the source of the answers they are seeking. Without the stillness, who knows where the answers will come from, and the answers often then reflect the dowser's own expectations or inclinations.

The world is getting crazier everyday. Whatever you practice, you will become good at. If you practise getting lost in the world you will become like it. It will fill your life with distractions, and will leave you empty and hollow. Times are changing, our inner selves are pushing to be recognized.

If you practise being still, on the other hand, you will become good at it. Practise stillness and the invisible will become your friend, you will gain purpose and focus, and the universe will bend to come and help you in your endeavours.

We all have a permanent invitation to visit our own inner sanctuaries.

*Francois Capmeil*

# Finger Dowsing

*By Joe Smith*

*Reprinted from the Journal of the Canadian Society of Dowsers  
Journal 10. Spring 2009*

You can get YES and NO answers using your index finger as a dowsing tool. The finger will slide easily when you rub it if the answer is a NO, while trying to stop if it is YES. Just practice on any slick surface like your dinner table to get the feel of the YES and NO answer, but clean the syrup off first. Clean tables work better.



For example, driving down the highway, use your finger to ask if there are any cops down the road within, say, ten miles. If the finger sticks as you rub it on the dashboard it means “*Yes there are*”. Your finger might actually chatter just as if it were rubbing over a washboard road. Then ask if the cops are headed towards you. (Each question needs to be separate so that you can get your YES and NO answers.)

But please do not use this as an excuse to speed, the cameras will get you anyway.

I also use this technique to see if it is going to rain the next day. You can even find out how much rain you will get, and I have found out it is close most of the time. To find out how much it will rain, ask a series of questions like: “*Will we get one inch of rain today?*”, then go up or down with your questions till you get the right amount.

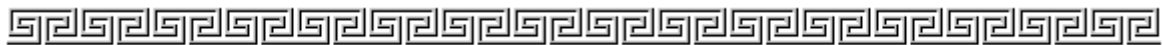
You can learn to use a finger and your thumb, if you are shopping for the best vegetables or fruit. It is really handy because you don't have to reach for a pendulum, and people don't know what you are doing. When you

are voting you can use it to find the right candidate while in the booth.

Learn to use any tool that is available. You don't need a hundred dollar pendulum to get an answer. I know one fellow that uses his elbow to pick the right fruit in the store. He picks up a cantaloupe and asks if this is the best one for him. If his elbow comes in and touches his side it means "yes". There are all kinds of ways to dowse.

This is all coming from a guy that sells 500 pendulums a year plus bobbers. All tools are good for certain uses but if you don't have one, improvise with whatever is handy. I made an oil well location with a piece of barbed wire. Coat hangers will work. Tree branches will work. Ends of a fishing rod make good bobbers. The tools are nice but you are the one doing the dowsing, not the tools.

*Joe and Marta Smith, based in Nebraska, have been dowsing since 1974 when they needed a water well on their Nebraska farm. Since then they have taught dowsing at many conferences.*



## Quotation

I know very well that many scientists consider dowsing  
as a type of ancient superstition.  
According to my conviction this is, however, unjustified.  
The dowsing rod is a simple instrument  
which shows the reaction of the human nervous system  
to certain factors which are unknown to us  
at this time.

*Albert Einstein*



# Geoprosperous Places

- *A new Focus for Health* - By Susan Collins  
*Reproduced with the author's permission*

I, for one, am sick of looking for things that make me sick. Why is it that the dowsing community is so focused on all things non-beneficial, when we know we get what we think about? We know we create our own realities, and the realities we apparently enjoy spending time with include, among other things, homes filled with Geopathic Stress. ('Geo' referring to the earth, 'pathic' referring to suffering or inaction.)



Our alarmist culture has spread the word that harmful energies exist everywhere, and dowsers keep finding and naming new types of energy that interfere with our health, wealth and happiness. To be honest, it's been good for my business, since I spend a good part of every day helping people balance the problems in their environments, but isn't it time we shifted our collective focus to energies that make us healthy? If we get what we think about, let's think about and look for beneficial energy places, something I've always referred to as Power Spots. I've been inspired to develop a new term for these places that will help and heal us: Geoprosperous Places. ('Geo' referring to earth, 'prosperous' referring to, you guessed it, prosperity.)

Let's focus on finding places that are healthy for us and maximizing the beneficial effects of those places. Let us invite prosperity, love and joy into our lives. Let us experience abundance in all things. Yes of course there may be things around us that are not good for us, but there is a tremendous amount of energy around us that supports us: Geoprosperous energies.

By focusing on the beneficial energies around us, we can become high pressure systems of beneficial energy. Energies which do not serve us will automatically be dispersed in the same way low pressure areas are. Another way to view this is to remember that darkness cannot exist where there is light. Our focus on Geoprosperity will eliminate Geopathic Stress.

### **Geoprosperous Areas**

A Geoprosperous area can be as small as your office chair, or as large as a remote valley you hike into. You can seek out these beneficial areas in an environment, or you can simply ask them to come to you where you need them. It is a key concept in the energy world that the energies you seek will come to you. So if you're having a bad day on the job, you can simply ask for the beneficial energies you need to get through the day. I had the good fortune to be teaching a class for the Canadian Society of Questers in Salmon Arm, B.C. in the fall of 2010. I introduced the concept that not only are there Geoprosperous Spots, but that the energies you need will come to you. An older man in the audience had come into the class using a cane for support; he'd hurt his leg in an accident at work. He took the information I presented to heart, and realized that with each step he took, he could ask for healing energy for his leg. By the end of the class he had tucked the cane up under his arm, and was no longer using it for support.

### **Power Spots**

The concept of Power Spots was first given to me by the late Bruce Magill. I'll never forget the Canadian Society of Dowser's conference when Bruce, a big, intimidating man, solemnly got up on stage and told us he had discovered Laughing Spots - places so powerful that when he stood on them, he was convulsed with belly laughs. He proceeded to demonstrate (and with Brucey, that was something to witness) and his laughter was contagious. When the laughter died down he told us that you could ask for a spot for anything you needed, and I've been teaching his concept ever since.



## How to Find a Geoprosperous Spot

You can find a Geoprosperous place the same way you find anything else with dowsing. The easiest tools to use are L-rods and pendulums. Geoprosperous spots will come to you if you ask them to.

**1. Use a Dowsing Protocol** to connect with the best and highest good so that your answers are accurate and helpful. (The Dowsing Protocol I use is at [www.dowser.ca/dowsingprotocol.html](http://www.dowser.ca/dowsingprotocol.html) and is also given in all my books.)

**2. If you have a specific issue you want help with**, such as *'I feel tired'*, set your intention to find a spot that will assist you in having an alert state of mind and body. (See examples in the article). State clearly what you are looking for. I often just say something like: *"I ask for a spot to give me the most appropriate energy for me at this time, so that I may be completely balanced in all aspects of my being."*

### **3a. If you are using L-rods:**

Say *"L-rods, point to the closest spot that will help me resolve the issue ... (state the issue you identified in Step 2.)"*

Walk forward slowly saying *"L-rods, cross when I get to the spot that will help me resolve ... (state the issue you identified in Step 2.)"*

When the rods cross, ask *"L-rods, is this the spot?"* If NO, ask the rods to point to where you should stand and slowly walk in that direction until the rods cross. Confirm the spot.

### **3b. If you are using a pendulum:**

Say *"Pendulum, swing to the closest spot that will help me resolve the issue ... (state the issue you identified in Step 2.)"* Walk forward slowly saying *"Pendulum, swing clockwise when I get to the spot that will help me resolve ... (state the issue you identified in Step 2.)"* To begin: hold the pendulum at the level of your belly button in front of your body and have it swing away and towards your body. Walk slowly in the direction that the pen-

dulum is swinging. If it angles away from your body to the left, go left. If it angles away from your body to the right, go right. As you get close to the Geoprosperous spot, the pendulum will begin to swing clockwise. When you are right on it, the pendulum will swing strongly.

When the pendulum swings clockwise, ask “*Pendulum, is this the spot?*” If NO, ask the pendulum to swing in the direction you walk. Walk forward slowly until the pendulum swings clockwise. Confirm the spot. Sometimes it can be a bit hard to tell from the motion of the pendulum exactly where the spot is. Make your best guess, then confirm with a YES or NO answer by asking if you are standing on the spot that will help you balance your issue.

**4. Now that you’ve found the spot**, let your hands relax at your sides, let your knees relax a bit, close your eyes, take a deep breath and think to yourself “*I ask to receive the beneficial energies available to me at this spot, particularly those connected with ... (state the issue you identified in Step 2.)*”

**5. You may feel something in your body** - a motion, a thought, a vision or other sensation. When the experience seems complete, step off the spot. Ask with your tool if there is anything more for you to do at this spot. Ask if there is another Geoprosperous Spot you should experience at this time.

**6. Jot down any thoughts** or experiences and keep track of your progress.

### **Examples of Issues and Solutions**

Use the procedures described above to find your own Geoprosperous Spots. Dowse through the sample list below to see which of these statements, if any, are appropriate for you to work with at this time. Adapt the wording of the issues and solutions statements to your own needs and traditions to get the maximum benefit. Remember, when in doubt you can always say something like: “*I ask for a spot to give me the most appro-*

*priate energy for me at this time so that I may be completely balanced in all aspects of my being.”*

**Not enough money:** *“I ask for a Geoprosperous Spot (GS) to reduce barriers to my prosperity, and to increase my experience of financial abundance on an ongoing basis.”*

**Lonely:** *“I ask for a GS to disconnect my reluctance to communicate with people, and to increase my ability to relate to others in a healthy way on an ongoing basis.”*

**Sad or regretful:** *“I ask for a GS to help me let go of memories that no longer serve me, and to increase my experience of happiness on an ongoing basis.”*

**Confused or forgetful:** *“I ask for a GS to eliminate all thoughts, emotions and energies that interfere with clear thinking, and to increase my abilities to recognize truth and value on an ongoing basis.”*

**Angry or afraid:** *“I ask for a GS to disconnect all non-beneficial emotions that interfere with my ability to think clearly, and to increase my ability to take appropriate actions in a timely way on an ongoing basis.”*

**Hungry or tired:** *“I ask for a GS to remove my feelings of hunger and fatigue and to maximize the environmental energies available to me, so that my body can be healthy and strong until the time I can get the healthy food and rest I need, on an ongoing basis.”*

**Lost:** *“I ask for a GS to disconnect all energies of confusion, and increase the energies around me that will direct me to a safe place so that I can complete my journey.”*

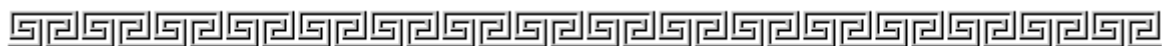
**Sick body:** *“I ask for a GS to disconnect all non-beneficial energies around every aspect of my being at the appropriate rate, so that all the energies around me create perfect health physically, mentally, spiritually, emotionally and energetically.”*

What’s your issue?: Create your own statement ... *“I ask for a GS to...”*

I invite you to find your own Geoprosperous places. Let me know how it turns out for you! For more information about dowsing and how to dowse, please visit my website: [www.dowser.ca](http://www.dowser.ca).

The terms: ‘*Geoprosperous*’, and ‘*Geoprosperity*’ are copyright by Susan Collins. This article may not be reproduced without written permission from the author.

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## God's Boxes

I have in my hands two boxes, which God gave me to hold. He said, “*Put all your sorrows in the black box, and all your joys in the gold.*” I heeded His words, and in the two boxes, both my joys and sorrows I stored. But though the gold became heavier each day, the black was as light as before.

With curiosity, I opened the black, I wanted to find out why,

And I saw, in the base of the box, a hole, which my sorrows had fallen out by.

I showed the hole to God, and mused, “*I wonder where my sorrows could be!*” He smiled a gentle smile and said, “*My child, they're all here with me.*”

I asked God, why He gave me the boxes, why the gold and the black with the hole? “*My child, the gold is for you to count your blessings, the black is for you to let go.*”

*From <http://amessageofhope.com>*

# Food, Herbs And Dowsing

*by Beth Parker Albright*

*Reprinted from the American Dowser Quarterly,*

*Volume 19 No.3, August 1979*

I stood one day by the fruit counter in our local supermarket and swung my pendulum over a cantaloupe which I held in my right hand. I sensed that I was being observed, and turned to see an elderly couple watching me with attention. I smiled at them and the woman said; *‘We couldn’t help wondering what you were doing!’*

I replied that my pendulum had just tuned in to the fact that it would be better not to invest seventy-nine cents in that cantaloupe. I picked up another melon and held the pendulum over it. The couple watched as the little stone swung in a strong clockwise motion.

*“There,”* I said, *“That one is OK. If I’m going to pay the present price of fresh fruit or meat, or any other food, I would like to know that I will not be disappointed!”*

The two appeared to be interested, and not willing to dismiss me as a nut, so I spent a few minutes explaining that this was no remarkable talent of mine, but a useful means of tapping an energy that can be translated into information available to us all. This spring I have been enrolled in a course on *‘Herbs for Health’*, taught by an outstanding Vermont herbalist—a delightful individual named Adele Dawson. I was very pleased when a young woman in our class asked Adele how we could know whether a particular herb was right for us—especially when several are listed as having similar properties, and Adele pulled out her pendulum and said, *“This is how I decide”*.

We are faced with many decisions in our lives that relate to our health. We are urged to eat a *‘Well balanced’* diet. If we press our physician on the subject, we may be given a list of the four main food groups and be told



to eat from each of them every day. This is presumed to be the backbone of good nutrition.

The problem is that little is said about which foods go well together, or which foods actually complement each other to provide the essential amino acids. There is much talk and considerable controversy over vitamins. Most agree that they are necessary, but physicians are inclined to tell patients, who do not have conspicuous deficiency problems, that they will get all the vitamins they need if they eat the accepted '*well balanced diet*'.



Unfortunately, there are many factors which destroy or reduce the vitamin content of the foods listed as containing good quantities of them. There are times when our bodies need extra amounts of certain vitamins. There are prescribed medications, which interfere with the normal absorption of vitamins. The minimum daily requirements as listed on bottles of supplements are confusing. Is this the amount that will insure good health? No, it is simply the amount that will prevent scurvy, or pellagra or other deficiency diseases.

I have read articles in the press on '*nutrition*' which claim that taking vitamin and mineral supplements is wasteful, or even dangerous, since it is impossible to be sure exactly what we do need. This seems to me to be throwing the baby out with the bath water- "*I don't know, so I will do nothing*". So, why not get out your pendulum and experiment? Hold it over the vitamin bottle and ask if you have a present need for a C supplement, E, or whatever you wish to know. You can make a simple diagram to tell you what dosage you might need. You can list foods containing vitamins and ask whether you can get what you need from these foods, or herbs. Discover whether they will serve you best raw or cooked. You can test for freshness or preservatives that might be harmful to you. You

will get some interesting answers and have fun doing it.

If you are not familiar with the use of a pendulum, be sure that you determine first what is a negative and what is a positive answer for you. It will vary from person to person, but will remain constant for you. There are several simple and well-written books on the use of the pendulum.

Obviously, if the pendulum can tune you into the information you need, it can also tell you whether certain goods or products are good for you individually. It will also help in the selection of good books on the subject of nutrition-or on any other subject of interest to you.

It is worth noting, that once you accept the idea of tuning in, rather than waiting to be told how to handle all of these seemingly bewildering questions, you may well find that you do not always need your pendulum. The answers may well pop out at you, once your mind takes the step of opening itself to the flow of energy in the form of information.

If you are going to use a pendulum, it is important that you take its use seriously, and that you seek information humbly and sincerely. The information is there for you-to help you in your search for greater unity of body, mind and spirit. It will come to you if you seek in this way. But if you want information in order to show off, or to seek personal gain, you may receive incorrect or distorted answers.

Dowsing is a tangible manifestation of intuition - and you can trust it. I recently sat next to a Canadian physician at a medical banquet. He was poking glumly at the fish course, a piece of salmon with a pink sauce. "*Don't you like fish?*", I asked. "*I was just wondering whether there is any crustacean in that sauce. If there is and I taste it, I will be in serious trouble*".

"*Why don't you dowse it?*", I asked. He looked puzzled, so I pulled my faithful pendulum from my evening bag, "*With this*", I said. I was aware of stares from those nearby, but I took a deep breath, smiled, and explained, then checked the morsel of fish for him. "*I wouldn't eat it if I*



*were you”.*

He shook his head, “*That wouldn’t work for me*”, he said, obviously a bit embarrassed. “*I don’t believe in it, so I wouldn’t trust the answer if I got one*”.

I didn’t pursue it. When the next course came, nice, safe beef and potatoes, he only touched a little of that. “*I’m never really hungry*”, he said rather sadly as he lit another cigarette. Small wonder, I thought, if worry is a frequent companion of his mealtimes!

So, fellow dowsers, clearly not all of the world is ready to trust intuition or dowsing instruments, but a surprising number of people are delighted to be shown how to ‘*tune in*’, and how to find answers to many of the questions that confront us daily, in sorting out information about nutrition and health.

*Beth Parker Albright*



## Arrogance

A group of scientists got together one day and decided they didn’t need God anymore. So they elected one representative to go tell Him. So the scientist approached God and said, “*God, we don’t need you any more. We can fly to the moon, cure diseases, and clone living beings.*”

God said, “*Well, that’s pretty good. But how about we hold a competition first. You create man for me. The old fashioned way, like I did with Adam.*”

“*OK,*” the scientist said as he reached down and picked up a hand full of dirt.

“*No, no, no.*” God said. “*Get your own dirt.*”

*from Java Chat*

# List of Available Dowzers

Robert Gourlay	02 484 28182 / 041846 2443	South East NSW	Ground water; mapping of energy lines, House energy lines.
Maggie Lowe	02 4758 9809	Hazelbrook	Emotional release dowsing, dietary dowsing
Colin Zwan	02 6684 5471	North Coast	Water dowsing; geopathic stress; energy lines Teaching, electrical pollution, points in homes.
Trevor Harding	02 6358 8668	Mudgee	Water and geopathic stress
Warren Howard	02 649 49970	South Coast	Teaching, health and healing, geopathic stress, Energy lines
Bryan McAlister	02 9674 6827	Western Sydney	Enhancing personal energy; health.
Ron Yabsley	02 4739 2458	Blue Mountains	
Jane Scammel	02 9949 6535	Seaforth	Personal dowsing, plant/garden dowsing

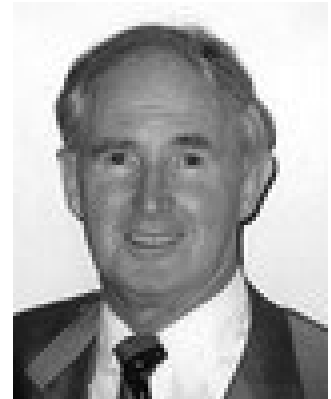
The people listed above are known to be reputable dowzers. However the Dowzers Society cannot take responsibility for their activities.

# Speaker for September 16th, 2012

## Diagnosis Through Dowsing

- Geoffrey Morell -

Geoffrey Morell is not only an accomplished energy healer, he is also an expert dowser.



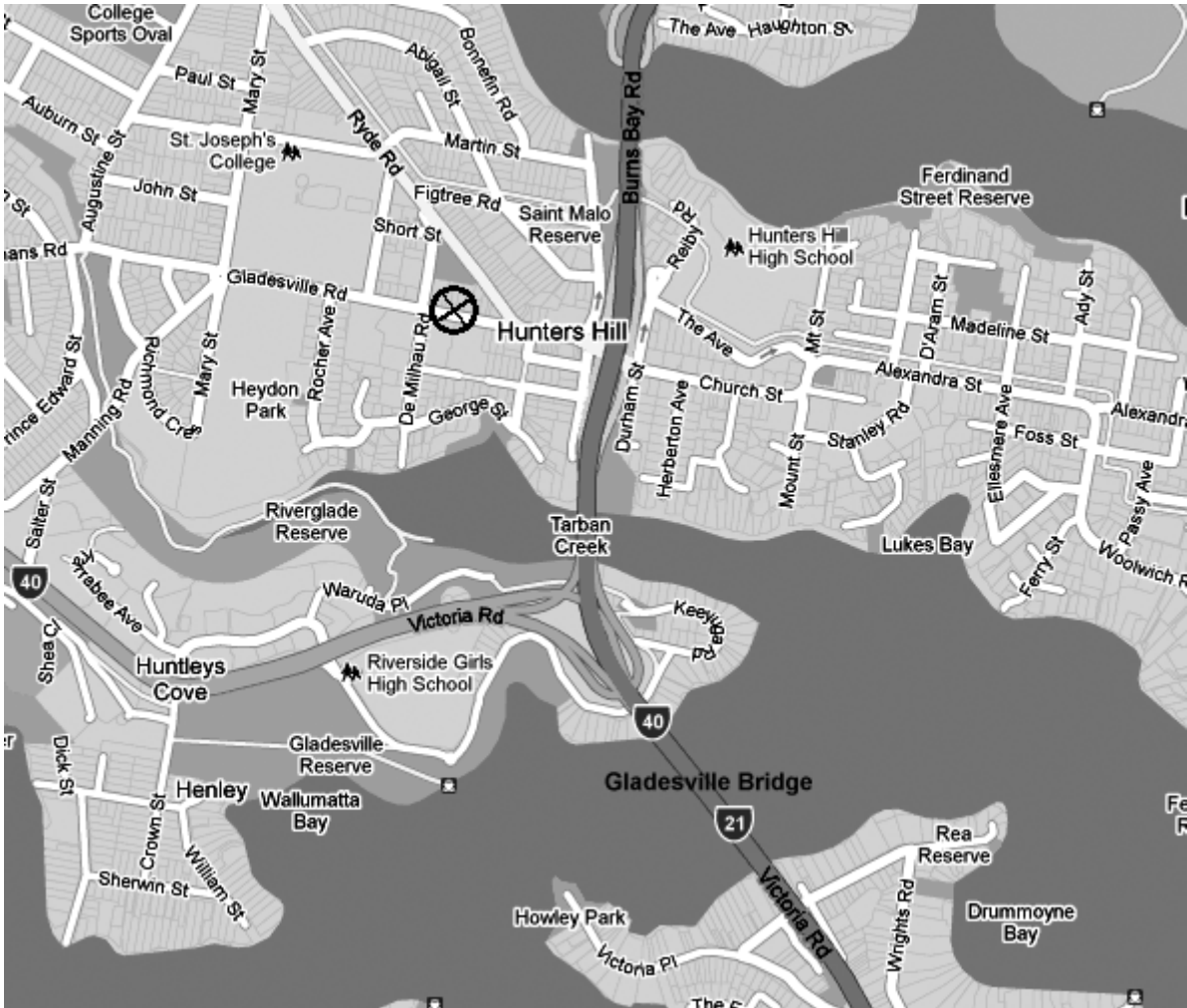
As a medical intuitive and spiritual healer, he developed a technique to cleanse the aura of negativity, and pinpoint the region of disharmony in the physical body.

He works to balance the entire human system, and then calls on one's connection to the great healing energy of the universe to set the patient on the way to good health.

Geoffrey says with assurance that we all have the ability to heal ourselves and others. He'd love to see more and more people developing their natural skills in energy healing. In order to be a healer you will have to abolish three things according to Geoffrey: Ego, Jealousy, Hatred.

With continued government pressure on herbs, vitamins and non-toxic healing modalities, it behooves everyone concerned about health to learn the techniques of energy healing, as this may be the only modality available in the future.

Fortunately, everyone has the capacity to be a healer.



### **Date of Meetings**

Third Sunday of every month, except December (2nd Sunday)

Time: 2:00pm to 5:00 pm

### **Venue for Meetings**

Community Hall, 44 Gladesville Road, Hunters Hill

### **Bus Services:**

Transport Enquiries: 131 500

*From City, Central : Bus # 501 from Central to Rozelle  
then Bus # 506 to Hunters Hill*

*From City, Circular Quay : Bus # 506*

*From Chatswood : Bus # 536*

Please arrive at the meeting early so as not to disturb  
and be seated by 2:00 pm