

Dowsers Society of NSW Inc.

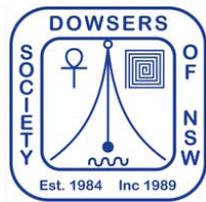
Newsletter

April 2021

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Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.

Speaker for April 18th, 2021

Kevin Parker

- Contemporary Western Core Shamanic Practice -

Shamanism is the world's oldest spiritual tradition. It has been practised by indigenous peoples around the world for centuries. Over tens of thousands of years, shamans developed a time-tested system of healing, using journeying and other practices.



Core Shamanism consists of the universal, near-universal, and common features of shamanism, together with journeys to other worlds, a distinguishing feature of shamanism.

The principles of Core Shamanism are not bound to any specific cultural group or perspective. It is intended for Westerners to re-acquire access to their rightful spiritual heritage.

Core Shamanic Practitioners are trained to alter their consciousness through classic shamanic non-drug techniques such as sonic driving, especially in the form of repetitive drumming, so that they can discover their own hidden spiritual resources, transform their lives, and learn how to help others.

In this presentation Kevin Parker will outline the basic components of contemporary Core Shamanic Practice and how it might assist in personal and planetary healing.

From the Editor

The March meeting was the day for our yearly AGM. The election was presided over by Returning Officer Dawn Heller-Krumm. Congratulations to our new Vice President and Committee. Our President, Martine Negro continues her good work in this role. Our new Vice-President is Patricia Rose. Congratulations to both for your nominations. Most of the Committee stays as per last year, see page 27.

We are very grateful for the amazing work that our President and Committee has been doing all year in the difficult Covid-19 environment. It looks like we can now look forward to our monthly face to face meetings at Hunters Hill again.

Our wonderful printer, Stan, will now print the newsletter in colour at no extra cost. We are grateful for his support and his reliability.

I loved the article on page 22, *Getting Back on Track*. There is a lot for us to learn from it, as we all have to try to get back on track with our lives. Hopefully your life did not go too far away from comfort, but this is not the case for many people in Australia and around the World.

My family in France are all still confined and can only go out for shopping for food, only within 20 km, and with a printed authorisation.

This could easily happen to us too. What can we do about it, for us and for the rest of the world? Can we affect outcomes with our mind? If Zabe (page 22) managed to let her cat know how to access the rescue basket safely, we should also be able to make it work with people, maybe even with nasty viruses and ultimately with the Big Boss upstairs?

Well, if that is so, and I know it is, what are we waiting for? Lets grab our pendulum and talk to the virus, to our friends, to the politicians... and why not to Spirit (I call it '*Top Management*') and ask for help. If we all do it, we are bound to secure some help, and minimum, we will experience a better inner connection with the infinite.

Until next time,

François

Blue Mountains Dowzers News

The next meeting of the Blue Mountains Dowzers is scheduled for Sunday 2nd May, 2021, 2:00 pm at the Lawson Mid Mountains Neighbourhood Centre, 9 New Street, Lawson.

Below is the presenter.

Dowsing & the Shell Essences

With Nancy Parker

Nancy's passions are shells; animals, vibrational medicine; assisting humankind to develop expanded knowledge, and sharing her passions and knowledge with others.



Nancy will introduce Shell Essences. They are vibrational remedies created by a method similar to that pioneered by Dr. Bach of Bach Flower Remedies. Each Shell Essence is made from an energy imprint, or vibration, contained within the calcium body of a specific and very special individual shell or fossil. They release unconscious negative memories from childhood, family tree experiences and other lifetimes.

They heal the past, to create a positive future of love, compassion & oneness. We cannot move into the higher vibrational energy, which defines whom we really are, while our energy is still streaming the old stuff we have inherited and carried for many, many generations.

Fear, conflict and competition have been the defining energy we have all carried for aeons. We need to release this to create a more harmonious flow instead of the old, tight restricted pattern.

www.shellessences.com.au

Why the Colour Blue is Important for Dowzers

By Marge Hefty

Reprinted from the American Society of Dowzers, June 1986

Most of us have heard the terms sky-blue or midnight blue, which bring to mind certain shades of blue that are being discussed. The expression ‘*in a blue funk*’ denotes a kind of depressed feeling.



We think about blue for healing or calming of nerves. Blue is the colour of the throat chakra. If I am leading a discussion, I endeavour to wear blue around my neck as it relaxes and calms me. Indigo blue is the colour used for the third eye, and this is a powerful hue for dowzers.

During a Tucson discussion group dowsing session this year, I realized that one of the basic discoveries regarding dowsing cures was not being shared with new dowzers. The colour blue is held in high regard by many dowzers because of its properties that we can use in our corrections. The first time I became aware of blue as a dowsing aid was when Cameron St. John discussed it at one of our first Tucson chapter meetings in 1985.

He stated that if a paved road kept developing a pot-hole in the same place, toss some blue marbles in the hole before it was patched. This would fix the problem, the belief being that earth gases, (radon) were being emitted, which would be disbursed by the blue.

Another of our members was building a home in Tubac, south of Tucson. Through using L Rods, Jack Livingston and Oscar Branson confirmed that the lot was full of harmful energy lines. The owner drove to Nogales,

and at a glass manufacturing plant bought up flawed indigo blue glass bottles and blue tile. Upon breaking these up, he distributed them through the foundation base and floor before the cement was poured.

After the home was completed and checked, only one harmful energy line about six inches long existed in one corner of the home. All the others were clear and no longer harmful.

Homer, my husband, and I had heard of other dowzers placing broken Philips Milk of Magnesia bottles, which are indigo in colour, around building foundations in Kansas and the mid-west. When we were well-site dowsing, we would pass this information along to our clients. Many of them were just starting to build their homes and we would tell them the colour they needed was indigo blue. One can ask the pendulum or L-rods how close together the marbles need to be: the answer is often four to six inches.



When doing geomancy for homes already constructed, you can use blue marbles around the outside of the foundation and dig them in after asking the pendulum or rods how close together they need to be. If a person can dowse with L-Rods, after a harmful energy line has been located, it is possible to cure that by making a half circle across the line with blue marbles. Do this on both entry and exit of the line through the house to negate the harmful energies and protect your family.

There are times you can place a blue glass vase in a window sill to effect a cure. Also, a piece of blue automotive tape under the edge of a rug will work. Maybe this works because you know it is there! Many of us dowzers place a strip of blue tape inside the trunk of our cars and another in-

side the hood to protect us from collisions.

Most recently, my work with maps has included geomancy showing the lines of water energy, and energy lines harmful to people, that exist in and through their homes. Using an indigo blue pen to draw in the 'cups', (usually three), across the entrance and exit of the energy lines will stop the flow of harmful energies. The 'cups' look like the letter 'C', or a horse-shoe. Draw them as if they are a dam which diverts harmful energy from passing through the area.

Draw cups at each end of the harmful energy lines which usually are electrical and may have an alternating cycle every 37 seconds. Use a pendulum to check for this information. Many have told me that they could feel the peace and calming effect after doing this. This will protect your project as long as the map is saved and stored.

When Robert McKusick spoke to our dowsing chapter, he mentioned that light bulbs used to have a cobalt blue (indigo) base between the electricity and filament. Look at a light bulb now and the base is black. This tells us that some of our protection was eliminated probably because of the cost of cobalt, or knowledge lost through time.

How does blue work as a remedy? Does it matter as long as we can use it? Every once in a while we can get an '*ah-ha moment*'! (Another example of an ah-ha moment occurred for me when Joe Smith was explaining map dowsing. Joe stated that he was teaching a former class how to do this, and one lady that was present reported that when actually working on the map, Joe's aura moved away like it was going to the actual map site. I had been wondering how this could be working for me on maps and when I physically located the same place on the land within about 15 to 25 feet.)

Recently I learned that in studies of the eye and brain we may have a glimmering of an answer. Parts of the eye include red, yellow and blue receptors. The eye has a yellow tint in front of these receptors that screens

out the blue. Your mind has to create the blue a different way, as it is tuned to contrasts. This was another 'ah-ha' for me. We individually have to make more effort and are thus creating something. Could this be why blue is so powerful as a healing tool?

Once you are aware of this dowser 'tool' I hope you use it and pass along any stories to other dowsers and raise their awareness also.

Marge Hefty had been dowsing for 40 years and used map dowsing to locate water, and harmful energies. She was a past president and member of the ASD Tucson, Arizona chapter, and was a past ASD Water Well Dowser of the Year. Marge 'passed on' to the "Sky Dowsers" group in August 2020.



In Honour of the Mother

By Sonya Sage

British Society of Dowsers – December 2020

We find ourselves faced with a challenge, to really evaluate our actions, our ways of being and the sense of entitlement that governs how we live here on Earth.

Not one of us in humanity is exempt from this reflection. Those who participate in spiritual practices are being called to review how 'in flow' and connected to the Earth they really are and to 'course correct' or even 'about turn' if necessary.

My name is Sonya Sage, the founder of UK Spiritual Hour. Until the beginning of 2020, my work focused on crystals and the chakra system. I experienced a very rapid spiritual awakening in 2014 in which I discovered an innate, intuitive knowing about the chakra system and crystals and minerals. I fully committed to where this spiritual journey was taking me, went through the whole stripping away of worldly possessions,

(relationship, job, home) often with ease and other times through spiritual force when I was unwilling to let go! I learnt early on that in surrender and Crown Connection, even through absolute chaos, with trust and faith in the divine universe, we are able to navigate the storms and possible de-constructions that may come our way.

My crystal journey was beautiful. At one point I had a crystal shop and until the end of 2019, I would attend events all over London and the South East selling these beautiful crystals, as well as, taking clients as a Chakra Balance and Crystal Healing Practitioner.



Whenever I purchased new crystal stock, I would spend the day cleansing every single piece, welcoming them and thanking them for coming to me whilst waiting to align with their new guardian. I would also apologise for any trauma they had encountered on their journey to me. The same way we as humans are energy and have consciousness is how I feel about the mineral kingdom.

In 2018, after purchasing some beautiful pieces of quartz from Madagascar, whilst cleansing them I intuitively connected with a vast amount of trauma being held by these crystals. I spent nearly an entire week healing the rose quartz, being woken up at 6 am in the morning to chant to them, bathe them and bring them an abundance of love.

It was from this point that my crystal journey began to shift. In connecting with source energy I was receiving messages that we should not be mining crystals in the way and extent to which we have and continue to do so now. I must say I initially felt overwhelmed with this message. What was I to do with this information coming through? Especially where my business relied on the use and selling of crystals. It was my livelihood.

In early 2019 I made the first attempt to close my business, ‘*The Sage Son*’. This was divinely guided, yet I felt unsure of the direction I should take. But by the end of the year my spiritual guidance was clear. As had happened other times, I had not fully listened to the message, so the universe took it into its own hands! By December 2019 I was struggling to purchase stock, I shut down my website and knew in my heart that I had to make a shift.

The word ‘*sustainability*’ had been coming to me for months, and I was pushed to surrender to a divine path that would align me with starting up UK Spiritual Hour, and a more sustainable approach in all areas of my life. This path is still unfolding, yet there are greater realisations and knowledge coming to me daily.

What I had not anticipated was that my university education, from over 13 years ago would now begin to align with my spiritual work. In the first year of studies, the focus was on the making of the Caribbean as well as the ‘development’ of the Latin America we see today.

Over the past 500 years, most certainly since the ‘*discovery*’ of the Americas, humanity has shifted away from following the natural cycles. The thieving of sacred lands belonging to indigenous communities, for the production of commodities by the human commodity of African slaves initiated a thirst, a greed for money and consumerism. This consumerism has left virtually nobody untouched, especially in our modern world.

Silver veins within South America were left thread bare by European colonizers. Land across Brazil and the Caribbean were ruined by the intense productivity of sugarcane. Mother Earth was no longer revered and those who lived by the natural cycles were told they were doing wrong and worse.

The industrial revolution would not have happened at the pace it did, had it not been for the wealth that the Trans-Atlantic Slave Trade produced, and in turn the world that we live in today may not have even

existed.

Although we have access to some amazing technology, opportunities, health care, education and so much more, this has unfortunately disconnected us further from the Earth and the cycles followed by our ancestors. In the Western World, consumerism is so natural for us that we may not even recognise it within our spiritual communities.

The crystal and mineral industry is big money. Mining companies are going all around the world to excavate minerals for the sole purpose of profit. Minerals are commodities.



High in demand and as long as there are plenty available, the lower the price. In some parts of the world where the mineral reserves are low, this then drives the price up. This energy surrounding crystals will automatically lower their vibration and that's before I even consider the trauma they will endure whilst being mined and taken from their natural home.

In spiritual communities we often purchase crystals with no thought to what damage and destruction happens to not only the Earth, but also the communities in the regions where these crystals are mined and sourced. It is, I believe, common sense that the extraction of minerals from our Earth must have a greater impact on the environment than what we give consideration to.

I feel that the deep extraction of minerals from Mother Earth is akin to a human having an internal organ forcibly removed. What will happen when we exhaust all the minerals across the Earth?

How will our world look? What will it feel like? Surely every gorgeous piece of amethyst is in fact meant to lie within Mother Earth? There must be a reason that is greater than our own personal pleasure that these beauties have formed inside of her?

With research, we are able to see that gradually, there are a number of small communities forming across the world who are sourcing crystals that are upon or closer to the Earth's surface. Providing a service to spiritual communities that is both ethical, more sustainable and connected to Gaia and her cycles.

As our planet continues to shift into a higher dimensional frequency so too does our ability to connect with that which is not tangible. With focus, we will find that we are able to connect with the energy of a crystal without it having to be with us or in our hands.

Those working in the esoteric are being called to lead when it comes to Earth's sustainability and flowing with natural cycles, whether that be planetary cycles, the cycle of the land, the seasons, the life cycle and more.

We are being urged to go within and acknowledge that which has never been in alignment with our true essence, our connection to the sacred feminine and our divine nature. If we continue to walk around blindfolded to the pillage of the Earth Mother, so too

will we see the ordered chaos that we have lived in complicity with up to this point, surface as abject chaos that we can no longer ignore. We all have a part to play and the call to action that now sounds is one we are being pushed to answer.

In honour of the Mother.

And so it is.

-Sonya Sage

The Adventures of Evelyn Penrose

Part 2 – The prospector and her pendulum

By Nick Haywood

British Society of Dowsers -August 2020

(Part 1 was in our October 2020 issue, page 22)

In Part 1, we met Evelyn Penrose, who had been marked out by the fairies, for ‘*great fairy things*’.

She began her professional dowsing career as official water diviner in British Columbia, but we saw how she got more than she expected. In this article I shall concentrate on her pioneering work in dowsing - how she was one of the early pioneers of map dowsing in the cause of mineral divining.



Her map dowsing began after reading a book on the subject sent to her by the BSD founder, Colonel Bell. Initially sceptical, she followed the procedure using a sample and a pendulum, and discovered that she could dowse for both water and minerals with 100% accuracy. In her autobiography, she describes in some detail, a map dowsing procedure of her own devising.

“I do all my preliminary work with my eyes shut, which necessitates having an assistant to listen to what I say [out loud], and notice where I receive the strongest reactions. I start by rubbing my hands over the map, until it seems to turn into something alive. Sometimes the map becomes alive instantaneously, ... at others I seem to meet a curious barrier or antagonism and the map remains dead. I get the same sensations, and shocks from the map that I do from the actual ground.”

For example, she could get a sense of how badly faulted the substrata

were. As on the ground, her reactions over a map could also be dramatic, “ . . . Where the oil is very rich, my arms and hands are thrown back with such force. All this is done with my eyes shut. Working on an oil map is an extremely exhausting performance...” .

Working with water maps (always survey maps and not topographical ones) was less tiring for her and required a different technique. After making the map come ‘alive’, she asked ‘It’ questions about the location of water.



“If there are any hills ... a strong draught [sic] comes up off the map and lifts my hand to the high land. After which my hands float gently over the map, showing me the direction of the streams ...” She would then depth the streams and test the water potability. In this she discovered that her “... lips and tongue taste salt if the water is brackish and I get a horrible smell in my nose if it is sulphurous or impure.”

She recounts an amusing incident about the intensity of the sensations when map dowsing, in this case, for silver. She had been asked to investigate on a map, whether a potential gold mine was worth investing in. The intended mine was poor, but instead she discovered a silver deposit.

She said, “Silver on the ground gives the diviner a strong and often painful reaction: it is like being stabbed through the feet and body with a red-hot knife.” She had spread the map out on a table, and whilst talking had inadvertently sat on that very portion of the map relating to the silver.

The result, “...suddenly, I nearly shot up to the ceiling with a vicious stab of pain ...”. Upon re-counting this tale to an English friend, the latter replied, “But, my dear, how very convenient to be able to work at both ends!”.

Dowsing for her was always providing new surprises. Such was the case of the ‘phantom map’. When map dowsing, she had always insisted on an accurate plan, drawn to scale, with a number of distinguishing features

e.g., towns, hills, creeks, etc. This way, she conjectured, the map was sufficiently individualised and “... *to enable me to make mental contact with the particular part of land which it represented.*”

On one occasion, when dowsing for water on an extensive property, the owner had supplied what she thought was a representative plan, showing lines which, she took to be fences and a couple of roads. She completed her map dowsing and duly marked on it the locations for wells. It was only later when actually visiting the property that she realised that there were no fences or roads there as she had assumed. Apparently the map was made by the Government surveyor when dividing up that area into farming lots, merely to show what the area would be like in the future when all sections were taken up and cultivated.

Nothing existed except four survey pegs. The only link between the plan and the ground, her surveyor had used to transcribe her map indications to potential drilling sites on the ground.

Though shocked by this discovery, “... *it meant I might have come into mental contact with any 500 acres in the 976,000 square miles ... which make up ... Western Australia*”, actual dowsing on the ground revealed that “...*every spot marked by the surveyor was accurate to within a few inches to a foot of the underground water.*”

Her map dowsing prowess led her to become an oil diviner, thousands of miles away from the actual oil! She asserts that finding a particular mineral is in itself a skill and must be learned separately. Just because you can dowse for water does not mean you can do the same for oil, which is itself the hardest branch of study, for one reason -how to prove your skill?

She got her first break as an oil diviner, from an oil magnate in the USA, who had read about her exploits in one of Kenneth Roberts' books about the American dowser Henry Gross, in which she was mentioned map dowsing in Bermuda. Bearing in mind that she was in Australia, he sent her a plan of his existing oil field, comprising a “...*paper marked in squares*

drawn to scale, showing the exact position of each well in relation to the others. There was absolutely nothing else..”

After recovering her composure, she discovered that she could indeed dowse this plan, discovering the main oil-bearing fault line, outline the extent of the oil field, and found another ten wells which had been missed.



It was not until some years later that she received any feedback, nine wells were oil bearing and the remaining one was found to lie just outside of the reservoir. More oil divining followed and she concludes, “... *twenty-one good wells in the United States were all discovered by me, through reading maps in Australia.*”

She adds a note of caution however to those that follow. She notes that the difficulty is ‘*faults*’, which on the map give “*so little radiation that they are extremely difficult to find.. but on the ground itself they are easy to detect... the diviner is thrown off his feet.*”

She says it is necessary to develop your own individual system, it cannot be taught. But she warns that map dowsing requires “*many years of hard work and bitter disappointments to become efficient.*”

During World War II, she found herself stranded in Australia, but soon found her services as a water diviner were required as there was a long drought in progress, 20 million sheep died in just two years. One day while being driven over the property of a particular sheep farmer, “... *I suddenly got a violent stab of pain through my feet, which I always get, even in a car, when passing over gold or other minerals*”.

This led to a suggestion by her host that she might try her hand at gold prospecting. What followed is a story of the privations, hardships and the hazards of living in that vast country. She started with map dowsing, an

ideal technique when one considers the sheer scale of the country, identifying the locations of likely gold deposits. The initial site and several others proved disappointing, but soon they homed in on a more distant site, involving an arduous journey.

There were no hotels, just a wooden shack shared with her two male companions. There was the heat, mosquitoes and just hard tack rations. First the locations dowsed on the map were staked out on the ground, but these could be up to two feet out from the true positions. So, the site had to be dowsed on the ground. Although she could dowse with her bare hands, she found this more tiring than using her chief tool, comprising a *'zigzag piece of steel wire.'*

At the start she held a small bottle containing “...*smelted pieces of the mineral for which I am divining. 'This tunes me in' to it and cuts out the reactions from any other mineral. Once I am tuned-in, and this doesn't take long, I can dispense with the sample.*” Once she had located the deposits more accurately, she stood over each one in turn and deduced whether the reactions were strong or weak; “*I hold my zigzag tool firmly in my hands and let it revolve, which it apparently does without any help from me. For example, it may revolve 48 times then stop.*”

While working on the ground, she noted, “*One of the most trying things about prospecting for gold by divining is that one has to start work at sunrise.*” (In fact, half an hour later, due to so much disturbance in the atmosphere immediately after the appearance of the sun). “*Unless one does, instead of getting the reaction for gold over the actual vein or alluvial deposit the rays seem to become deflected, and one can get as many as twelve phantom places or mirages, not one of which is over the actual gold deposit, although it may give the diviner all the required reactions.* This fact was discovered many years ago and is a difficulty which is experienced by practically all diviners. Why it is so is unknown.

The indications of rich gold were as good on the ground as they had previously been on the map, but their high hopes were quickly dashed. They

could not achieve a mining lease from the Government, because the region had just been made into a National Park!

She ends the episode thus *“Nevertheless, once anyone has tasted the intoxication of prospecting for gold, no mountain huts and chilly expeditions at dawn, and no caustic Government department squashing can drive the madness from the blood, or keep the gold prospector down for long.”*

During her career, Evelyn dowsed for many types of mineral and consequently had some interesting things to say about this. About mineral divining she states that she and other diviners *“. . . have discovered that every mineral gives off a number of pulses – or ‘bursts of energy’ ...”*.

Here she is referring to the practice at that time, of reading a code from the dowsing instrument, this serial number related only to the particular thing sought and was often very idiosyncratic.

She gives a table of her own reactions, for example: diamonds gave 1 revolution of her tool; water gave 2 revolutions; silver gave 7 revolutions then paused, then repeated indefinitely; alluvial gold gave 11 revolutions, whereas load gold gave 12 revolutions; coal gave 16 revolutions and oil, 24 revolutions. To check their own reactions, the diviner only has to hold a glass tube containing a small quantity of whatever they are looking for.

Interestingly, she remarks that metals almost seem to have personalities. Some are easy to work on and seem friendly. Silver and copper are actually acutely painful to me to work on. When she walked over the surface of a silver mine, ... she thought (she) had trodden on a rattlesnake. With diamonds, one has a sense of extreme purity and cleanliness and a feeling of exhilaration.

“With oil I meet a wall of antagonism, ... I feel as if I were enveloped in a heavy fog, which grows thicker and thicker the nearer I approach the oil. For sheer happiness and well-being give me tin”. Wolfram (iron manganese tungsten, which is extremely magnetic)...treats me like a terrier treats a rat”.

Any radioactive substance gave her serious problems both dowsing on a map, or on the ground. *“I was attacked by stabs of terrible scorching red-hot pain. . . the effect was quite terrifying”*. She claims that *“...gold and diamonds are the practical jokers of the diviners world”*. With gold it throws out eleven images which all give the correct reactions, though ten of them are mere phantoms.



Reading Evelyn's accounts of her dowsing abilities, I think what potential there is in all of us and what meaning it can give to our lives. She was able to dowse from a young age and had clear psychic abilities such as clairvoyance, and clair-sentience. Some of her abilities were latent and had to be discovered, while her sensitivity increased with the long practice of dowsing.

Most abilities follow the familiar bell curve, and I expect hers lay far to the right-hand tail, where most of us can only stare in wonder. She began dowsing in a time when the applications and practice of dowsing were still very traditional. But with her remarkable gifts, she led the way with new practices such as device-less and map dowsing, and even remote viewing.

Surely then, not a witch, but a true master dowser. She used her powers for good and in return lived a fulfilling life. Looking back on her life, she says, *“. . . I still look on divining as the best gift the pixies gave me.”* The opportunity for travel and adventure around the World, creating a trail of friends. *“I say from the bottom of my heart, ‘Thank God’ I haven't just existed - I've really lived! Could anyone ask the fates for more?”*

*To read Evelyn's autobiography, look on <http://dowsing-research.net/> or search for her book: *Adventure Unlimited: A Water Diviner Travels the World*.*

April Morning Seminar

Shamanic Journeying Morning Seminar

- With Kevin Parker -

Shamanic Practitioner, Kevin Parker, will share some basic Shamanic Journeying techniques with participants in this experiential workshop. With appropriate background provided, participants will undertake two Shamanic Journeys.

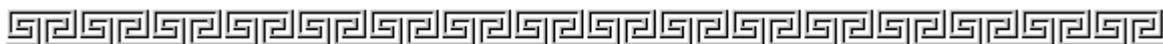
See last month newsletter, or our website for more information.

When

Sunday 18th April 2021, Arrive 9.30 for 10.00 start, finish 12.30.
Followed after lunch by our normal afternoon meeting.

Where

Our normal Community Hall, 44 Gladesville Road, Hunters Hill.



Reasons to Smile

By Cheryl Richardson

Reprinted from SF Source Spirit Library Feb 2021

My friend Nanna introduced me to an interesting practice. She said she was taking note of the activities and experiences that made her smile so she could give them more space in her life.

Well that's an excellent idea, I thought to myself, so I started keeping track of what made me smile, too. It's a revealing exercise. Here's some of what I've discovered...

I smile when I see my husband Michael whether it's first thing in the

Getting Back on Track

By Zabe Barnes

Reprinted from the Ozark Research Institute, Winter 2020

A while back, on a cold winter day, one of my rescue cats ran past me when I was carrying groceries in from the car. Although normally happy to be a 100% indoor cat, he was clearly in the mood for an adventure and would not come back inside when I called him--not even for treats.

By bedtime, there was still no sign of him. I had been calling him for hours. The next morning I searched again and found him 25 feet in the air, crying his head off, stuck in a neighbour's tree.

I imagine that he ended up there by chasing a bird or squirrel or, more likely, to escape the free-roaming neighbourhood dogs.

I called Animal Services, the fire department, and my vet's office for help or advice about how to get him down, to no avail. So I googled '*how to get a cat out of a tree*' and found a possible solution.

A friend helped me make a kitty dumb-waiter/elevator using a long rope tied to an open pet carrier that had a bowl of sardines inside of it.

He tied the other end of the rope to a padded weight which he threw over a high branch. Luckily he had great aim and did not hit the cat.

The carrier had soft sides and an opening in the top with enough room around it for the cat to step onto and climb down into to get the food. I



raised the carrier up to my wayward boy. I find that animals respond better to mental pictures than to words so I psychically projected a movie from my third eye to his, showing him what I wanted him to do and what would happen after he got into the carrier.

I showed him that it would sway a little but that he could grab onto it with his claws and that he would be safe once he got inside of it. I showed him how we would slowly lower him down and carry him inside where he would get lots of treats and even more cuddles.

Stepping onto the swaying carrier went against everything that felt safe to him so I asked Archangel Ariel and St. Francis of Assisi to help him understand that it was the best way for him to get down. I always call Ariel to help with animal communication. And since St. Francis preached to animals, I thought he might be able to help, as well.

After just a few minutes, my kitty finally climbed in and was successfully lowered to safety.

Once back inside the house, he purred in my lap for three days straight - and never tried to escape again! He now appreciated his true soul path of being a lap-warming house cat.

Here's what our experience reinforced for me:

1. We get in trouble on our soul path when we chase things that are not meant for us to have: Birds and squirrels are exciting until they get you stuck in a tree!
2. Sometimes we allow fear to chase us to uncomfortable, ungrounded places where we can barely function: This cat definitely did not belong on a branch 20+ feet off the ground.
3. When we get stuck, we may need outside help to get unstuck: In this case it took two humans plus YouTube plus Archangel Ariel and St. Francis.

4. In the process of being helped, we may have to trust the unknown: My cat had to find the courage to climb down into the swaying carrier that moved even more as he put his weight on it.

5. Positive incentives are especially helpful: smelly sardines helped coax him into the carrier.

6. Once restored to our soul path after having gone astray, we appreciate it more than ever: He was extra cuddly since his ordeal and gave me head-butts and nose kisses for weeks.

7. We are still loved as much as ever, in spite of having temporarily lost our way: God loves us no matter what, just as I love my cat in spite of the fact that he was naughty to run outside.

8. When we find a good way to get back on track, we naturally teach others to facilitate similar results: Once he was safe back home, I called the vet, the fire department and animal services to tell them about my new-found way of rescuing a cat from a tree - and they were all grateful for the information and promised to pass it forward.

That sweet cat has since crossed over the rainbow bridge. I am grateful for our years together and for all of the things that he taught me.

Thank you for letting me share this story with you.

- Zabe

Zabe Barnes helps people find their way when they feel like they are stuck in a tree, crying their heads off.

You can explore her books, sessions, online courses, alchemy cards, and free webinars at <https://allcanheal.com/>



Library News

Book review:

This book was recommended by a society member who thought that the subject would interest some of us. I found it to be quite difficult to read, although only 120 pages long. The author has written it more like a technical essay, but the story is very interesting.

Application of Impossible Things

By Natalie Sudman

This is an amazing true story of a female civilian employee of the Army Corps of Engineers in Basrah and Nasiriyah, Iraq. She was riding in a truck with other men when a roadside bomb destroyed the vehicle.



Her body was so severely damaged that there was no possible way she could live. She vividly recounts her Near Death Experience when she went out of the body to the spirit world. There it was decided that her work on Earth was not done and with the help of spirit guides, they repaired the body so she could re-enter it. She retained the conscious memory of what happened and during the time in the hospital, more details returned.

Library Online Catalogue

Remember, our catalogue is available online for browsing at your convenience at <https://cloud.collectorz.com/271940/books>

You will need to type this into your browser the first time, then bookmark it for future use. There are various ways to view the books, from image to list form, and you can search for something in particular.

~ Helen

Speaker for May 16th, 2021

Juanita Smith

- Creating Wellness -

Juanita Smith is the founder of Activate Hypnotherapy, She has developed an extremely successful, proprietary 5-step system to help clients overcome all types of addictive behaviours, including smoking/vaping, drinking, gambling, weight problems and drug abuse.



As a Wellness and Life Coach, Juanita is a firm believer in alternative therapies offering healing and nutrition for the mind and body. she has found hypnotherapy to be the fastest, most dramatic, and effective modality to create the transformational changes you desire in your life.

She says *“About 90 to 95% of our mind is the unconscious; it is very rigid. So, once things are programmed in there from past experiences and memories, it is very difficult to shift them”*.

As a professional Trauma Specialist, she is able to reach the unconscious and help patients with the most advanced and comprehensive hypnotherapeutic techniques.

Juanita will share and demonstrate her techniques for us.

She can be reached at www.activatehypnotherapy.com.au

Dowsers Society of NSW Inc.

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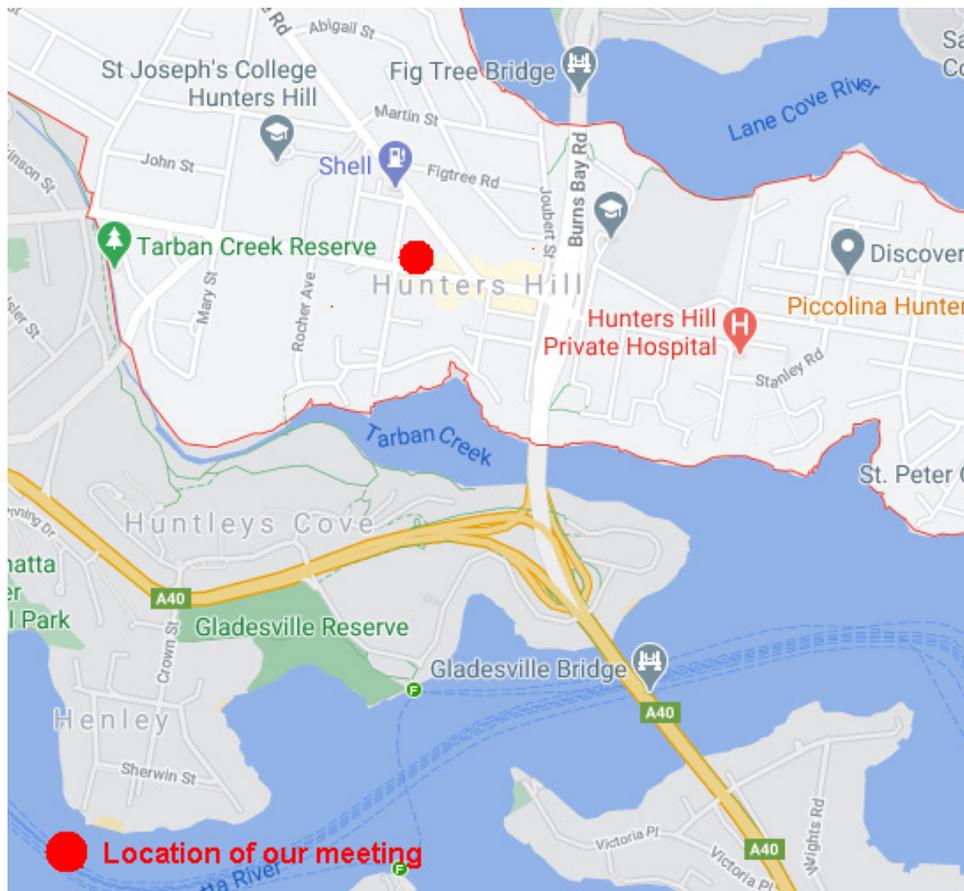
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Dowser-of-the-Year

- 1997 Frank Henry (deceased)
- 1998 Esther Deans (deceased)
- 2003 Peter Ruehmkorff (deceased)
- 2005 Pauline Roberts
- 2006 Trevor Harding
- 2014 Maggie Lowe
- 2015 François Capmeil
- 2020 Robert Gourley

Website address

www.dowsingaustralia.com



Date of Meetings

Third Sunday of every month, except December (2nd Sunday)

Time: 2:00pm to 5:00 pm

Venue for Meetings

Community Hall, 44 Gladesville Road, Hunters Hill

Bus Services: Transport Enquiries: 131 500

- 1. from City Town Hall, Bus # 506 goes from Town Hall House, Druitt St, Stand L, to Gladesville Rd, cnr of Pitt St, Hunters Hill;*
- 2. from Circular Quay, Bus # 506 to Gladesville, corner of Ryde Road, Hunters Hill;*
- 3. from City Station, Central to Rozelle, Bus # 501, then # 506 to Hunters Hill;*
- 4. from Chatswood, Bus # 536 goes to Hunters Hill .*

Please arrive at the meeting early so as not to disturb
and be seated by 2:00 pm

Website address: www.dowsingaustralia.com